



MULBARTON
PARISH NEWS
Summer 2022
(for June to August)



Miaow CAT SITTING

Caring visits to your cat in the comfort of their own home!

Alex Coleman
07592 813100

miaowcatsitting@gmail.com
www.miaowcatsitting.co.uk



Miaow Cat Sitting



Clear Diamond Counselling

TINA BELL

AdProfDipPC (MBACP)

Psychotherapeutic Counsellor

07821 227 905

Tina@cleardiamondtherapy.co.uk
www.cleardiamondtherapy.co.uk
Newton Flotman, Norwich



COMPUTER REPAIRS

Whether it be home PC repairs, installation of new computers, upgrades, advice or virus removal

Call Darren on **01508 471459**

Or email info@pcassistonline.co.uk

Visit www.pcassistonline.co.uk for more details

Cameron Bryce Gardening Services



LAWN CUTTING / LAWN CARE
SCARIFY

HEDGE CUTTING

BORDER DESIGN

PLANTING SERVICES

07849155511 01508 498505
cambryce47@icloud.com

FROM THE RECTORY

Rectory telephone: **01508 571167**

Rector's e-mail: adrian@mulbchurch.org.uk



I write this as summer beckons, and the intense busyness of the last few months has eased. From coming back to work after my covid Christmas, it feels like there has been little let up, in the work here and in the wider world. We have moved out of one global crisis and into another - although covid has not gone away. It has continued to spread through the villages. There is much to ponder, personally, globally and in the churches and communities we serve.

The Russian military's shocking attacks in Ukraine are never far from our minds, and I know the depth of concern and desire to help that is held by so many among us. I can't help but feel somewhat indignant about the support of Putin's actions by the Russian orthodox Patriarch Kirill, our government's plans to send certain refugees to Rwanda, or Germany's initial ambivalence driven by economic reliance on Russian fuel. Nevertheless, there has been a swell of compassion and desire to help those in need, and that has certainly been evident here, with more plans potentially being hatched!

In the churches, we are still emerging into a perpetually-with-covid world, and feeling our ways into what has changed and how we might do things differently, making good use of social media, being present in all places our communities gather, in person and virtually, and making best use of limited resources. There have been hellos and goodbyes over the last couple of years. We have lost some amazing stalwarts in the churches whom we miss deeply, and who did a lot of good work. We have also welcomed several newcomers, with whom we are delighted to share the journey.

There is a lot of practical work to do on the fabric of our ancient buildings and in our churchyards: major repairs to roof and walls in Bracon Ash; fencing and churchyard clearing in Flordon; hatchments, tower and bell in Hethel; new path imminent, while toilet, floors and seating renovation being explored in Mulbarton. Looking set to be a busy summer in that regard.

Personally, I am continuing to seek fresh ways to move forward with the things that are eternal and true, and bring welcome perspective in what are anxiety-inducing times for many of us. The Apostle Paul says these three are the only things that last forever: faith, hope and love, the greatest of which is love. Whatever twists and turns and challenges await this year, my earnest prayer is that true self-giving love will grow in and around us, as we all seek the good of our neighbours as best we can. As the Apostle John says, those who live in love, live in God, and God lives in them.

Yours in pursuit of faith, hope and love, *Adrian*

FROM THE REGISTERS (Mulbarton unless otherwise stated):

Baptisms

27 March 2022 Annabelle Pippa Hyde
17 April 2022 Emily Louisa Brown (at Flordon)

Wedding

30 April 2022 Nicky Hammond and Nikki Palmer

Funerals

9 March 2022 David Pollard
14 March 2022 Paul Thorpe at Earlham Crematorium
30 Mar 2022 Gregory Taylor at Earlham Crematorium
13 Apr 2022 Rodney Nicholls (Hethel)

Burial of Ashes

10 Mar 2022 David Pollard
1 Apr 2022 Gregory Taylor
9 Apr 2022 Steven Smart
26 Apr 2022 Doreen and Ted Barrett

[Note from Ed: you are welcome to submit details of weddings and funerals of locals that have taken place at other venues—contact details opposite]

Village Information, especially for newcomers!

Hello to all reading this Summer Edition of our Mulbarton Parish News and well done to all involved with its production.

As always, a special welcome for newcomers to our delightful village – this booklet is a great source of information (especially if you aren't a computer user) so do keep it handy! It also features as a downloadable PDF on the Home page of my Village Website www.mulbarton.info where there's a link to the Village Google Calendar which hopefully will include more local activities now things are beginning to happen again. Please let me know about events you'd like included!

The mulbarton.info website also has a downloadable map of local walks and links to updates from many of the organisations featured in this magazine.

I send regular 'info-mails' to almost 200 local contacts, (sent Bcc so personal details are not shared with any other recipients), names can be added (or removed) on request - in writing please to comply with GDPR.

If you are new to Mulbarton, or have a new neighbour, do let me know so I can pop a useful village map and welcome note in their door!

Marina 01508 578186 / marina@mulbarton.info

WELCOME to PARISH NEWS!

Sue Parker had edited this quarter's edition **SUMMER 2022**, which features some special events coming up including the **QUEEN'S PLATINUM JUBILEE and Mulbarton Village Festival** on **Friday 3rd & Saturday 4th June** at Mulberry Park Football Ground.

THANKS to all contributors. Please note, the **DEADLINE** for items for the AUTUMN issue (September, October, November) will be **SUNDAY 31st JULY** though it is always a help to have items early to plan the layout.

THE TEAM:

Editors: Jill Wright (570532) dandjwright@hotmail.com
and Sue Parker sueondartmoor@hotmail.com

Distribution: Pauline Campion (570335) pauline.campion@btinternet.com

Proof-checking: Sue Stirling

ADVERTISING: contact Advert Manager, Sara at brumhead2@aol.co.uk

Production: Rev. Adrian Miller

REMINDER about funds for the village:

Advertising revenue & careful management of Parish News means we have funds available for community projects. Please contact Jill, Marina, Adrian or Sue (bank signatories) if you would like to be considered—contact details above.

Pull-out Village Directory p. 23, What's On pp.24-26

Please support our advertisers, and tell them you found them through Mulbarton Parish News

SATURDAY SWAP SHOP RETURNS!

Come and join us for an afternoon of recycling, up-cycling, reusing, sharing with others, saving some pennies and swapping fun. A chance for your once loved items to be given another life in someone else's home: from rugs to mugs, DVDs to toiletries, books, toys, jigsaws and more....

Bring up to 3 items per person and see what new-to-you items you can take home, and enjoy a cuppa. [NO ELECTRICAL ITEMS]

Saturday 11th June, 2.30—4.30 in Harvest House

Further information from Sarah at the Rectory, 571167, sarah@mulbchurch.org.uk



Explore your local history at <https://www.mulbartonhistory.org.uk/>
www.bracon-ash-and-hethel-history.webnode.com
www.flordonhistory.webnode.com

THE SEWING ROOM



Made to Measure
Curtains & Blinds

Bridal & Prom Dresses
Alteration Service

- Cushions - Handmade Lampshades - Face Coverings

Cynthia 07889 442 497 : Jenny 07979 518 603

www.thesewingroom.info

thesewingroom@talktalk.net [@thesewingroom03](https://www.facebook.com/thesewingroom03)



Yvonne Ayliffe D.O.,POD,FSCCO BSSCMD MICA
9 The Fields, Tacolneston

Tel: 01953 789629

Mob:07770652839

reception@norfolkost.co.uk

- Experienced osteopath qualified for 40 years,
- Paediatric qualified
- Osteopathy for babies to the elderly
- Cranial Osteopathy for all ages
- Low back neck and nerve pain
- Headaches and migraine, acute necks
- Sporting injuries & structural problems
- For muscular,nerve and joint problems
- Repetitive strain injuries.
- Pre- & post- pregnancy for mother and baby

OSTEOPATHY FOR ALL



MATTHEW OXBURY

PAINTING & DECORATING

INTERIOR & EXTERIOR PAINTWORK

CITB Fully qualified NVO3

Tel: 01508 578342 Mobile 07762 518600

matthewoxbury@aol.com

- * Fully insured
- * 18 Years in the trade
- * Small rooms or large houses
- * Part time decorating lecturer
- * Discount to OAP's
- * Wallpaper hanging
- * All aspects of decorating

1 Bobbins Way. Swardeston, Norwich. Norfolk. NR14 8DT

The Royals in Norfolk

To celebrate the Queen's Platinum Jubilee, here is a quiz about the Royal connections to Norfolk. See what you already know and what you can find out....

1. Where do historians believe Anne Boleyn was born?

- a. Houghton Hall
- b. Sandringham House
- c. Blickling Hall
- d. Hampton Court

2. Which organisation did Prince William work for from 2015 to 2017?

- a. Sandringham Estate
- b. East Anglian Air Ambulance
- c. The Royal Mail
- d. The Royal Marines



3. Which Norfolk building did Her Majesty open in 2002?

- a. The Queen Elizabeth Hospital, King's Lynn
- b. The Forum, Norwich
- c. The Visitor Centre, Cathedral Close, Norwich
- d. The Pavilion Theatre restoration, Cromer Pier

4. Which organisation in Norfolk has the Queen been President of since 1943?

- a. The Norfolk Horse Society
- b. Sandringham WI
- c. The Royal Norfolk Show
- d. The Wildlife Trust

5. Which house in Norfolk was given to Prince William and Kate as a wedding present?

- a. Holkham Hall
- b. Clarence House
- c. Anmer Hall
- d. Gunthorpe Hall



6. Why was Sandringham Time created? (ie. advancing clocks in Sandringham by half an hour)

- a. To benefit shooting parties
- b. To save fuel
- c. To help with children's bedtimes
- d. To allow extra time for breakfast

7. Where can you find Norfolk Island which Queen Elizabeth visited in 1974?

- a. The Bahamas
- b. The South Pacific
- c. The Indian Ocean
- d. The Caribbean



8. What gift does Her Majesty give to her staff every Christmas?

- a. A fountain pen
- b. A seasonal decoration
- c. A royal mug
- d. A Christmas pudding

Answers on P.37



Griffin

Driving Tuition

We offer excellent driving tuition,
in a friendly, professional and
relaxed atmosphere.

Very High Pass Rate.

Competitive Prices.

Colin Brown DSA ADI your local
driving instructor since 1996

01508 578432

Mobile 07777674346 texts only.

griffindriving@btinternet.com

www.griffin-driving-tuition.co.uk



WHEREVER,
WENN-EVER...

norman
wenn

**SKIP
& TIPPER HIRE**

DOMESTIC – COMMERCIAL
– AGRICULTURAL – INDUSTRIAL

MINI – MIDI – LARGE
– EXTRA LARGE SKIPS
WITH DOORS

01603 881292

www.normanwenn-skiphire.co.uk

Email: norman.wenn@btconnect.com

Unit 2, Frans Green Industrial Estate
East Tuddenham, NR20 3JG

R.B.COPPING

FUNERAL SERVICE

Independent family Funeral Directors Since 1935

For Personal Attention with
Dignity and Respect

Private Chapels of Rest

Memorials & floral
tributes supplied

Pre-paid funeral
plans available



125 The Street Poringland Norwich NR14 7RP
www.coppingfunerals.co.uk Tel: 01508 494434





Ivan Fisher

Dip. F.D



Independent Funeral Director

As proprietor of one of the few remaining family owned and run funeral directors in Norfolk, my pledge is to offer personal attention with the highest level of care and professionalism whilst remaining competitively priced

** All Areas Served * Pre-paid Plans Available **

** Floral Tributes and Memorials Arranged * Home Visits **

Tel: 01603 810022 (24 hours)

Norton House, 17 Park Drive, Hethersett, Norwich, NR9 3EN.

www.ivanfisherfunerals.co.uk

YOUR WILL £79

PROPERTY PROTECTION TRUSTS FOR HOMEOWNERS INC. SEVERANCE OF TENANCY

from **£99**

LASTING POWER OF ATTORNEY

from **£99**



ASP Wills has Professional Indemnity Insurance (PI) which covers each will to 2.5 million

Other services we offer

- Asset Preservation Trusts
- Probate and Executor Services
- Funeral Plans
- Deputyship

A TRUSTED MEMBER OF THE SOCIETY OF WILL WRITERS

For Office and Home visits call

01508 494315

email sales@aspwills.co.uk

www.aspwills.co.uk

ASP Wills, Pentland, Marlbottom, Tasburgh, Norwich, NR15 1NP

MULBARTON

M.O.T.

& REPAIR CENTRE



All Types of Vehicle Repair Work Undertaken, Servicing & M.O.T. Station

T: 01508 578593

M: 07775 708130

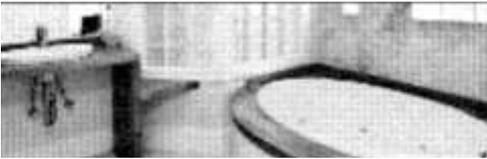
Unit 1, School Road,
Mulbarton, Norwich, NR14 8AE

HOMEMAINTENANCE

- Domestic appliance installation & repair
- Complete CAD bathroom and kitchen design and installation service
- Electrical installation
- Plumbing & heating

Contact Mike
on **01508 578676**
on **07889 039729**

Email: mobylec@gmail.com
www.homemaintenanceservice.co.uk



D.J. Ireland

GROUNDWORKS & PAVING SERVICES

BRICKWEAVE DRIVES - CONCRETE
PATIOS - ASPHALT - DRAINS:

Fencing, Aggregate Deliveries
* Mini Digger & Lorry Hire

*The Cottage,
The Common, Mulbarton,
Norwich, Norfolk*

Tel: 01508 578176
Mobile: 07778 956825

www.djireland.co.uk

VAT Registration No. 525 2216 77



Specialist
Building Supplies Ltd

Tel: 01508 535102

Monday to Friday – 7:30am to 5:00pm
Saturday – 8:00am to 12:00 noon

Stockists of Quality Exterior and Interior Home Improvement Products

Fascia Boards & Guttering • Cladding • Windows, Doors & Conservatories • Composite Doors • Aluminium Bi Fold Doors • Polycarbonate Roofing & Glazing Bars • Laminated Window Board • Underground & Channel Drainage • Soil & Waste Systems • Silicones & Sealants • Fixings & Cleaners • Composite Decking • Composite Fencing • Tools • Carports & Canopies • Roof Lanterns • and much more!

Visit our trade counter
for professional
and friendly
advice!

Trade & DIY Welcome

Web: www.specialist-building-supplies.co.uk

Email: info@specialist-building-supplies.co.uk



15 Wellesley Road, Tharston Ind. Estate, Tharston, Long Stratton, NR15 2PD

PARISH COUNCIL REPORT

Mulbarton Parish Council (MPC)

As we move into the summer with the better weather approaching, more villagers will be using the Meadows and Orchard Park, which are owned by the Parish Council, and the Common, for which there are two councillors on the steering group along with South Norfolk Council, who manage the Common. Over the next few months there are plans to plant a new tree near to the village sign to mark the Queen's Platinum Jubilee. This would be a replacement for the horse chestnut tree that was recently pollarded.

The tree situated on the Common in front of the car park, near the dental surgery, is an excellent specimen of the quite rare small-leaved lime (*Tilia cordata*), also known as a Linden Tree. These trees have become something of a rarity in the UK. The tree is quite old and has been suffering from compaction of the earth around its roots. South Norfolk Council working with



the Parish Council have put a rope fence in front of the tree to minimise any further damage to the roots and ensure a healthy tree.

A contract has been awarded to renew the path on the south side of the Common and to replace the signs and bins damaged by vandalism. Repairs to the play equipment on the Common are also in hand. Later in the year it has been agreed that two of the ponds on the Common will be given a refresh by SNC and the Norfolk Wildlife Trust. This will entail removing invasive species and letting more light into the ponds.

Play equipment on Parish Council owned areas and on the Common is inspected for safety and maintained by the Parish Council, as are the Skate Park and the Multi-Use Games Area.

There are four areas of allotments in the village with a total of 72 plots owned and managed by the Parish Council, and these will be springing into life in the warmer weather. Please let the Parish Council know if you are interested in an allotment.

You can contact the Parish Council on 01508 578134 or mulbartonparish@btconnect.com

Continued on p. 13 >>



"The time leading up to the funeral was made bearable knowing that you were at the end of the telephone."

– from a family we have cared for at Rosedale



Rosedale FUNERAL HOME

We are a family business and promise to provide exceptional care and a truly personal 24 hour service, when you need it most.

Middleton St, Wymondham **01953 601103**

www.rosedalefuneralhome.co.uk



AMPLE CLEAN CHIMNEY SWEEP

*Open fires, Wood burners,
Birdguards, Cows fitted etc.
Certificates Issued.*

Telephone
01603 666964



NORFOLK MAINTENANCE

Providing a professional and friendly
maintenance / handyman service

across Norfolk

Fully insured

Email: norfolkmaintenance@hotmail.com

Telephone: 07883 739327

Website: www.norfolkmaintenance.co.uk



www.facebook.com/NorfolkMaintenanceUK



SIMONS LANDSCAPING LTD

- Soil Moving
- Clearing
- Tree Felling
- Turf & Seed
- Sleepers / Poles
- Brick Walls
- Tennis Courts
- Brick Weave
- Paving
- Steps / Walls
- Ponds & Lakes
- Water Features
- Decking
- Fencing / Gates
- Pergolas / Arches
- Planting
- Drives / Paths
- Car Parks / Patios
- Tar / Stone
- Asphalt



FREE ESTIMATE AND ON-SITE ADVICE
Fully Trained and Insured Workforce

ONE CALL DOES ALL

01508 470674

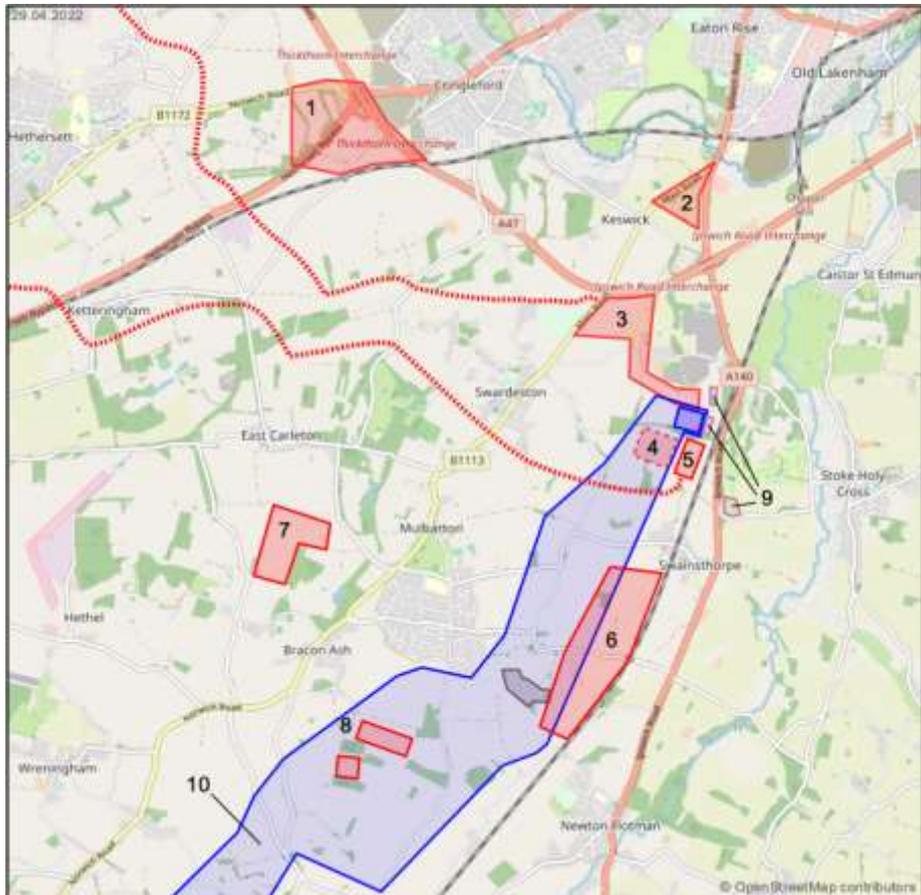
www.simonslandscaping.co.uk

The Old Queens Head, Lower Tharston, Tharston, Norwich NR15 2AF



PARISH COUNCIL REPORT—continued

The Parish Council has continued to send in comments to the authorities on the latest proposals for wind farms, solar farms and battery installations. In addition, National Grid has announced a **new pylon route to London** which will pass close to Mulbarton. These projects are shown on the map. Comments on any of these projects should be sent in to the planning department at South Norfolk Council.



Key: Blue square is the existing National Grid substation.

1 Thickthorn Junction. 2 Harford Bridge industrial estate. 3 Hornsea Three substation, battery site and haul road. 4 Potential UK-Denmark interconnector/substation. 5 Dudgeon and Sheringham Shoal Extensions substation and haul road. 6 Bloy's Grove solar farm. 7 Bracon Ash solar farm. 8 Mergate solar farm. 9 Mangreen and Stoke Lane battery sites. 10 National Grid pylon route to London through this area.



Carl Bradley
LSDE PCertLAM

Mobile: 07810 263938

Telephone: 01508 578649

carlbradleyckb@gmail.com

LAMDA Qualified for Group or Individual Tuition, including a group class at Spooner Row Village Hall on Thursdays 4.00– 5.00 pm

TOM'S

DRIVING SCHOOL AUTOMATIC DRIVING LESSONS

Offering professional driving tuition in Mulbarton and surrounding areas

- Client-centred based lessons
 - Competitive prices
- Convenient and flexible times to suit you
 - Refresher courses available
- Friendly and fully qualified Approved Driving Instructor

Tom Brown ADI

07742 249085

tomsdrivingschool@instructor.net

www.tomsdrivingschool.co.uk

FOOT TREATMENT

As you get older, does it seem as though your arms are getting shorter and your feet are getting further away?

Why not let me visit you and take care of them!

Nail cutting
Thick nail reduction
Corns
Callus reduction

Treatments conclude with a foot massage using quality creams

£23 per 30 minute appointment

Just £36 per appointment when two clients treated together

Graham Knights MCFHP MAFHP

Foot Health Practitioner

Tel 01508 826374

Mulbarton Based

DISTRICT COUNCILLORS' REPORT APRIL 2022

South Norfolk Council proposes to borrow some £20m at advantageous rates to fund various capital projects in the area. This includes £4m to provide a new GP Surgery in Hethersett in order to help with the increasing demand for Primary Medical Care following the major housing developments in Hethersett and Cringleford. I have been assured that should such building take place, the current surgery at Mulbarton would remain open.

The Council's Help Hub remains open and is available to offer debt advice and management for residents affected by the current cost of living problems (see p.21). The Council proposes to spend £100,000 upgrading its temporary accommodation provision. This is required to help the Homeless and those covered by the new Domestic Abuse Act. Community Action Fund and Member Ward Grants are to continue at an enhanced level. Residents who wish to take advantage of these should contact the local District Councillors in the first instance. The Council is supporting refugees from Ukraine. A reception area at Long Stratton has been proposed if necessary. Host families will be assessed by officials for suitability.

There are proposals to move the current office from Long Stratton to the vacated office at Horizon House on Broadland Business Park to be shared jointly with Broadland Council.

Parish Councils will be offered electric charging points to be installed in suitable public areas. Details have yet to be finalised.

A recent dictate by Natural England has put a stop to housing development proposals where any new accommodation involves "an overnight stay". At present no new approvals can be given. This will delay planning approvals until such time as The Council can produce guidance on the "Nutrient Neutrality" problems. The areas involved include the catchments of the rivers Wensum and Yare which covers most of South Norfolk.

Nigel Legg nlegg@s-norfolk.gov.uk

NOTE: details of all District Councillors are available at <https://www.south-norfolk.gov.uk/about-us/councillors-and-committees/your-councillors>

I just want to say thanks to everyone who supported me over the last three years. I have tried to help as many people as I could. It has been a privilege to serve the people of Mulbarton. I am sorry I had to stand down ahead of the elections in 2023, but health issues were too challenging to continue. Hopefully these will be resolved in due time. Whoever is elected as my successor,* I wish them well and I know that you will welcome them as you did me.

Best wishes, *Vivienne Clifford-Jackson* (former District Councillor)

* **STOP PRESS: CONGRATULATIONS** to Ian Spratt (LibDem) on being elected our District Councillor in place of Vivienne with a good majority.

HYDES

KITCHENS & FURNITURE

Visit our showroom Family Run Business Est. 21 years

Kitchen designers
& installers

Kitchen makeovers

Replacement
worktops & doors

Modern & Traditional
kitchens

BEFORE

AFTER



Fitted furniture for any
room in your home

French polishing &
furniture restoration

We cater for all budgets

01508 481888

Unit 6, Ashwellthorpe Industrial Estate, Norwich Road, Norwich NR16 1ER
www.hydesfurniture.com Email: hydefurniture@tiscali.co.uk

LOCAL COUNTY COUNCILLOR'S UPDATE

Daniel Elmer – Local County Councillor

I hope everyone had a good Easter!

Work has started on the annual spring and summer surface dressing project. This year 301 miles of Norfolk's roads will get a new seal to extend the life of the road, prevent potholes opening, and provide a new skid-resistant surface to help reduce the risk of accidents.



Trials of a new School Streets initiative at a number of Norfolk schools are set to move to the next stage over coming weeks. The scheme, which was announced earlier this year, is designed to make hundreds of pupils' daily journeys safer and healthier. For the first time road closures at the start and end of the school day are due to be put in place at 3 schools in Norfolk (including 2 in Wymondham, but not Mulbarton). The aim is to cut congestion, boost cycling and walking, improve air quality and make the area safer and more pleasant for everyone.

Council-owned companies are being encouraged to reduce their carbon emissions, as part of the county council's efforts to help Norfolk become carbon neutral. Norse Group, local company Hethel Innovation Ltd, Repton Property Developments Ltd and Independence Matters were the focus of a report to the County Council's cabinet on 3 May. Each company will be encouraged to set out carbon reduction targets once it better understands its own carbon footprint.

As always, if you have any issues at all, please don't hesitate to contact me at daniel.elmer.cllr@norfolk.gov.uk.

SUPPORT FOR UKRAINE

The cross that toured the village on Good Friday was placed near the village sign and on Easter Day was decorated with blue and yellow ribbons whilst prayers were said for peace in Ukraine. It stayed in place for Easter Day in the Orthodox Church, which was a week later, a sign of our desire for new life and hope there. It is heartening to learn of the generous response in Mulbarton and nearby: a van-load of goods delivered from Mulbarton school, generous donations and fundraising through other means, and at least a couple of households registering as "Homes for Ukraine".



Contact Care



Personal Lifeline Alarms

A Contact Care lifeline provides you with help and reassurance at the touch of a button

24/7 monitoring 365 days a year



Just £3.70 a week with an installation fee of £40

Installed throughout East Anglia

0800 917 4680



FASTCATS CAT SITTING SERVICE

PEACE OF MIND WHILST YOU'RE AWAY

IF YOU ARE GOING AWAY FOR A FEW DAYS AND DON'T WANT TO PUT YOUR CAT INTO KENNELS THEN FASTCATS CAN PROVIDE A QUICK VISITING CAT SERVICE TO YOUR HOME. WE CAN FEED AND CHECK ON YOUR CATS, CHANGE CAT LITTER AND EVEN FIND TIME FOR A QUICK FUSS. WE OFFER AN AM OR PM VISIT DAILY OR BOTH IF REQUIRED.



CONTACT US-
FASTCATSNORFOLK@GMAIL.COM
07444 143 657

WE COVER A 10 MILE RADIUS OF MULBARTON

Cleaners **R** Us

Affordable · Professional · Reliable

Don't spend all weekend to get a pristine, clean home...

Let us do it for you!

Trusted in local homes since 2003

Same reliable, police checked, vetted and insured cleaner on a regular basis

Affordable Rates

01508 490808

norwich@cleanersrus.co.uk

www.cleanersrus.co.uk/domestic-home-cleaning-norwich/



Since the last edition of the Parish News the school has been inspected. I am very pleased to report that the school has been graded 'good' in all aspects. OFSTED is a vigorous process, but one we welcomed as we were keen to show what a superb school Mulbarton Primary is. We were particularly proud of the children who were described by the inspectors as personifying the words 'polite and kind'. You can read the report on the Ofsted and school websites.

We have also been involved in providing items of food, clothing and bedding for the Ukrainian people. My sister and her family drove to Ukraine and delivered the donated items. The Ukrainian folk who received the equipment were very grateful. Unfortunately, the refugees they came back with have been stranded in Holland for weeks, waiting for visas.



During the summer term the children will be enjoying many outdoor trips including a residential to Derbyshire and day trips to local attractions such as Bewilderwood, the Norfolk Show and Banham Zoo. We are looking forward to holding a **summer fayre on Friday 17th June from 5-7pm** and would love to see any of the village community there.

We wish our Year 6 children all the best as they move onto their high schools at the end of term. They have achieved so much and, despite the pandemic, have made excellent academic progress.

This article will be the last I write as the headteacher of Mulbarton Primary School. I am retiring after 37 years of teaching (almost 9 as a headteacher). It has been a privilege to lead the school despite some challenges, especially over the last couple of years. Thank you to all of you who have supported and encouraged me in the role. I am pleased to inform you that the governors have appointed a new headteacher. Mrs Natasha Hall is an experienced headteacher who has already started to come into school to ensure a smooth and successful handover. I am sure you will give her a warm welcome and support her as she takes over leading the school.

All the best, *Bev Theobald*

www.mulbartonprimary.norfolk.sch.uk

The staff write.....*After many happy years, first at Mulbarton Infant, then Primary School, the Headteacher, Mrs Theobald, will be retiring at the end of the school year. In recognition of her commitment and dedication to the school, we would like to invite any former pupils or parents to come and say farewell on **Friday 22nd July between 1:30 and 3pm**. If you would like to come and say goodbye, it is essential you RSVP by Monday 11th July by emailing retirement@mulbartonprimary.norfolk.sch.uk*



TAYLOR
INVESTIGATIONS

ARE YOU LOOKING FOR SOMEONE?

We trace people for a variety of reasons;

- Long lost family, friends or loved ones
- Beneficiary tracing
- Missing Persons
- Debtor tracing

Our extensive resources, being nationally and internationally, mean that we are in the best position to finding the person you are searching for and we are not restricted by borders.

WE ALSO DO FAMILY TREES

CONTACT US

- ☎ 01603 904031
- ✉ enquires@taylorinvestigations.co.uk
- 📍 Office 4, Unit 4B
Wymondham Business Centre
Eleven Mile Lane, Wymondham
NR18 9JL



DOMESTICAL APPLIANCE REPAIRS

- WASHING MACHINES
- FRIDGE/FREEZERS
- DISHWASHERS
- TUMBLE DRYERS
- COOKERS/DYSONS

ELECTRICAL AND PLUMBING
LIGHTS TO SOCKETS, TAPS TO TOILETS

01508 481919/07856 966566

www.domestical.co.uk

Alan Miller, Acorns, Church Road,
Wreningham, Norwich NR16 1BA



Trusted Locks
Local Locksmith

Your Local Independent Mobile Locksmith covering Wymondham & surrounding areas

Competitive Prices - No VAT

SERVICES

- **Lockouts**
Keys stolen, lost, keys snapped in lock or faulty or damaged locks or handles, we can help you out.
- **Door and Window Handle Replacement**
Door, Windows Locks and Handles repaired or replaced, Police and Insurance approved to British Standard.
- **Lock Repair or Upgrade**
Most types of Door and Window Locks and Handles repaired or replaced to 5 Lever British Standard.

Call Ray on: 01953 528658 / 07551 648658

Humbleyard Practice - Mulbarton Social Prescribing

Social Prescribing appointments with a HELP HUB Connector at Mulbarton Surgery can be booked via the surgery reception or on 01508 533933 by anyone not registered with our surgery. Appointments are for an hour on a Wednesday afternoon and can cover a range of needs – abuse, benefit advice, dementia, support for carers, employment, housing budgets, home adaptations, well-being.

For Local People in Need:

In these trying times of rising prices some people are having to make difficult choices. If you are one of those, there may be help available. The Norfolk Community Foundation has given another grant for households in need, administered by the Rector through church trusts (his contact details page 3). And the Edwin Rich Trust is able to make small grants for specific needs (contact details page 23).

Donations for Food Bank and Period Supplies may be left in the church porch

At the time of editing we have just heard that **Mulbarton Post Office is now closed** for the foreseeable future, which also suspends Newton Flotman and Tasburgh outreach POs among others. More to follow no doubt. Meanwhile you can check details and hours of business at other local POs at:

<https://www.postoffice.co.uk/branch-finder/>

The nearest is probably Tuckswood (turn off A140 at Maid Marion Road) or Eaton (in the Cellar House, Norwich side of traffic lights); also at Hethersett (by Library); Long Stratton (in One-Stop, car park off St Michael's Road); Wymondham (in newsagent in main street); & Framlingham Earl.



Mulbarton Community Speedwatch Group

We are up and running now, you may see us around the village.

We would welcome more help so if you would like to be involved, please send an email to mulbartonparish@btconnect.com, with Community Speedwatch as the subject, and your email will be forwarded.

(Contact details will be deleted from the Mulbarton Parish Council address once your email has been forwarded)

Sue Stirling



Happy Feet Qualified Foot Health Professional

Treatment of corns, calluses,
nail infections and more.

To arrange a home visit please call
Wendy Latoy MCFHP, AFHP

01379 676872 or 079 2345 4646



3D LIPO NORFOLK

*Specialists in non surgical fat
removal*



07498345617

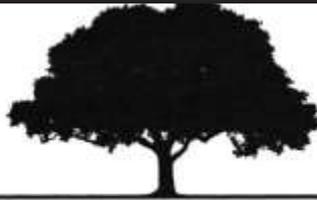


- safe, painless alternative to liposuction
- medical grade machine, UK's number one for body contouring
- cavitation for inch loss on arms, back, buttocks, stomach & thighs
- Radio frequency for fat melting & skin tightening
- shockwave for cellulite treatment

We will not be beaten on price, free consultations, friendly family business & free parking



Free delivery every
Tuesday and Friday



Free delivery every
Tuesday and Friday

INTWOOD FARM

PREMIUM NORFOLK MEAT

Supplying home reared beef, pork and lamb direct from our family farm at Intwood
Rare breeds and artisan sausages, joints, steaks, bbq packs sauces and condiments

Special orders welcome

www.intwoodfarm.co.uk

sales@intwoodfarm.co.uk

Or call 01603 987037



VILLAGE DIRECTORY

Village information, google calendar, downloadable map, link to monthly 'infomail' and to digital version of this Parish News: www.mulbarton.info

Parish Council: www.mulbartonpc.org.uk—downloadable **WELCOME** booklet for newcomers here, or collect a copy from the **Parish Council Office** which is to right of the Village Hall main entrance, where the opening times are displayed on a notice on the door.

Mulbarton group of churches: <http://mulbchurch.org.uk>

Mulbarton Primary School: <https://mulbartonprimary.norfolk.sch.uk/>

Mulbarton surgery: <https://www.humbleyard.nhs.uk/>

Mulbarton history: www.mulbartonhistory.org.uk (with links to history of Bracon Ash & Hethel, and Flordon)



Red Cross loan equipment (walking frames, commodes, wheelchairs, etc) available via Dr Andrew Fairclough, Mill House, Norwich Road, Mulbarton on B1113 opposite village sign (entry at side). Tel: 570377

Edwin Rich Trust (a local charity) can make small grants to residents to meet specific needs. You can contact the Almoner in total confidence: Pauline Campion (570335) pauline.campion@btinternet.com

Available for hire:

Mulbarton Village Hall: 4 rooms + licensed bar, for regular or occasional hire. Contact: Louise Gaskin via mulbartonvillagehall@gmail.com or phone 01508 578454

Harvest House (right): Room & fully equipped kitchen & garden; Wi-fi & fine views of Common available at very reasonable rates. Contact hh@mulbchurch.org.uk

Mulbarton Scout & Guide HQ: Contact Malcolm Court on 570461 or mulbartonhqbookings@gmail.com for further details.

Bracon Ash & Hethel Village Hall & Social Club:

equipped with free superfast broadband & Wifi. For all bookings and enquiries get in touch with contact@bavh.co.uk Details & events at www.bavh.co.uk (see p.31)



Mulbarton Diary Pages

CHECK THE VILLAGE CALENDAR at www.mulbarton.info

Please note that things are still in a process of change and uncertainty so please check before attending the events listed



FRIDAY 27th MAY ABBA event opposite

QUEEN'S PLATINUM JUBILEE

Mulbarton Village Festival on Friday 3rd & Saturday 4th June at Mulberry Park Grounds.

Hanover gardens Jubilee weekend. Friday 3rd June. BBQ, music, Pimm's, raffle from 12.30 onwards. ALL WELCOME

Mulbarton Sports & Social Club, Fri .10th June 8.30pm - '80s in Motion

Saturday SwapShop Saturday 11th June 2.30-4.30 Harvest House (p.5)

Flordon Film Club Wednesday 15th June, THE DUKE (see page 41)

Mulbarton Primary School Summer Fair Friday 17th June 5-7pm (see p. 19)

Mulbarton Sports & Social Club, Friday 17th June 8.30pm- Karaoke

WI Monday 20th June - recycling our rubbish (see page 29)

Mulbarton Community Choir concert Saturday 25th June (see page 37)

Mulbarton Mardlers Tuesday 28th June 2-4pm (see page 26)

Mobile Library Thursday 30th June (see page 33)

The Book Club, Harvest House Thursday 30th June (see page 35)



Mulbarton Sports & Social Club Friday 1st July 8.30pm - Joe Holden

A country /60s Memorial Event on Sunday 3rd July - 12.30 to 10pm - in the Village Hall for charity, in memory of Ronnie Barratt. A special celebration as so few could attend his funeral due to Covid restrictions. Bookings to Sandra

on 07799 596 975 or 01508 813754 (see poster opposite)

Mulbarton Village Hall Saturday 9th July 'MVH Night Out'

Mulbarton Sports & Social Club Fri 15th July 8.30pm- Karaoke & Quiz Night

JULY dates continued:

WI Mon 18th July - the Wonder of Wildflower Meadows (see page 29)

Mulbarton Primary School Fri 22nd July Farewell to Mrs Theobold (p.19)

Mulbarton Mardlers Tues 26th July 2-4pm (see page 26)

Mobile Library Thursday 28th July (see page 33)



Mulbarton Sports & Social Club Fri. 5th August 8.30pm - Karaoke & Disco Night

Mulbarton Village Hall Saturday 6th August 'MVH Night Out'

WI Platinum Jubilee Celebration Monday 15th August (see page 29)

Mulbarton Sports & Social Club Fri. 19th August 8.30pm - Band/Singer

Mulbarton Mardlers Tues 23rd August 2-4pm (see page 26)

Mobile Library Thursday 25th August (see page 33)

MULBARTON CMC
Village Hall: The Common: Mulbarton NR14 8AE

**MEMORIAL DAY for
RONNIE BARRETT**



SUNDAY JULY 3rd

12.30pm to 6pm Music from

Black Steel: Cardy & Coke: MareJames: Julie Dawn

7.30pm to 10pm Music from

Kenny Lee & Hustler: 60's music



TICKETS 12.30-6pm £15; 7.30pm-10pm £7; All day £20

ADVANCE BOOKING REQUIRED

RAFFLE: TOMBOLA: AUCTION: FOOD AVAILABLE

PROCEEDS TO EACH & STAR THROWERS (WYMONDHAM)

BOOKINGS TEL: SANDRA on 07799596975/01508813754

SORRY NO LINE DANCING

SWARDESTON DAY CENTRE in Summer

We are finding that our service is needed more than ever as people have experienced loneliness and loss of contact during the pandemic, which has had an effect on mental health.

At the time of writing, the two days we are open – Mondays and Wednesdays - are full, and we are running a small waiting list which we hope will only keep folk waiting a short time! We are getting lots of positive feedback and word of mouth is encouraging new friends to consider joining us.

Both groups will be celebrating the Queens Platinum jubilee just before the Bank Holiday, with 'hoopla' or exercises to suitable patriotic music, a sherry toast to the Queen, quizzes, music by the 'Squeegees' (yes, quality singing, window cleaners!) and a 'sing-along'. We will follow that with afternoon cream tea and cakes and a small memento to take home.



Throughout the summer we are hoping to run some small outings for those that are able to venture out, alongside a busy programme of activities.

We are immensely grateful to our faithful band of volunteers but as we hit the summer months and the holiday season, we are sometimes short on help. So if you are interested in either helping clients in the various activities, or serving refreshments or lunches, or washing up, or especially if you are considering being a car driver to help with transport, then do contact us or leave a message through the website (see our ad. opposite). Volunteers often say they get as much back from coming as they do in giving, and a lot of laughs too!

Best wishes for the summer from Liz and Julia

Mulbarton Mardlers

An afternoon of tea and chat and an opportunity to meet others



**Mulbarton Social Club Tuesday 2 - 4pm on
June 28th, July 26th, August 23rd
You are most welcome to join us!
(Voluntary contribution of £2)**

Lifts available - for more information give us a ring:
Sue Mellows 578034 Sue Parker 218692 or Tracey Salisbury 578068.

Swardeston Day Centre



Hilltops, Main Road, Swardeston, NR14 8DU

🌐 www.swardestondaycentre.org

✉ Info@swardestondaycentre.org

☎ 01508 578826



We provide quality day care for older people in and around Mulbarton and surrounding villages every Monday and Wednesday 10 a.m. - 3 p.m. including a home cooked meal and a variety of activities & entertainment Please do pop in and come and see what we do (by appointment only please)

You can donate to us totally free when shopping online at:



<https://www.easyfundraising.org.uk/causes/swardestondaycentre/>



You shop. Amazon gives.

<https://smile.amazon.co.uk/> and select **edithcavelldaycentre**



HUMBLEYARD
ENGLISH WINE



HUMBLEYARD
ENGLISH WINE

Paddock Farm Shop and Humbleyard Vineyard

Come to the Farm Shop for our full range of fresh Fruit and Vegetables, Sacks of Potatoes 10 and 20kg, Free Range Eggs, Jams, Chutneys, Ice Creams and more.

Our own White and Rosé sparkling wines and a choice of 14 different Red, White and Rosé still wines, made entirely from the nine grape varieties grown in our Mulbarton Humbleyard Vineyard. Tours and tastings in the Summer.

Fresh Fish Van every Thursday morning and Butchers Shop open Thurs, Fri, Sat.
Ample Parking. PYO plums in season. Open daily Monday – Saturday 9-5

Signed on B1113 Paddock Farm Shop, Mulbarton, NR14 8JT

Tel 01508 578892 www.humbleyardenglishwine.co.uk



▶ Rats ▶ Mice ▶ Moles ▶ Wasps ▶ Fleas ▶ Flies ▶ Rabbits
And many more.....

Premier Pest Solutions are a local family run business situated in the village of Mulbarton, Norfolk.
We offer a wide range of pest control solutions to both domestic and commercial properties
throughout the Norfolk area.

We pride ourselves on being professional, reliable, affordable and effective.

Contact Daniel now for a free, no obligation consultation on:

07449819447

Or find us on Facebook at www.facebook.com/PremierPestSolutionsUK



GLS
Garden Landscape Services Ltd
The **complete** landscaping service!

- Fencing • Mowing • Patios / Paving • Clearances • Planting
- Turfing / Seeding • Grounds maintenance • Pathways • Decking
- Hedge cutting • Tree work • Groundwork • Garden Design

We are fully insured with 30+ years experience. Contact us for free quotations & advice...

(01508) 807567 07749 130872
enquiries@glsonline.co.uk
f / GardenLandscapeServicesLtd
www.GLSOnline.co.uk

LOCAL ORGANISATIONS, CLUBS & SOCIETIES

MULBARTON WOMEN'S INSTITUTE

By the time you read this, our Village Barn Dance will have come and gone - hope you didn't miss out! But lots to look forward to this summer....



On Mon 20th June we are having a visit from South Norfolk and Broadland DC to tell us all about recycling our rubbish. Please feel free to come along as a guest if you want to ask any burning questions on the subject – politely of course! In July, on Monday 18th, Tony Brown is giving us an illustrated talk on the Wonder of Wildflower Meadows - another conservation issue dear to many hearts. Our Platinum Jubilee Celebration will be on Monday 15th August when members are lunching out at the Sugar Beat Restaurant.

Our group is friendly and unstuffy. Visitors and new members are most welcome. You can come and have a couple of trial evenings completely free. We meet in the main hall of the Village Hall on the 3rd Monday of each month at 7.30pm. Extra activities are also organised, such visits to gardens, exhibitions, theatre and cinema, lunches out etc. It is a good way to get to know other ladies in the village.

For further information please contact Anne Hackett Secretary. 01508

Mulbarton Short Mat Bowls Club

We meet every Wednesday evening at 19.30 in Mulbarton Village Hall. These are friendly evenings for anyone to join—any ability, any age.

We offer two weeks free, so that people can see if they would like to become members, and thereafter it is £2 per evening. We have sets of bowls for people who would like to try the game, so all you need to do is wear flat shoes—and COME and give it a go!!

For more information, contact Marga (Chair) 01508 219029 or Jayne (Sec) 01508 578549

We look forward to welcoming you!



A friendly walking group meets every two weeks on FRIDAYS at 1.30 for local walks of approx 3-5 miles. These walks are completely free and dog friendly. For dates and routes contact Pearl on 07799 012397 or email farmcottagebedandbreakfast@gmail.com

**Only £895 for
a fully fitted
electric door.**

Gotta get a Garolla.

Garolla garage doors are strong and solidly built. They're made to measure in our own UK factories. The electric Garolla door rolls up vertically taking up only 8 inches inside your garage. Our expert installers will fit your new door and take away the old one so there's no mess.

Give us a call today and we'll come and measure up completely Free.

GAROLLA
**ROLLER
SHUTTER
DOORS** 
GOTTA GET A GAROLLA

NOW ONLY
£895 WAS £1354
INC VAT

WHITE INCLUDED WITH EVERY DOOR

FREE EXPERT MEASURING & FITTING
TWO REMOTE CONTROLS
ACOUSTIC & THERMAL INSULATION
AVAILABLE IN 21 COUNTRIES
FREE DISPOSAL OF YOUR OLD DOOR

Offer valid for openings up to
2.6m wide & inc 2 remote
controls, 55mm white slats,
internal manual override.

CALL US TODAY **FREE**
ON **01508 320 024**

MOBILE
07537 149 128

www.garolla.co.uk

TIME SHARE SWIMMING AT MANGREEN

For you, your family and friends, **Water Temp 30-31c**
Enjoy the privacy and warmth of the water of our pool.



For more information call **01508 570444**

E-mail swimming@mangreen.co.uk or events@mangreen.co.uk

We have accommodation at Mangreen if you have any guests you need to accommodate give us a call from £70 bed and breakfast.

Hethersett 'District' Lions Club

(CIO) – Your local Lions group: Charity No: 1179036



Thank you to all who came and made our 'Ploughman's Quiz' a success at the beginning of April. It was nice to see people out and about again attending events. We made a profit of almost £600 which we have rounded up to £1000 to go to Big 'C' towards their research into breast cancer and for the aftercare of sufferers. We have made a similar donation towards the new Norfolk and Norwich Orthopaedic Centre being built to increase the surgery for new knees and hips.

The ongoing troubles in Ukraine have touched many people's hearts and we have donated £1000 via the Lions Clubs International Foundation. As of April, Lions Clubs throughout Europe have donated US\$1.3million to enable the purchase and distribution of relief items such as food, clothing, hygiene supplies, sleeping bags and medicine for the people of Ukraine.

Socially we had an enjoyable Sunday morning walk in the Reepham and Whitwell area, followed by lunch at 'The Kings Arms'. A pitch and putt morning and tenpin bowling are on the agenda for future outings. The football season has almost finished, but our carpark on Lower Clarence Road will be open for the Elton John and Killers concerts in June. Should you wish to know more about what Lions get up to, feel free to come along to any of our meetings on the second Monday of the month at Mulbarton Village Hall Committee Room or the last Wednesday of the month at Bracon Ash Village Hall – both meetings at 8pm.

Club Secretary John Hewitt 01508 570392 or visit www.e-clubhouse.org/sites/hethersettuk/

Bracon Ash and Hethel Hall - Socials and Bingo

Why not come along on Wednesday evenings from 7pm and meet some of your neighbours or to Bingo on alternate Sundays from 6-11pm? At Bracon Ash & Hethel Village Hall on the B1113.

Since the lifting of restrictions last year, the hall has hosted many successful and varied community and private events, Teapot Tuesdays monthly, Wednesday Family and Pub Nights with Kebab Van, Yoga, Gym Sessions, Mobile Library, Parish and Public Meetings, Remembrance Day, Bingo, and a Christmas Carols evening.



Steve Horton (Chairman)



Join MALGA. It's fun, sociable, interesting & educational

Members have supported and enjoyed a range of social events including: a distillery tour in March; MALGA's third "Mulbarton Gardeners' Question Time" in May; and a visit to RHS Hyde Hall. We are now in the season of BBQ's and regular meetings to plan for Autumn!!!

MALGA Environmental has appointed a committee member with special responsibilities for the environment and a working group has been set up to lead our response to environmental matters. The group published their first newsletter on Facebook in March and the second edition will be out in June.

We will be at the Mulbarton Festival on the 3rd and 4th June – come and see us there to find out more about Planting for Pollinators, planning a wildflower area in your garden or making a garden pond to attract wildlife. We are planning quizzes and will have lots of display materials suitable for children and adult gardeners/wildlife enthusiasts. We can all do things to help our wildlife – remember the bees need us and we need the bees!

IF YOU DO JUST ONE THING to encourage wildlife into your garden; make a bee watering station with a dish and pebbles and water because in dry weather, bees get thirsty too! There are plenty of ideas on social media so be creative. Also avoid using synthetic fertilisers on your plants as they consume energy in the manufacturing process and may contain chemicals that are harmful to bees and other insects.



Members will be informed by email of any future events but in the meantime, follow us on Facebook where you can find full details of our planned events. Note too that on presentation of your membership card, you will receive a 10% discount on plants at the Wymondham Garden Centre, Myhills in Wymondham and at the Foundry Plant Centre in Tasburgh.

To join MALGA (membership only £4 per year), please contact our Chair, Chris Samson, on cjmsamson@yahoo.co.uk or 07837 969 715; or contact our Secretary, Geoff, at geoffandvirginia@tiscali.co.uk or download the form from our Facebook page.

Mulbarton Wanderers & Belles Football Club

CONGRATULATIONS to the Mulbarton Men's First Team and the Ladies' 11-a-side team, both of whom reached their respective County Cup Finals. The Finals were held at Carrow Road on Monday 23rd May (Men's team against Dereham Town FC and the ladies against Wymondham Town Women). It is a great achievement for the Wanderers & Bells Football Clubs to have reached this stage – look out for the results in the media, village website and club's own sites.
<https://www.pitchero.com/clubs/mulbartonfootball/>



REGULAR EVENTS:

Friday Nights at the Social Club

Please check on the **mulbarton sports and social club** Facebook page for dates and details of all events – all of which are open to “non-members” but a small entry fee to the club. All events unless specified start @8.30pm
Come down to watch all Premier League games on Sky Sports @ MSSC

Mulbarton Village Hall (MVH)

Please like our page to keep up to date with all our events fb & insta @MulbartonVillageHall . More dates/information to be confirmed.

Hanover Gardens in Cuckoofield Lane (next to Co-op) hosts a number of events that are OPEN TO ANY aged 50+, including the regular.....



Knit and Natter—Mondays, 2-4pm in the Lounge. Tea/coffee and biscuits £1.

Chat Cafe— First Friday of each month from 10am in the Lounge, with different activities as well as refreshments and the chance to chat.

MOBILE LIBRARY THURSDAYS – 30th June, 28th July and 25th August.
We are Route **CEN 416** Mulbarton—and there is a stop near YOU!
[Timetable available on Village Info website—NO visit on Jubilee Bank Holiday]

Further information at <https://www.norfolk.gov.uk/libraries-local-history-and-archives/libraries/your-local-library/mobile-libraries> or phone 01603 222303



BASED IN MULBARTON

BEN'S GARDENING SERVICES

GARDEN DESIGN AND LANDSCAPING

GENERAL GARDEN CARE AND

MAINTENANCE

FOR A FRIENDLY SERVICE AND A FREE

CONSULTATION AND ESTIMATE

CALL BEN ON 07973 338085

FIND ME ON FACEBOOK AT
BENSGARDENINGSERVICES

THE SALON
IN THE GROUNDS
OF THE OLD VICARGE
SWARDESTON

We are a small salon which offers you
Friendliness, cleanliness and
Hairdressing of a very
High standard
also

Gents' hair cutting

Telephone: 01508 570268

Barbaras Established 1965

Brownes Lane, Opposite The Bakery,
Swardeston

Mark Sutton Accountant

- Self-Assessment Tax Returns
- Personal tax advice
- Accounts for Sole Traders and Partnerships
- VAT & Bookkeeping

I take pride in offering a personal, confidential & friendly service. I cover Norwich and the surrounding areas. Appointments can be made at your business, home or at my office in Drayton at a day and time to suit you, evening and weekend appointments available.

Your initial appointment is free; this time will be dedicated to discussing your accounting needs. New clients who have an established business will receive 20% off their first year's fee.

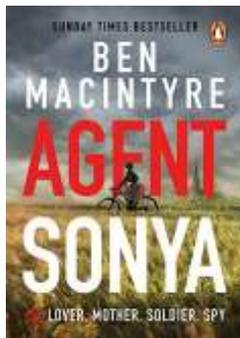
**Please call Mark for an informal chat
on 01603 867444 or 07468246933**

ENJOY A GOOD READ?



The Book Club have been enjoying meeting up at Harvest House over the last few months. The Giver of Stars by JoJo Moyes was a particular favourite of many of the members. Here are the books we are going to be discussing in the next few months. If you would like to know more information and dates - please contact Patriciabrooks569@gmail.com

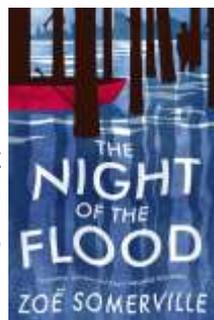
Agent Sonja by Ben Mcintyre 30 June



The captivating story of the secret agent who travelled the world with kids in tow, fooled MI5 and passed atomic secrets to the USSR. "Sonya," was one of the most important female spies in history. Hunted by the Chinese, the Japanese, the Nazis, MI5, MI6, and the FBI, she evaded all of them, and survived as well the brutal Soviet purges that left many of her friends and colleagues dead. Her story reflects the great ideological clash of the twentieth century, between communism, fascism, and Western democracy, and casts new light on the spy battles and shifting allegiances of our own times.

The Night of the Flood by Zoe Somerville Date: tba

An atmospheric literary thriller set during the devastating North Sea flood of 1953, in which a love triangle turns murderous. A novel with pace, atmosphere and a true sense of character. It has important things to say about social change within Britain, particularly in relation to women and the class structure. This novel was the choice of Ketts Books in Wymondham as the 'One Community One Book' earlier in the year.



Future books we will be reading include:

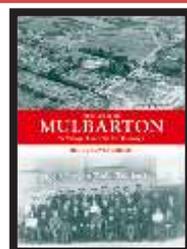
The Six Wives of Henry VIII by Alison Weir

The Great Thorpe Railway Disaster by Phyllida Scrivens

The Shipping News by Annie Proulx

Only very few copies left....

The Book of Mulbarton (a large-format hard-back, Halsgrove, £19.99) is still available at Paddock Farm Shop or from the author, Jill Wright (editor of this magazine—contact details page 5) – BUT there is now *only 1 box (15 copies) left*, and when it's gone—it's gone!!



PIPS SKIPS

Let us manage
your waste...



Up to **135,000** tonnes of
waste recycled every year

aiming to achieve
**zero waste
to landfill**



Book a skip online

01603 882100 www.pipsskips.co.uk

SINGING IS GOOD FOR YOU! **Mulbarton Community Choir**



Mulbarton Community Choir is back rehearsing and looking for new members! We sing all sorts from pop to folk to gospel to show tunes to sea shanties. Currently we are preparing for performances at the village Jubilee festival and our own 'Homecoming' concert on Saturday 25 June in Mulbarton village hall.

Rehearsals are fun and we like to challenge ourselves with exciting pieces. Currently we are learning 'Footloose', 'Bridge Over Troubled Water', 'Tonight' from West Side Story, 'The Lion Sleeps Tonight' – and many other pieces. Everyone is welcome: you don't have to have any prior choir or singing experience – many of our members were new to singing when they joined. Our members are friendly and supportive. Every week is a good week to join, as we regularly bring out new pieces to learn.

We rehearse every Thursday during term time in Mulbarton Primary School Hall, from 7.30-9.15.

Look for us on Facebook: just search 'Mulbarton Community Choir' to see some of our past performances. If you have any questions, please contact enquiries.mulbarton.choir@outlook.com.

Another local resident wrote to the editor about the joy of singing:

Nearly everyone can sing and it brings such joy, raises the spirits, is good for you both physically and mentally. I sing with "Fine City Chorus", a Norwich based male Barbershop choir, which sing close harmony without musical accompaniment. We perform all over Norfolk and further afield, raising money for local charities. We always welcome new people, no previous experience is necessary, I'd never sung before I joined the chorus, I still don't read music! Come along and see what we do! We meet every Wednesday evening between 7.30 and 9.30 at Lionwood Infant and Nursery School, Telegraph Lane East, Norwich NR1 4AN. We also have a sister chorus, "Norwich Harmony" and a mixed chorus, "Mosaic", who also welcome new singers to join them and find their voice. You won't regret it!

Feel free to contact me if you'd like to know more.

Brian Pincher 07795507421 b.pincher@btinternet.com



ELECTRICIAN



A Local, Friendly, Family Run Business
That Works On All Aspects
Of Domestic and Commercial Electrics
N.A.P.I.T Registered

Proudly Supporting Norfolk Fire & Rescues Electrical Fire
Safety Campaign

Contact Ian or Caroline for all Electrical Issues on
0779 0273 689 or 01508 813802

Email: icdelectrics@hotmail.co.uk or
www.icdelectrics.co.uk

B K HAIR - NEWTON FLOTMAN

HAIR

CND SHELLAC NAILS

LASH LIFTING

OLAPLEX

Creative Hair Stylist and Colour
Technician using Wella Colours.

Facebook: B K HAIR



Call Bethany 07545623111

**B K Hair, Barley View, Greenways, Newton Flotman,
Norwich, NR15 1QJ**



MULBARTON SCOUT GROUP

It's been a busy few months for 1st Mulbarton Scouts. Hopefully we will have seen some of you at our 40th birthday celebrations on 21st May.

It's been so good to get back to planning activities without the difficulty of so many Covid related restrictions. Our Beavers enjoyed a weekend camp at Saxlingham Nethergate. The Scouts have just been away for a weekend hiking on the North Norfolk coast. We ran a whole group trip to Imperial War Museum Duxford on St George's Day.



Our Explorers started their term off marking 'Earth Day' with a litter pick hike from Flordon to Mulbarton. Also planned is some volunteering at Ladybelt Country Park plus several Explorers are taking part in the Race for Life Cancer Research Mud Run at Norfolk Showground on May 14th.



We continue to receive lots of enquiries from families wanting to add their children to our waiting lists. This is great news but as our numbers of young members continues growing, we need our adult volunteer numbers to grow also! We have so many flexible options for volunteering. It really is great fun plus immensely rewarding. So, if you or anyone you know might like to find out a bit more about what's involved then please do get in touch. You can find us on Facebook by searching '1st Mulbarton Scouts' or email us on mulbartonscouts@live.co.uk
Cathy Middleton (Publicity Officer)

Mulbarton Guides & Rangers



Girlguiding

Mulbarton Guides and Rangers are gearing up for an exciting Summer Term to enjoy the out of doors.

Over the winter term we have enrolled 8 new Guides who made their promises at the Guide HQ. Glo sticks have been put to good use for semaphore, to create pictures and for In-the-dark Ten-Pin Bowling! The groups have also enjoyed tin cooking; Easter cooking; ascending a climbing wall; and a range of crafts.



Any new girls between the ages of 10 and 19 would be very welcome to join either of our units. Please contact us via mulbartonguides@gmail.com for further details.

Pam, Hayley & Molly

Mulbarton Rainbows have been busy this year. So far we have done lots of activities around mindfulness, and for World Thinking Day we celebrated by having craft activities from around the world - for example tasting different cheeses to represent our world centre in Switzerland.



We will be having afternoon tea to celebrate the jubilee and an American themed session coming up this term, along with a water themed party in the summer!

One of our rainbows also achieved her Gold award.

Jo Frappell

Mulbartonrainbows
@gmail.com





Mulbarton Brownies

As we broke up for the Easter holiday, we were all very sad to say goodbye to Fiona Munn who has been at the helm of 1st Mulbarton Brownies for the last five years.

The girls presented Fiona with well-deserved leaving gifts (thank you to the parents for their generous donations) and gave her the traditional Brownie farewell, making a tunnel with their arms for Fiona to run through! We would like to say thank you for all her hard work and dedication and wish her well with her new adventure!



Next term, we are looking forward to lots of exciting activities, including a belated Easter Egg hunt and celebrating the Queen's Jubilee. We will be working towards our Influence Badge and exploring the meaning behind the Brownie Promise. We will be welcoming new Brownies to the pack and saying goodbye to others

We have a **new email address** for all enquiries (see below). We would love to be able to offer a place to all the girls who want one but we currently have a waiting list of over 30. Although we will try and invite as many girls as we can to join us, we will have very few spaces as priority is given to girls who have been in Rainbows. As there is such high demand for spaces, if you would be interested in setting up a second Mulbarton Brownie Pack, please do not hesitate to get in touch.

With kind regards, Sarah, Gillian, Helen and Rachel
(mulbarton.brownies@outlook.com)

FLORDON FILM CLUB meets in Flordon Community Centre/ Church off Long Lane. The next meeting **Wednesday 15 June**, screening: **THE DUKE** (2020) 12 (COMEDY/DRAMA/TRUE LIFE) With Jim Broadbent, Helen Mirren Runtime: 96 mins

An uplifting true story about a good man who set out to change the world and managed to save his marriage.

Wine and soft drinks available, doors open 7pm, film shown from 7.45pm.

Membership £5 a year; tickets £5 on the door, but book ahead with David

Tel: 01508 470118; Email: david020747@hotmail.co.uk



KEVIN GEORGE BUILDING SERVICES

FOR ALL YOUR HOME MAINTENANCE & IMPROVEMENTS

- | | |
|------------------|---|
| ✓ KITCHENS | ✓ PAINTING & DECORATING INTERIOR & EXTERIOR |
| ✓ BATHROOMS | ✓ INTERIOR & EXTERIOR ALTERATIONS |
| ✓ EXTENSIONS | ✓ GARDEN FENCING, GARDEN WALLS & PATIOS |
| ✓ PLASTERING | ✓ RENTAL PROPERTY MAINTENANCE |
| ✓ CARPENTRY | ✓ FREE QUOTATIONS |
| ✓ CERAMIC TILING | ✓ FULLY QUALIFIED & INSURED |

CONTACT KEVIN GEORGE

01508 571339

07535136963

www.kevingeorgebuildingservices.co.uk

Serenity Norfolk

Celia and Paul Sheldrake

Holistic Wellbeing

- Crystal Healing and Acupressure
- Holistic Massage
- Past Life Clearing
- ReAwakening Coaching
- Mindfulness and Relaxation
- Enlightening Workshops
- Home visits and gift vouchers available



Relaxing treatment room in Mulbarton

01508 571209 info@serenitynorfolk.co.uk

serenitynorfolk.co.uk

Royal Recipes

In June this year The Queen will become the first British monarch to celebrate 70 years on the throne. In 1953 the recipe "Poulet Reine Elizabeth", now widely known as Coronation Chicken, was created by Le Cordon Bleu London to be served at the Coronation Luncheon.

This year there has been a Platinum Pudding competition to find a dessert worthy of dedicating to the Queen's 70 years. They will be judging a range of criteria: it must be an original recipe that (obviously) tastes great, is perfect for amateur bakers to make at home and looks fit for a Queen. By the time this copy is in your hands we will know the winner and the recipe but, in the meantime, here is a royal recipe you could try...

Queen of Puddings

- 500ml milk
- A teaspoon of vanilla essence
- 2 tbsp caster sugar
- zest 1 lemon
- 150g brioche or bread crumbs
- 1 ½ tbsp butter
- 3 large egg yolk, beaten
- 6 tbsp fruit compote or jam (eg blackcurrant, raspberry or rhubarb)

For the meringue

- 3 large egg whites
 - 1 tsp balsamic vinegar
 - 50g caster sugar
-
- Heat oven to 180C/160C fan/ gas 4. Boil the milk with the vanilla, sugar and lemon zest. Put the breadcrumbs in a large bowl, and pour over the hot milk. Leave to stand for 10 mins to cool slightly.
 - Stir through the butter. Once melted, stir in the yolks. Bake for 12 mins in an oven proof dish or until just set. Remove from the oven and spread the fruit over the base. This can be made a few hours ahead and chilled or used to complete as follows.
 - Whisk the egg whites. Once the whites are holding their shape, whisk in the vinegar and two-thirds of the sugar, then add the remaining sugar and whisk until stiff peaks form.
 - Pipe meringue over the fruit covered base and bake for 10 mins until golden. Serve straight away.



The Sewing Box

HIGH QUALITY CLOTHING
ALTERATIONS & REPAIRS
NEXT DAY COLLECTION
ON REQUEST

BEAUTIFUL CURTAINS &
SOFT FURNISHINGS
HAND-MADE TO ORDER
COMPETITIVE RATES

FOR MORE DETAILS
PLEASE CONTACT

LAURA BATCH
MOBILE: 07762 644150
HOME: 01508 578436

Rachel's Mobile Hair & Beauty



Gent cuts
Cut & Blowdry
Highlights & Colouring

Waxing
Manicures & Pedicures
Eye Brow & Lash Tinting

Professional Service in the comfort of your own home
Affordable Prices
Quality Products Used
Fully Trained in a Top Norwich Salon & Beauty School

For more information or to Book an appointment

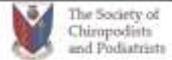
Call RACHEL on

01508 578596 or 07742115784



footsure

Dedicated To Foot Health



4 Wharton's Court, Wymondham, NR18 0UQ

01953 425 825

info@footsureuk.com

www.footsureuk.com

CHIROPODY

PODIATRY

FOOTWEAR

FOOT CARE

Our HCPC registered podiatrists can offer expert help with:

- Skin problems:
 - Corns, calluses, verrucae
- Nail issues:
 - Laser treatment for fungal nail infections
 - Ingrowing nails, thickened nails
- Heel pain and other foot and leg pain
- Diabetic foot care :
 - Assessment, treatment & advice
- Biomechanical assessment, orthotic prescription

FOOTWEAR

footsure stocks a range of quality footwear brands offering the best in fashion and comfort.

We have shoes, boots and sandals available in a range of styles and colours.

With a range of width fittings on offer and qualified staff on hand to give advice, Footsure provides an expert footwear service.



A Specialist Will Writing Firm based in Wymondham

As a family business, we know how important looking after your loved ones can be, especially during difficult times. We can help you to protect and safe guard your loved ones by making your Will and Power of Attorney.

We specialise in:

- Ensuring that your children are safe and looked after if the worst happened to you.
- Planning for your future generations and safe guarding family assets.
- Helping with complicated, blended family situations.

We offer a **personal, convenient and trusted service** to help guide you through the legal process, making sure everything is explained to you in an easy to understand way so that you can make an informed decision.

In an unregulated industry, you can have the confidence in knowing that we are legally trained and qualified. Natalie has been a specialist Will Writer for nearly 10 years, with a background of working in a number of different Law Firms. We are also voluntary members of The Society of Will Writers.

Why Us?

“ You were recommended to us by a friend. We'll recommend you to others too. You kept us well informed of the process, and explained everything in a very helpful way. You answered all our questions, even when asked in several different ways.

We really valued your explanation and advice when we were unsure of meanings and ramifications. Thank you so much! ”

Mr & Mrs Jones



Natalie Chapman, Owner

We are still seeing clients, taking all the necessary Covid precautions

Visit our website at:

www.trustedlaw.co.uk

17e Back Ln, Wymondham NR18 0GB



Oliver Capleton Electrician



Domestic

Commercial

Industrial

- Rewires & New Installation
- Fault Diagnostics
- Lighting
- Electric Car Charging Points
- Inspection, Testing & Certification
- Over 25 Years' Experience

01953 603828 / 07770 928505

olivercapleton@btinternet.com

P & J Maintenance Services

Decorating Specialists

Free Estimates

Paul

01508 470446

07831 546038

John

01508 570875

07799 214522

For all your roofing solutions



EASTERN ROOFING

Specialists in all types of roofing for over 20 years.

Flat Roofing ● Slates and Tiling ● UPVC Facia
● Guttering ● Commercial and Residential

We offer a 10 year guarantee ensuring that you will receive the very best quality of work.

For more details please call Office

01508 826698 | Mobile 07766563513

Email info@easternroofing.co.uk

Geneig House, 7 The Ridings, Poringland NR14 7PS

www.easternroofing.co.uk



THE NAME YOU
CAN TRUST



Financial advice from the name you can trust

Financial planning for every stage in your life. For a second opinion on your financial planning arrangements contact us today.

The initial meeting is without cost or obligation.



01603 789966



enquiries@smith-pinching.co.uk

SUNDAY SERVICES – June to August 2022

June		July		August	
5 th	<p>8 Communion Mulbarton</p> <p>9 Morning Prayer Bracon Ash</p> <p>10 All Age Worship Mulbarton + JUBILEE PICNIC on the Common</p>	3 rd	<p>8 Communion Mulbarton</p> <p>9 Morning Prayer Bracon Ash</p> <p>10 All Age Worship Mulbarton</p>	7 th	<p>8 Communion Mulbarton</p> <p>9 Morning Prayer Bracon Ash</p> <p>10 All Age Worship Mulbarton</p>
12 th	<p>8.30 Communion Hethel</p> <p>10 Morning Worship Mulbarton</p> <p>6:30pm Evening Prayer Flordon</p>	10 th	<p>8:30 Communion Hethel</p> <p>10 Morning Worship Mulbarton</p> <p>6:30pm Evening Prayer Flordon</p>	14 th	<p>8.30 Communion Hethel</p> <p>10 Morning Worship Mulbarton</p> <p>6:30pm Evening Prayer Flordon</p>
19 th	<p>9 Communion Bracon Ash</p> <p>10 Communion Mulbarton</p>	17 th	<p>9 Communion Bracon Ash</p> <p>10 Communion Mulbarton</p>	21 st	<p>9 Communion Bracon Ash</p> <p>10 All Age Communion Mulbarton</p>
26 th	<p>8:30 Communion Flordon</p> <p>10 Morning Worship Mulbarton</p> <p>10:30 Church @ Hanover Hanover Lounge</p>	24 th	<p>8:30 Communion (TBC) Flordon</p> <p>10 Morning Worship Mulbarton</p> <p>10:30 Church @ Hanover Hanover Lounge</p>	28 th	<p>8:30 Communion (TBC) Flordon</p> <p>10 Morning Worship, with baptism Mulbarton</p> <p>10:30 Church @ Hanover Hanover Lounge</p>
<p>PLEASE CHECK DATES & TIMES</p> <p>on notice-boards or:</p> <p>mulbchurch.org.uk</p>		31 st	<p>10 All Age Worship Mulbarton</p>		