



**MULBARTON
PARISH NEWS
Spring 2022
(for March to May)**





Miaow CAT SITTING

Caring visits to your cat in the comfort of their own home!

Alex Coleman
07592 813100

miaowcatsitting@gmail.com
www.miaowcatsitting.co.uk



Miaow Cat Sitting



Clear Diamond Counselling

TINA BELL

AdProfDipPC (MBACP)

Psychotherapeutic Counsellor

07821 227 905

Tina@cleardiamondtherapy.co.uk
www.cleardiamondtherapy.co.uk
Newton Flotman, Norwich



COMPUTER REPAIRS

Whether it be home PC repairs, installation of new computers, upgrades, advice or virus removal

Call Darren on **01508 471459**

Or email info@pcassistonline.co.uk

Visit www.pcassistonline.co.uk for more details

Cameron Bryce

Gardening Services



LAWN CUTTING / LAWN CARE
SCARIFY

HEDGE CUTTING

BORDER DESIGN

PLANTING SERVICES

07849155511 01508 498505
cambryce47@icloud.com

FROM THE RECTORY

Rectory telephone: **01508 580001**

Rector's e-mail: adrian@mulbchurch.org.uk



I write this at Candlemas, forty days after Christmas, when final winter decorations are taken down around the world, including the star on Mulbarton church tower. Sad to see that sign of hope missing. And yet a stunning sliver of a new moon out there just now, a new year, new hope of a post-pandemic world as the days lengthen.

What a lot of twists and turns there have been through 2021! This time last year, we were still not meeting in person on Sundays. Since then, we've adapted to a mixed economy of in-person and remote services (you can catch us on YouTube). I conducted ten weddings, with more guests allowed as the year progressed (another ten planned this year!). We've sought to find the right balance between being safe and offering spaces for people to gather.

At the same time, we've tried to find fresh ways to connect with people, expanding the church Facebook group, as a place where all can explore spiritual journeys and learn from one another. If you'd like to join, just search "Mulbarton Church Family" on Facebook and send a request.

We have also experienced a lot of change in people's lives: goodbyes and hellos. Some beloved fellow travellers have died, and some have moved to fresh pastures, full of hope for new things. That includes our long-time administrative assistant, Caroline, who with her husband, Ian, leaves a huge hole, and was a special personal support to me. We do wish her and others well in new ventures. My wife, Sarah, has taken on a reduced hours admin role in the church, and brings a lot of gifts to the job. We have also welcomed several new people to the worshiping community over the last year, which has been a real joy, seeing people find a spiritual home.

We hope to continue to work closely with the wider communities we seek to serve, as no doubt more changes unfold over the coming year. For me personally, this will mean exploring how I can best contribute to the good of village life in a new role as Mulbarton Village Hall charity trustee, and I look forward to being part of its future, along with the social club. Look out for a special "40 Prayers for 40 Days" through Lent—each day bringing one word, one image, a thought and a prayer from around the world, and gathering in Harvest House with me each Wednesday evening to discuss what struck us (or to hear what struck others if we've missed them ourselves!). Look out as well for a repaired font, a new path through the middle of the churchyard, and special celebrations for the Queen's Platinum Jubilee. I look forward to sharing the year ahead with you all!

FROM THE REGISTERS (Mulbarton unless otherwise stated):

FUNERALS:

27th Oct 2021—Richard Bishop (at Flordon)
29th Nov 2021—Sheila Margaret McKintosh (at Earham Crematorium)
30th Nov 2021—Myrtle Moore (at Bracon Ash)
4th Jan 2022—Eileen Mickleburgh
6th Jan 2022—Geoffrey Howe (at Colney Wood)
8th Jan 2022—Jean Leithall (at Flordon)
12th Jan 2022—John Hardman (at Earham Crematorium)
2nd Feb 2022—Doreen Barrett (at Earham Crematorium)

BURIAL OF ASHES:

20th Oct 2021—Joan Alice Moyes
23rd Oct 2021—David Earnshaw (at Hethel)
27th Oct 2021—John Brown
28th Oct 2021—Sidney McLeod (Mac) (at Earham Cemetery)
6th Dec 2021—Kenny Skeet
8th Dec 2021—Daphne Gooch
20th Dec 2021—Joan Mary Abbott

[Note from Ed: you are welcome to submit details of weddings and funerals of locals that have taken place at other venues—contact details opposite]

~~~~~

**HOLY WEEK & EASTER**



[For any last-minute changes, please check church notice-boards and our website, [mulbchurch.org.uk](http://mulbchurch.org.uk) and Facebook ]

**Sunday 10<sup>th</sup> April—10am** All Age PALM SUNDAY service, Mulbarton

**Tuesday 12<sup>th</sup> April—7.30pm** TENEBRAE service in Flordon Church

**Thursday 14<sup>th</sup> April—2.30pm** MAUNDY THURSDAY COMMUNION in  
The Lounge at Hanover Gardens

**Friday 15<sup>th</sup> April—** GOOD FRIDAY walk with the Cross: join us in your street  
**2pm** Hour of Quiet before the Cross in Hethel Church

**Sunday 17<sup>th</sup> April—EASTER SUNDAY: Christ is risen, Hallelujah!**

**8am** Prayer Book Communion, Mulbarton

**9am** Easter Communion, Bracon Ash church

**10am** All Age Easter Communion, Mulbarton

**6.30pm** Easter Praise in Flordon church



## **WELCOME to PARISH NEWS!**

This quarter's edition, for **SPRING 2022**, features some special items.

**IMPORTANT ANNOUNCEMENT** below about funds for the village.

**CONGRATULATIONS** to the 1st Mulbarton Scout Group on reaching their 40th Anniversary stronger than ever. PLEASE read pages 40 and 41 as they want to celebrate with any who have been members, leaders, helpers and YOU may know someone who has now moved away but needs to know!

**THANKS** to all contributors, and this time we were delighted that a reader responded with a local and seasonal recipe—see page 43

Local 'official' news on pages 11 to 22 includes information on the Help Hub (p.21) and a new initiative on Wellbeing (p.22). Village organisations for all ages are now doing more (pp.29 to 39), and you can also find the winning **COMPETITION ENTRY** on p. 7 and a puzzle on p. 35.

**WELL DONE**, those who organised the Village Christmas Fayre in December, which brought the village together. Parish News was among the contributors who made that a largely free event for all.

Perhaps we should explain that **THANKS to our Advertisers**, Parish News makes a small profit each year (though printing costs are rising), which also pays for the Mulbarton.info and History websites, SO...

**HELP AVAILABLE FOR COMMUNITY GROUPS / EVENTS:**  
**Advertising revenue & careful management of Parish News means we have funds available for community projects. Please contact Jill, Marina, Adrian or Sue (bank signatories) if you would like to be considered—contact details above and on pp. 3 & 17.**



**NEXT ISSUE** will be our SUMMER issue (covering June, July & August) and the **final deadline for items** will be **SUNDAY 1<sup>st</sup> MAY**—though the sooner the better so that we can see how things fit in. PLEASE NOTE the date, and get planning for SUMMER!

### **The Team:**

Editor: Jill Wright (570532) [dandjwright@hotmail.com](mailto:dandjwright@hotmail.com)

Assistant Editor: Sue Parker [sueondartmoor@hotmail.com](mailto:sueondartmoor@hotmail.com)

Proof-checking: Sue Stirling

Distribution: Pauline Campion (570335) who is always glad to have more volunteers— [pauline.campion@btinternet.com](mailto:pauline.campion@btinternet.com)

Advertising Manager, Sara [brumhead2@aol.co.uk](mailto:brumhead2@aol.co.uk)

Printed by [www.helloprint.co.uk](http://www.helloprint.co.uk)

**Pull-out Village Directory p. 23, What's On pp.24-26**

**THE SEWING ROOM**



Made to Measure  
Curtains & Blinds

Bridal & Prom Dresses  
Alteration Service

- Cushions - Handmade Lampshades - Face Coverings

Cynthia 07889 442 497 : Jenny 07979 518 603

[www.thesewingroom.info](http://www.thesewingroom.info)

[thesewingroom@talktalk.net](mailto:thesewingroom@talktalk.net) [@thesewingroom03](https://www.facebook.com/thesewingroom03)



Yvonne Ayliffe D.O.,POD,FSCCO BSSCMD MICA  
9 The Fields, Tacolneston

**Tel: 01953 789629**

**Mob:07770652839**

[reception@norfolkost.co.uk](mailto:reception@norfolkost.co.uk)

- Experienced osteopath qualified for 40 years,
- Paediatric qualified
- Osteopathy for babies to the elderly
- Cranial Osteopathy for all ages
- Low back neck and nerve pain
- Headaches and migraine, acute necks
- Sporting injuries & structural problems
- For muscular,nerve and joint problems
- Repetitive strain injuries.
- Pre- & post- pregnancy for mother and baby

**OSTEOPATHY FOR ALL**



## MATTHEW OXBURY

PAINTING & DECORATING

INTERIOR & EXTERIOR PAINTWORK

CITB Fully qualified NVO3

**Tel: 01508 578342 Mobile 07762 518600**

[matthewoxbury@aol.com](mailto:matthewoxbury@aol.com)

- \* Fully insured
- \* 18 Years in the trade
- \* Small rooms or large houses
- \* Part time decorating lecturer
- \* Discount to OAP's
- \* Wallpaper hanging
- \* All aspects of decorating

1 Bobbins Way. Swardeston, Norwich. Norfolk. NR14 8DT

## Poetry Competition Result

Thank you anyone who took part and entered last quarter's competition to write a poem. Our winning entry by Becky is a lovely nostalgic piece which some of us older readers can definitely relate to!



### School Memory - Winter 1960

Our morning milk was frozen, rising up with silver caps.  
The corridors were gloomy and we couldn't use the taps.  
The schoolroom pipes were cooling as we donned gabardine coats,  
Pulled woolly hats over chilly ears, and scarved our little throats.  
I was told to grab my school bag from its peg by the door,  
Then slid my feet into ice-cold wellies in a puddle on the floor.  
Somehow it felt like home time – I didn't have long to wait  
There was Daddy and sisters too standing by the gate.  
The windscreen wipers made a hole in the freezing sleet and fog,  
While we snuggled on the back seat under a tartan rug.  
A roaring fire welcomed us - candles twinkled around the room.  
Today it felt like Christmas, our house like a magical home.  
Soup was cooked over the open flames and a Tilly lamp was lit,  
Did we mind the power cuts? No, not one little bit!



# Griffin

## Driving Tuition

We offer excellent driving tuition,  
in a friendly, professional and  
relaxed atmosphere.

**Very High Pass Rate.**

**Competitive Prices.**

Colin Brown DSA ADI your local  
driving instructor since 1996

**01508 578432**

Mobile 07777674346 texts only.

[griffindriving@btinternet.com](mailto:griffindriving@btinternet.com)

[www.griffin-driving-tuition.co.uk](http://www.griffin-driving-tuition.co.uk)



WHEREVER,  
WENN-EVER...

norman  
wenn  
**SKIP**  
& TIPPER HIRE

DOMESTIC – COMMERCIAL  
– AGRICULTURAL – INDUSTRIAL

MINI – MIDI – LARGE  
– EXTRA LARGE SKIPS  
WITH DOORS

**01603 881292**

[www.normanwenn-skiphire.co.uk](http://www.normanwenn-skiphire.co.uk)

Email: [norman.wenn@btconnect.com](mailto:norman.wenn@btconnect.com)

Unit 2, Frans Green Industrial Estate  
East Tuddenham, NR20 3JG

# R.B.COPPING

## FUNERAL SERVICE

Independent family Funeral Directors Since 1935

For Personal Attention with  
Dignity and Respect

Private Chapels of Rest

Memorials & floral  
tributes supplied

Pre-paid funeral  
plans available



125 The Street Poringland Norwich NR14 7RP

[www.coppingfunerals.co.uk](http://www.coppingfunerals.co.uk) Tel: 01508 494434





# Ivan Fisher

Dip. F.D



## Independent Funeral Director

As proprietor of one of the few remaining family owned and run funeral directors in Norfolk, my pledge is to offer personal attention with the highest level of care and professionalism whilst remaining competitively priced

*\* All Areas Served \* Pre-paid Plans Available \**

*\* Floral Tributes and Memorials Arranged \* Home Visits \**

**Tel: 01603 810022 (24 hours)**

Norton House, 17 Park Drive, Hethersett, Norwich, NR9 3EN.

[www.ivanfisherfunerals.co.uk](http://www.ivanfisherfunerals.co.uk)

**YOUR WILL £79**

PROPERTY PROTECTION TRUSTS FOR HOMEOWNERS INC. SEVERANCE OF TENANCY from **£99**

LASTING POWER OF ATTORNEY from **£99**



ASP Wills has Professional Indemnity Insurance (PI) which covers each will to 2.5 million

**Other services we offer**

- Asset Preservation Trusts
- Probate and Executor Services
- Funeral Plans
- Deputyship

A TRUSTED MEMBER OF THE SOCIETY OF WILL WRITERS

For Office and Home visits call

**01508 494315**

email [sales@aspwills.co.uk](mailto:sales@aspwills.co.uk)

[www.aspwills.co.uk](http://www.aspwills.co.uk)

ASP Wills Pentland, Marlbottom, Tasburgh, Norwich, NR15 1NP

# MULBARTON

## M.O.T.

### & REPAIR CENTRE



All Types of Vehicle Repair Work Undertaken, Servicing & M.O.T. Station

**T: 01508 578593**

**M: 07775 708130**

Unit 1, School Road,  
Mulbarton, Norwich, NR14 8AE

## HOMEMAINTENANCE

- Domestic appliance installation & repair
- Complete CAD bathroom and kitchen design and installation service
- Electrical installation
- Plumbing & heating

**Contact Mike**  
on **01508 578676**  
on **07889 039729**

Email: [mobylec@gmail.com](mailto:mobylec@gmail.com)  
[www.homemaintenanceservice.co.uk](http://www.homemaintenanceservice.co.uk)



## D.J. Ireland

### GROUNDWORKS & PAVING SERVICES

BRICKWEAVE DRIVES - CONCRETE  
PATIOS - ASPHALT - DRAINS:

**Fencing, Aggregate Deliveries**  
\* Mini Digger & Lorry Hire

*The Cottage,  
The Common, Mulbarton,  
Norwich, Norfolk*

Tel: 01508 578176  
Mobile: 07778 956825

[www.djireland.co.uk](http://www.djireland.co.uk)

VAT Registration No. 525 2216 77



**Specialist**  
**Building Supplies Ltd**

**Tel: 01508 535102**

Monday to Friday – 7:30am to 5:00pm  
Saturday – 8:00am to 12:00 noon

### Stockists of Quality Exterior and Interior Home Improvement Products

**Fascia Boards & Guttering • Cladding • Windows, Doors &  
Conservatories • Composite Doors • Aluminium Bi Fold Doors •  
Polycarbonate Roofing & Glazing Bars • Laminated Window Board •  
Underground & Channel Drainage • Soil & Waste Systems • Silicones  
& Sealants • Fixings & Cleaners • Composite Decking • Composite  
Fencing • Tools • Carports & Canopies •  
Roof Lanterns • and much more!**

Visit our trade counter  
for professional  
and friendly  
advice!

**Trade & DIY Welcome**

**Web:** [www.specialist-building-supplies.co.uk](http://www.specialist-building-supplies.co.uk)

**Email:** [info@specialist-building-supplies.co.uk](mailto:info@specialist-building-supplies.co.uk)



**15 Wellesley Road, Tharston Ind. Estate, Tharston, Long Stratton, NR15 2PD**

# PARISH COUNCIL REPORT

## Mulbarton Parish Council (MPC)

Mulbarton Parish Council was one of over 400 parishes that signed up to receive a Plaque commissioned by The Lord-Lieutenant of Norfolk (HM The Queen's representative in the County). The plaques commemorate community resilience which was so evident during the pandemic and were funded by private trusts so there was no cost to the public purse.

The Parish Council at their December meeting received the plaque on behalf of the village from Deputy Lord Lieutenant Dr Marian Prinsley.

This commemorative plaque for the year of the pandemic will be installed on the Common near to the trees marking the coronations of King George VI (1937) and Queen Elizabeth II (1953), the Queen Mother's 80th birthday (1980) and the Millennium of AD 2000.



The good news is that at the January Council meeting it was decided that the parish precept paid by each home for the next year would be frozen as it was last year. The Council recognises that although there have been increases in material and labour costs many parishioners are feeling the impact of the recent increases in the cost of living. This means that in real terms the precept for a band D house has fallen by just over £5 in the last five years. This has been achieved in part by the rigorous use of three quotes for work undertaken by the council and getting best value for money.

Unfortunately, the bad news is that at the start of 2022 there were a number of acts of vandalism, mainly around the Common with disabled parking signs destroyed, waste bins set on fire and play equipment damaged. Obviously the cost of the repairs will come out of the council's budget which means that there will be less money to spend in the village.

MPC has continued to work on maintaining and improving the facilities in the village. The characteristic finger posts on the common are being repaired and renovated and the path on the south side of the common will be resurfaced as soon as the weather permits. Councillors have also been working with SNC in a bid to get the Norfolk Wildlife Trust to fund the clearing of two ponds on the Common under their "Claylands" scheme.

***Continued on p. 13 >>***



*"The time leading up to the funeral was made bearable knowing that you were at the end of the telephone."*

– from a family we have cared for at Rosedale



## Rosedale FUNERAL HOME

We are a family business and promise to provide exceptional care and a truly personal 24 hour service, when you need it most.

Middleton St, Wymondham **01953 601103**  
[www.rosedalefuneralhome.co.uk](http://www.rosedalefuneralhome.co.uk)



## AMPLE CLEAN CHIMNEY SWEEP

*Open fires, Wood burners,  
Birdguards, Cows fitted etc.  
Certificates Issued.*

**Telephone**  
**01603 666964**



## NORFOLK MAINTENANCE

Providing a professional and friendly  
maintenance / handyman service

across Norfolk

Fully insured

Email: [norfolkmaintenance@hotmail.com](mailto:norfolkmaintenance@hotmail.com)

Telephone: 07883 739327

Website: [www.norfolkmaintenance.co.uk](http://www.norfolkmaintenance.co.uk)



[www.facebook.com/NorfolkMaintenanceUK](http://www.facebook.com/NorfolkMaintenanceUK)



## SIMONS LANDSCAPING LTD

- Soil Moving
- Clearing
- Tree Felling
- Turf & Seed
- Sleepers / Poles
- Brick Walls
- Tennis Courts
- Brick Weave
- Paving
- Steps / Walls
- Ponds & Lakes
- Water Features
- Decking
- Fencing / Gates
- Pergolas / Arches
- Planting
- Drives / Paths
- Car Parks / Patios
- Tar / Stone
- Asphalt



**FREE ESTIMATE AND ON-SITE ADVICE**  
Fully Trained and Insured Workforce

**ONE CALL DOES ALL**

**01508 470674**

[www.simonslandscaping.co.uk](http://www.simonslandscaping.co.uk)

The Old Queens Head, Lower Tharston, Tharston, Norwich NR15 2AF

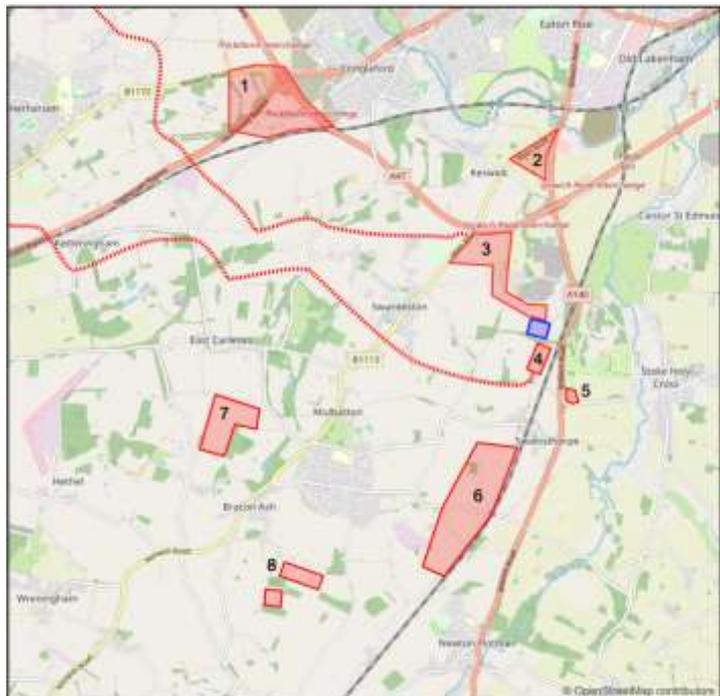


The play equipment in the village, on the Common, and at the Meadows is regularly monitored, and the Meadows equipment is due to be refurbished in the spring and a more robust rubber based surface installed around the equipment. Work has also now been completed on the refurbishment of the Jubilee Gardens.

The Parish Council organises litter picks at regular intervals in the village and is pleased to see that a number of other organisations and individuals are also out with litter pickers and bin bags keeping the village tidy.

Further afield, MPC continues to send in comments to national and local authorities about offshore wind farms, the need for effective grid connections, and the reduction of local onshore impacts. For villages like Mulbarton this means addressing the long-term disturbance from construction and the permanent harm to the landscape that large electrical sub-stations and transmission networks and battery farms would cause. An updated summary can be found on the Parish Council website under planning matters ([www.mulbartonpc.org.uk](http://www.mulbartonpc.org.uk)).

**Key:** Blue square is the National Grid substation, 1 Thickthorn Junction, 2 Harford Bridge industrial estate, 3 Hornsea Three substation, battery storage, and cable trench, 4 Dudgeon and Sheringham Shoal Extensions substation, and cable trench, 5 Stoke Lane battery storage, 6 Bloy's Grove solar farm, 7 Bracon Ash solar farm, 8 Mergate solar farm.



You can contact the Parish Council on 01508 578134 (leaving an answerphone message) or at [mulbartonparish@btconnect.com](mailto:mulbartonparish@btconnect.com)

Villagers are welcome at Council meetings, normally held on 1st Monday of the month at 7.30pm (unless a Bank Holiday) - info on Council Notice Boards.



Carl Bradley  
LSDE PCertLAM

Mobile: 07810 263938

Telephone: 01508 578649

carlbradleyckb@gmail.com

LAMDA Qualified for Group or Individual Tuition, including a group class at Spooner Row Village Hall on Thursdays 4.00– 5.00 pm

## **TOM'S**

### DRIVING SCHOOL AUTOMATIC DRIVING LESSONS

Offering professional driving tuition in Mulbarton and surrounding areas

- Client-centred based lessons
  - Competitive prices
- Convenient and flexible times to suit you
  - Refresher courses available
- Friendly and fully qualified Approved Driving Instructor

**Tom Brown ADI**

07742 249085

tomsdrivingschool@instructor.net

www.tomsdrivingschool.co.uk

## **FOOT TREATMENT**

As you get older, does it seem as though your arms are getting shorter and your feet are getting further away?

Why not let me visit you and take care of them!

**Nail cutting**  
**Thick nail reduction**  
**Corns**  
**Callus reduction**

*Treatments conclude with a foot massage using quality creams*

*£23 per 30 minute appointment*

*Just £36 per appointment when two clients treated together*

**Graham Knights MCFHP MAFHP**

Foot Health Practitioner

Tel 01508 826374

Mulbarton Based

## DISTRICT COUNCILLORS' REPORT OCTOBER 2021

The Main element of The Greater Norwich Development Plan is to be considered as from 1st February with evidence taking. The Village Cluster element of the plan, which includes a proposal for Mulbarton off Bluebell Road, is expected to be available for consultation about June/July time.

The Development Management Committee has reverted to a nine member format. There are still restrictions on access by other members of The Council and the General Public.

Further evidence is awaited regarding the Accommodation Review before any recommendation is made.

Agreement has been reached in principle with developers and the Doctors for the construction of a new Medical Hub at Hethersett. South Norfolk Council is proposing to fund the development of such a facility for £4 million to serve Hethersett, Cringleford and Mulbarton. The existing surgeries might be retained as branch surgeries.

There is concern about the progressive industrialisation of the area. In addition to the proposal for electricity substations at Swardeston, applications have been received for Solar Farms at Bloys Grove and Marsh Lane and battery banks at Swardeston and Dunston (*see map on page 13*). Approval has been given for a Solar Farm at Cranes Road in Bracon Ash. The Technology for the Battery Banks is unproven. All these proposals are outside the provisions for industrial development in the GNLP and more may come forward. A balance must be struck between the need for renewable energy and the preservation of the rural nature of the area.

A joint email address has been set up with Broadland Council. However the original email address still works for those who wish to contact The District Councillors.

Our District Councillors are

Nigel Legg [nlegg@s-norfolk.gov.uk](mailto:nlegg@s-norfolk.gov.uk)

and Vivienne Clifford-Jackson:

[vivienne.clifford.jackson@gmail.com](mailto:vivienne.clifford.jackson@gmail.com) 077172962020 or 01508 571346

NOTE: details of all District Councillors are available at <https://www.south-norfolk.gov.uk/about-us/councillors-and-committees/your-councillors>

*Nigel Legg*

# HYDES

KITCHENS & FURNITURE

Visit our showroom Family Run Business Est. 21 years

Kitchen designers  
& installers

Kitchen makeovers

Replacement  
worktops & doors

Modern & Traditional  
kitchens

BEFORE

AFTER



Fitted furniture for any  
room in your home

French polishing &  
furniture restoration

We cater for all budgets

01508 481888

Unit 6, Ashwellthorpe Industrial Estate, Norwich Road, Norwich NR16 1ER  
[www.hydesfurniture.com](http://www.hydesfurniture.com) Email: [hydefurniture@tiscali.co.uk](mailto:hydefurniture@tiscali.co.uk)

## LOCAL COUNTY COUNCILLOR'S UPDATE

Daniel Elmer – Local County Councillor

Happy new year everyone. The County Council's work continues to be dominated by its major infrastructure projects, in particular the Norwich Western Link, a new road that will link the Broadland North Way (NDR), with the A47, and reduce congestion in Norwich for those visiting the City.

Locally, plans have also been announced for the Wymondham recycling centre which will be closed, and replaced with a new site next to an existing highways depot just off the A11 near Spooner Row. This new facility will be larger and allow for improved access for residents. This is still at an early stage, and we wouldn't expect to see the new facilities open for two years.

Norfolk Fire and Rescue Service is also encouraging everyone to 'register their appliance', so they can be notified by the manufacturer about faults or product recalls which may mean appliances in the home are potentially unsafe. Appliances can be registered at [www.registermyappliance.org.uk](http://www.registermyappliance.org.uk)

As always, if you have any issues at all, please don't hesitate to contact me at [daniel.elmer@norfolk.gov.uk](mailto:daniel.elmer@norfolk.gov.uk)



*Daniel Elmer*

## Village Information, especially for newcomers!

Hello to all reading this Spring Edition of our Mulbarton Parish News and well done to all involved with its production.

As always a special welcome for newcomers to our delightful village – this magazine is a great source of information (especially if you aren't a computer user) so, do keep it handy! It also features as a downloadable PDF on the Home page of my Village Website [www.mulbarton.info](http://www.mulbarton.info) where there's a link to the Village Google Calendar which hopefully will include more local activities now things are beginning to happen again. Please let me know about events you'd like included.

I send regular info-mails to almost 200 local contacts, (sent Bcc so personal details are not shared with any other recipients). Names can be added (or removed) on request - in writing please to comply with GDPR.

If you are new to Mulbarton, or have a new neighbour, do let me know so I can pop a useful village map and welcome note in the door!

Many thanks for the kind words and encouragement I receive!

*Marina* 01508 578186 / [marina@mulbarton.info](mailto:marina@mulbarton.info)

# Contact Care



## Personal Lifeline Alarms

A Contact Care lifeline provides you with help and reassurance at the touch of a button

24/7 monitoring 365 days a year



Just £3.70 a week with an installation fee of £40

Installed throughout East Anglia

**0800 917 4680**



## FASTCATS CAT SITTING SERVICE

*PEACE OF MIND WHILST YOU'RE AWAY*

IF YOU ARE GOING AWAY FOR A FEW DAYS AND DON'T WANT TO PUT YOUR CAT INTO KENNELS THEN FASTCATS CAN PROVIDE A QUICK VISITING CAT SERVICE TO YOUR HOME. WE CAN FEED AND CHECK ON YOUR CATS, CHANGE CAT LITTER AND EVEN FIND TIME FOR A QUICK FUSS. WE OFFER AN AM OR PM VISIT DAILY OR BOTH IF REQUIRED.



CONTACT US-  
FASTCATSNORFOLK@GMAIL.COM  
07444 143 657

WE COVER A 10 MILE RADIUS OF MULBARTON

# Cleaners **R** Us

Affordable · Professional · Reliable

Don't spend all weekend to get a pristine, clean home...

*Let us do it for you!*

**Trusted in local homes since 2003**

Same reliable, police checked, vetted and insured cleaner on a regular basis

*Affordable Rates*

**01508 490808**

**[norwich@cleanersrus.co.uk](mailto:norwich@cleanersrus.co.uk)**

**[www.cleanersrus.co.uk/domestic-home-cleaning-norwich/](http://www.cleanersrus.co.uk/domestic-home-cleaning-norwich/)**

# Mulbarton Primary School



We had a very successful Christmas Market back in December. This was a new venture for the school and was enjoyed by all whilst raising approx £2500 towards the refurbishment of the school pond. Thank you for all those who supported us.

This term has seen a large increase in COVID numbers across the school but we are managing to carry on by providing remote learning for those at home and with staff taking on extra responsibilities. We hope we will be able to still hold our yearly summer fayre and welcome you to that during the summer term.

I am pleased to announce that the year 3 and year 4 football teams won their respective leagues with Norwich School Partnership.



We are all looking forward to enjoying the spring and summer terms with a number of events planned to support the children's learning including a drumming workshop and a field trip to How Hill.

*Bev Theobald* – Head Teacher



**TAYLOR**  
INVESTIGATIONS

**ARE YOU LOOKING FOR SOMEONE?**

**We trace people for a variety of reasons;**

- Long lost family, friends or loved ones
- Beneficiary tracing
- Missing Persons
- Debtor tracing

Our extensive resources, being nationally and internationally, mean that we are in the best position to finding the person you are searching for and we are not restricted by borders.

**WE ALSO DO FAMILY TREES**

**CONTACT US**

- ☎ 01603 904031
- ✉ enquiries@taylorinvestigations.co.uk
- 📍 Office 4, Unit 4B  
Wymondham Business Centre  
Eleven Mile Lane, Wymondham  
NR18 9JL



**DOMESTICAL  
APPLIANCE  
REPAIRS**

- WASHING MACHINES
- FRIDGE / FREEZERS
- DISHWASHERS
- TUMBLE DRYERS
- COOKERS / DYSONS

**ELECTRICAL  
AND PLUMBING  
LIGHTS TO SOCKETS  
TAPS TO TOILETS**

**FREE CALL OUT**

**01508 481919 / 07856 966566**

[www.domestical.co.uk](http://www.domestical.co.uk)

Alan Miller, Acorns, Church Road,  
Wreningham, Norwich. NR16 1BA



**Trusted Locks**  
*Local Locksmith*

Your Local Independent Mobile Locksmith covering Wymondham & surrounding areas

**Competitive Prices - No VAT**

**SERVICES**

- **Lockouts**  
Keys stolen, lost, keys snapped in lock or faulty or damaged locks or handles, we can help you out.
- **Door and Window Handle Replacement**  
Door, Windows Locks and Handles repaired or replaced, Police and Insurance approved to British Standard.
- **Lock Repair or Upgrade**  
Most types of Door and Window Locks and Handles repaired or replaced to 5 Lever British Standard.

**Call Ray on: 01953 528658 / 07551 648658**

## Humbleyard Practice - Mulbarton Social Prescribing

Everybody needs a bit of extra support from time to time and the Help Hub makes sure people get that help as soon as possible if they begin to experience difficulties:  
\* Abuse/exploitation; \* Benefit advice; \* Carer's support; \* Dementia/memory loss;  
\* Employment/learning; \* Debt/budgeting; \* Health; \* Home adaptation/assistive technology; \* Housing

**The Help Hub** is a partnership between organisations that support clients. It can offer practical support, advice and guidance to get you back on track:

\* local Leisure opportunities; \* low-level Legal advice; \* long-term condition management/support; \* Social Isolation; \* Substance abuse;  
\* Parenting/Childcare support; \* Transport; \* Well-being



SOCIAL PRESCRIBING APPOINTMENTS Wednesdays, 12 noon – 4 pm. One-hour appointments with Community Connector Lucy (right) can be booked via reception.

Tel: 01603 977477 or E-mail: [lucy.baldwin@southnorfolkandbroadland.gov.uk](mailto:lucy.baldwin@southnorfolkandbroadland.gov.uk)

[Anyone *not* registered with our surgery can still contact the Help Hub via the direct line, 01508 533933 ]

*Note from Ed: Check overleaf, top of p.22, for a new local Well-being opportunity.*

**MOBILE LIBRARY** comes on THURSDAYS – 10th March; 7th April; 5th May and 2nd June  
We are Route **CEN 416** Mulbarton—and there is a stop near YOU!

[Timetable printed in last issue and available on Village Info website]



Further information at <https://www.norfolk.gov.uk/libraries-local-history-and-archives/libraries/your-local-library/mobile-libraries> or phone 01603 222303



### Mulbarton Community Speedwatch Group

If you would like to be involved, please send an email to [mulbartonparish@btconnect.com](mailto:mulbartonparish@btconnect.com), with Community Speedwatch as the subject, and your email will be forwarded. (Contact details will be deleted from the Mulbarton Parish Council address once your email has been forwarded)

## Wellbeing group Zoom sessions

Would you be interested in joining a Wellbeing group?

The idea is to meet twice per month via Zoom, for the time being, where we can increase our wellbeing by connecting with others, participating in activities that help us feel better and learning about other community groups and resources. Please let me know if you are interested and I will send you the link.

Meetings began on February 3rd, but anyone can join in any time. They will take place on the 1st and 3rd Thursday of each month from 1pm to 2.30 pm.

For further details you can contact me on 07818587410 or email [ana.lloyd-williams@norfolk.gov.uk](mailto:ana.lloyd-williams@norfolk.gov.uk)



**Norfolk**  
County Council

*[Norfolk Social Services Dept]*

**Free delivery every Tuesday and Friday**

**Free delivery every Tuesday and Friday**

**INTWOOD FARM**  
PREMIUM NORFOLK MEAT

Supplying home reared beef, pork and lamb direct from our family farm at Intwood  
Rare breeds and artisan sausages, joints, steaks, bbq packs sauces and condiments

Special orders welcome

[www.intwoodfarm.co.uk](http://www.intwoodfarm.co.uk)  
[sales@intwoodfarm.co.uk](mailto:sales@intwoodfarm.co.uk)  
Or call 01603 987037

## VILLAGE DIRECTORY

Village information, google calendar, downloadable map, link to monthly 'infomail' and to digital version of this Parish News: [www.mulbarton.info](http://www.mulbarton.info)

Parish Council: [www.mulbartonpc.org.uk](http://www.mulbartonpc.org.uk)—downloadable **WELCOME** booklet for newcomers here, or collect a copy from the **Parish Council Office** which is to right of the Village Hall main entrance, where the opening times are displayed on a notice on the door.

Mulbarton group of churches: <http://mulbchurch.org.uk>

Mulbarton Primary School: <https://mulbartonprimary.norfolk.sch.uk/>

Mulbarton surgery: <https://www.humbleyard.nhs.uk/>

Mulbarton history: [www.mulbartonhistory.org.uk](http://www.mulbartonhistory.org.uk) (with links to history of Bracon Ash & Hethel, and Flordon)



**Red Cross loan equipment** (walking frames, commodes, wheelchairs, etc) available via Dr Andrew Fairclough, Mill House, Norwich Road, Mulbarton on B1113 opposite village sign (entry at side). Tel: 570377

Our **Community Connector** is Lucy Baldwin (see page 21)

**Rich's Trust** (a local charity) can make small grants to residents to meet specific needs. You can contact the Almoner in total confidence: Pauline Campion (570335) [pauline.campion@btinternet.com](mailto:pauline.campion@btinternet.com)

### Available for hire:

**Mulbarton Village Hall:** 4 rooms + licensed bar, for regular or occasional hire. Contact: Louise Gaskin via [mulbartonvillagehall@gmail.com](mailto:mulbartonvillagehall@gmail.com) or phone 01508 578454

**Harvest House** (right): Room & fully equipped kitchen & garden; Wi-fi & fine views of Common available at very reasonable rates. Contact [hh@mulbchurch.org.uk](mailto:hh@mulbchurch.org.uk)

**Mulbarton Scout & Guide HQ:** Contact Malcolm Court on 570461 or [mulbartonhqbookings@gmail.com](mailto:mulbartonhqbookings@gmail.com) for further details.



**Bracon Ash & Hethel Village Hall & Social Club:** equipped with free superfast broadband & Wifi. For all bookings and enquiries get in touch with [contact@bavh.co.uk](mailto:contact@bavh.co.uk) Details & events at [www.bavh.co.uk](http://www.bavh.co.uk) (& see p.26)

# Mulbarton Diary Pages

**CHECK THE VILLAGE CALENDAR** at [www.mulbarton.info](http://www.mulbarton.info)

Please note that things are still in a process of change and uncertainty so please check before attending the events listed



**Wednesdays through Lent, 2nd March to 13th April—"40 Prayers"**

Lent course, 7:30pm at Harvest House

**Thursday 3<sup>rd</sup> March—BOOK CLUB**

Book & contact details page 33 to check

out venue.

**Friday 11<sup>th</sup> March, QUIZ NIGHT** in Hanover Gardens Lounge, 7pm.

Teams of 6-8. Don't worry if you haven't a team, we can make one when you come. £2pp. Bring your own drink (page 26)

Also **Friday 11<sup>th</sup> March**—live music at Mulbarton Sports & Social Club from 8.30pm with THE RUM DOGS



**Monday 21<sup>st</sup> March** 'INCREDIBLE INDIA', illustrated talk at W.I., 7.30pm in Mulbarton Village Hall (see page 29)

**Friday 25<sup>th</sup> March**—KARAOKE at Mulbarton Sports & Social Club

Check out events in future months at <https://www.facebook.com/mulbssc/>

**Friday 1<sup>st</sup> April** Lions' **PLOUGHMAN'S QUIZ** at 7.30pm at Mulbarton Village Hall. Come as a team or come and join one! (page 31)



**Thursday 7<sup>th</sup> April**—BOOK CLUB: see page 33

**April continued opposite....**

## April dates continued:

**Friday 8<sup>th</sup> April, Easter Bingo** in Hanover Gardens Lounge. Eyes down 7pm (page 26)

**Monday 11<sup>th</sup> April** (a week earlier than usual) **BONNETS & BUNS** with Mulbarton W.I., 7.30pm in the Village Hall (see page 29)



**15<sup>th</sup>—17<sup>th</sup> April: EASTER** at Mulbarton Church—see page 4

### **Wednesday 20<sup>th</sup> April,**

Flordon Film Evening in the Community Centre/Church off Long Lane, Flordon, showing **THE LAST BUS** with Timothy Spall & Phyllis Logan. Doors open 7pm; film starts 7.45; wine and soft drinks available (details page 31).



**Monday 16<sup>th</sup> May** Mulbarton WI is hosting a **Village Barn Dance**, everyone welcome, from 7.30pm in the Village Hall. Ticket details in due course (see page 29)

**Thursday 19<sup>th</sup> May**—BOOK CLUB, see page 33

**Saturday 21<sup>st</sup> May** from 2pm at the Scout HQ—**1st Mulbarton Scout Group's 40th Anniversary Tea** for ANY past members, leaders & helpers with ANY of the Group (see pages 40-41). PLEASE LET OTHERS KNOW.



**Hanover Gardens** in Cuckoofield Lane (next to Co-op) hosts a number of events in their Lounge that are OPEN TO ANY aged, say, 50+

**Knit and Natter** is every **Monday**, 2pm-4pm in the lounge. Tea / coffee and biscuits £1.



**Chat Cafe** is held on the First Friday of each month from 10am with different activities as well as refreshments and the chance to chat.

**SPECIAL EVENTS:**

**Quiz night Friday 11<sup>th</sup> March**, 7pm. Teams of 6-8. Don't worry if you haven't a team, we can make one when you come. £2pp. Bring your own drink .

**Easter Bingo Friday 8<sup>th</sup> April**, eyes down 7pm

Any queries ring Sandra on 01508 813754

[N.B. Please note, parking at Hanover is for Residents and their guests only]

**Mulbarton Mardlers**

An afternoon of tea and chat and an opportunity to meet others

**Mulbarton Social Club Tuesday 2 - 4pm on  
15th March, 19th April and 17th May  
You are most welcome to join us!**



(Voluntary contribution of £2)

For more information give us a ring: Sue Mellows 578034  
Sue Parker 218692 or Tracey Salisbury 578068.

At nearby **Bracon Ash & Hethel Village Hall** (beside B1113):

Why not come along on Wednesday evenings from 7pm and meet some of your neighbours or to Bingo on alternate Sundays from 6-11pm?

Since the lifting of restrictions last year, the hall has hosted many successful and varied community and private events, Teapot Tuesdays monthly, Wednesday Family and Pub Nights with Kebab Van, Yoga, Gym Sessions, Mobile Library, Parish and Public Meetings, Remembrance Day, Bingo, and a Christmas Carols evening.

*Steve Horton* (Chairman)

# Swardeston Day Centre



Hilltops, Main Road, Swardeston, NR14 8DU

🌐 [www.swardestondaycentre.org](http://www.swardestondaycentre.org)

✉ [Info@swardestondaycentre.org](mailto:Info@swardestondaycentre.org)

☎ 01508 578826



*We provide quality day care for older people in and around Mulbarton and surrounding villages every Monday and Wednesday 10 a.m. - 3 p.m. including a home cooked meal and a variety of activities & entertainment Please do pop in and come and see what we do (by appointment only please)*

You can donate to us totally free when shopping online at:



<https://www.easyfundraising.org.uk/causes/swardestondaycentre/>



You shop. Amazon gives.

<https://smile.amazon.co.uk/> and select **edithcavelldaycentre**



**HUMBLEYARD**  
ENGLISH WINE



**HUMBLEYARD**  
ENGLISH WINE

## Paddock Farm Shop and Humbleyard Vineyard

Come to the Farm Shop for our full range of fresh Fruit and Vegetables, Sacks of Potatoes 10 and 20kg, Free Range Eggs, Jams, Chutneys, Ice Creams and more.

Our own White and Rosé sparkling wines and a choice of 14 different Red, White and Rosé still wines, made entirely from the nine grape varieties grown in our Mulbarton Humbleyard Vineyard. Tours and tastings in the Summer.

Fresh Fish Van every Thursday morning and Butchers Shop open Thurs, Fri, Sat.  
Ample Parking. PYO plums in season. Open daily Monday – Saturday 9-5

Signed on B1113 Paddock Farm Shop, Mulbarton, NR14 8JT

**Tel 01508 578892    [www.humbleyardenglishwine.co.uk](http://www.humbleyardenglishwine.co.uk)**



▶ Rats ▶ Mice ▶ Moles ▶ Wasps ▶ Fleas ▶ Flies ▶ Rabbits  
And many more.....

Premier Pest Solutions are a local family run business situated in the village of Mulbarton, Norfolk.  
We offer a wide range of pest control solutions to both domestic and commercial properties throughout the Norfolk area.

We pride ourselves on being professional, reliable, affordable and effective.

**Contact Daniel now for a free, no obligation consultation on:**

**07449819447**

Or find us on Facebook at [www.facebook.com/PremierPestSolutionsUK](http://www.facebook.com/PremierPestSolutionsUK)



  
**Garden Landscape Services Ltd**  
The **complete** landscaping service!

---

- Fencing • Mowing • Patios / Paving • Clearances • Planting
- Turfing / Seeding • Grounds maintenance • Pathways • Decking
- Hedge cutting • Tree work • Groundwork • Garden Design

---

*We are fully insured with 30+ years experience. Contact us for free quotations & advice...*

**(01508) 807567      07749 130872**  
**enquiries@glsonline.co.uk**  
**f / GardenLandscapeServicesLtd**  
**www.GLSOnline.co.uk**

## LOCAL ORGANISATIONS, CLUBS & SOCIETIES

### MULBARTON WOMEN'S INSTITUTE

Our first opportunity to wish a Happy New Year to one and all from the ladies of Mulbarton Women's Institute.

Firstly, a big 'thank you' to all who purchased tickets for our raffle at the Mulbarton Christmas Fayre. The money raised will be going to the Priscilla Bacon Lodge for the new Hospice and Respite Centre being built next to the N& N Hospital.

Now, some changes to note. Our proposed talk on **Monday March 21st** has had to be changed, due to the ill health of the speaker. We will now have a talk with slides on "Incredible India" given by a Fairtrade ambassador, Frances Middleton, an excellent speaker who has visited us before.

Our meeting in April has had to come forward a week because of Easter. We will get together on **Monday 11th April** and celebrate with Bonnets and Buns! A touch of glam, hot and cross... Then May brings something very special for EVERYONE: on **Monday 16th May** we will be hosting a **Barn Dance** when all will be welcome to come let their hair down and have fun.

Music, a professional instructor and caller, and food after the dancing. Reasonable cost—watch for details of prices & tickets nearer the day.

Meanwhile, please keep the date free: male and female, all ages—a warm welcome.

All meetings begin at 7.30pm in the main room of the Village Hall. All ladies over 18yrs are most welcome; we offer 2 freebie trial meetings (excluding the Barn Dance!) whilst you decide whether or not it is for you. It is a relaxed, friendly group. No 'Jerusalem', and jam only when we have the scones out! Suggestions and ideas are most welcome. We are observing govt guidelines during this current crisis. For further information please contact the Secretary,



### Mulbarton Short Mat Bowls Club

We continue to meet every Wednesday evening at 19.30 in Mulbarton Village Hall. These are friendly and welcoming evenings for anyone to join—any ability, any age.

We offer two weeks free, so that people can see if they would like to become members, and thereafter it is £2 per evening.



We have sets of bowls for people who would like to try the game, so all you need to do is wear flat shoes—and COME and give it a go!!

For more information, contact Marga (Chair) 01508 219029 or Jayne (Secretary) 01508 578549

We look forward to welcoming you!

**Only £895 for  
a fully fitted  
electric door.**

**Gotta get a Garolla.**

Garolla garage doors are strong and solidly built. They're made to measure in our own UK factories. The electric Garolla door rolls up vertically taking up only 8 inches inside your garage. Our expert installers will fit your new door and take away the old one so there's no mess.

Give us a call today and we'll come and measure up completely Free.

**GAROLLA**  
**ROLLER  
SHUTTER  
DOORS**   
**GOTTA GET A GAROLLA**

NOW ONLY  
**£895** WAS £1354  
INC VAT

WHITE INCLUDED WITH EVERY DOOR

FREE EXPERT MEASURING & FITTING  
TWO REMOTE CONTROLS  
ACOUSTIC & THERMAL INSULATION  
AVAILABLE IN 21 COLOURS  
FREE DISPOSAL OF YOUR OLD DOOR

Offer valid for openings up to  
2.6m wide & inc 2 remote  
controls, 55mm white slats,  
internal manual override.

CALL US TODAY **FREE**  
ON **01508 320 024**

MOBILE  
**07537 149 128**

[www.garolla.co.uk](http://www.garolla.co.uk)

## TIME SHARE SWIMMING AT MANGREEN

For you, your family and friends, **Water Temp 30-31c**  
Enjoy the privacy and warmth of the water of our pool.



For more information call **01508 570444**

E-mail [swimming@mangreen.co.uk](mailto:swimming@mangreen.co.uk) or [events@mangreen.co.uk](mailto:events@mangreen.co.uk)

We have accommodation at Mangreen if you have any guests you need to accommodate give us a call from £70 bed and breakfast.

## Hethersett 'District' Lions Club

(CIO) – Your local Lions group: Charity No: 1179036

If it's not too late we would like to wish everyone a Happy New Year and let's hope that 2022 will see us all getting used to a new kind of normality, whatever that may turn out to be.



We will be holding our annual 'Ploughman's Quiz' again this year all being well on **Friday 1st April** at 7.30pm at Mulbarton Village Hall, for more details our posters will be displayed around the village nearer the time. This year all proceeds from the quiz will be going to a Breast Cancer charity.

Car parking for NCFC home matches is going well at Lower Clarence Road, Norwich. The car park opens three hours before kick-off and costs £5 but it fills up very quickly.

Should you wish to know more about what Lions get up to feel free to come along to any of our meetings on the **second Monday** of the month at **Mulbarton** Village Hall Committee Room or the **last Wednesday** of the month at **Bracon Ash** Village Hall – both meetings at 8pm. *Club Secretary John Hewitt 01508 570392 or visit [www.e-clubhouse.org/sites/hethersettuk/](http://www.e-clubhouse.org/sites/hethersettuk/)*

**FLORDON FILM CLUB** meets in Flordon Community Centre/Church off Long Lane. Doors open 7pm, wine and soft drinks available, film shown from 7.45pm. Membership £5 a year; tickets £5 on the door, but **BOOK AHEAD** with David Tel: **01508 470118**; Email: **david020747@hotmail.co.uk**  
Next show **WEDNESDAY 20<sup>th</sup> APRIL** with the film **THE LAST BUS** with Timothy Spall & Phyllis Logan: '80-something Tom, whose wife has just passed away, uses his free bus pass to travel from John O'Groats to Lands End where they first met, using only local buses. It's a nostalgic trip, but he's also carrying his wife's ashes in a small suitcase, 'taking her back....' Watch the trailer at <https://www.youtube.com/watch?v=43037dKDMuQ>

## Mulbarton Community Choir

Mulbarton Community Choir is currently running socially distanced rehearsals from 7.30 to 9pm on Thursdays in term time in the upper school hall at Mulbarton Primary School. All are welcome – you don't have to have any previous experience. You can come along to a rehearsal or email [enquiries.mulbarton.choir@outlook.com](mailto:enquiries.mulbarton.choir@outlook.com) or contact us on Facebook.



*Lin Goram – Choir Director*



## **Join MALGA. It's fun, sociable, interesting & educational**

The quiz night held in early November was well attended and was a great success. The AGM a couple of weeks after that was also a very enjoyable event, with excellent food from Jan's Country Kitchen and a most interesting, informative and thought-provoking after-dinner talk by Stuart

Mayhew of Old Hall Farm on regenerative cattle farming.

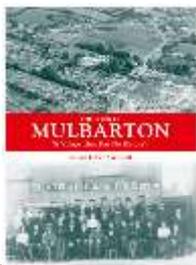
MALGA has appointed a committee member with special responsibilities for the environment and a small working group has been set up to lead our response to environmental matters.

Forthcoming activities in Spring include: a distillery tour in March; a barbecue in April; MALGA's third "Mulbarton Gardeners' Question Time" in May (which will be open to all); and a visit to RHS Hyde Hall towards the end of May. Further activities are planned for the rest of the year. Members will be informed by email of any future events but in the meantime, follow us on Facebook where you can find full details of our planned events.

To join MALGA (membership £4 per year), please contact our Chair, Chris Samson, on [cjmsamson@yahoo.co.uk](mailto:cjmsamson@yahoo.co.uk) or 07837 969 715; or contact our Secretary, Geoff, at [geoffandvirginia@tiscali.co.uk](mailto:geoffandvirginia@tiscali.co.uk) or download the form from our Facebook page.

Note, too, that on presentation of your membership card, you will receive a 10% discount on plants at the Wymondham Garden Centre, Myhills in Wymondham and at the Foundry Plant Centre in Tasburgh.

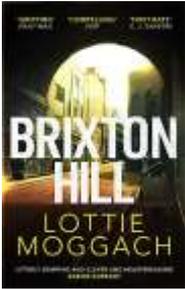
Explore your local history at [www.mulbartonhistory.org.uk](http://www.mulbartonhistory.org.uk)  
[www.bracon-ash-and-hethel-history.webnode.com](http://www.bracon-ash-and-hethel-history.webnode.com)  
[www.flordonhistory.webnode.com](http://www.flordonhistory.webnode.com)



**Only a small number of copies left....**

**The Book of Mulbarton** (a large-format hard-back, Halsgrove, £19.99) is still available at Paddock Farm Shop or from the author, Jill Wright (editor of this magazine—contact details page 5) – BUT there are now *only 20* copies available and when they have gone it will be out of print....

The **BOOK CLUB** is continuing to enjoy 'good reading'. Here are the books we are going to be discussing in the next few months. For time and place of each meeting, or if you would like to know more please contact Pat on 01508 570016 or via [patriciabrooks569@gmail.com](mailto:patriciabrooks569@gmail.com)

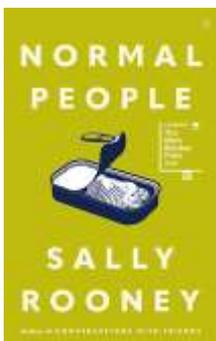
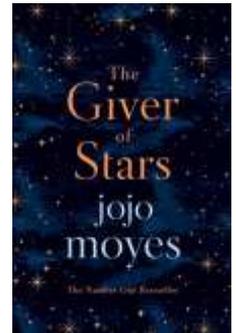


**Thursday 3<sup>rd</sup> March**  
**Brixton Hill by Lottie Moggach**

Brixton Hill is a teasing study of desperate lives delivered in a series of charged encounters on the streets of south London. Nail-biting in its execution, award-winning author Lottie Moggach ratchets up the tension, taking us behind the prison walls and into a world in which no one is quite who they seem.

**Thursday 7<sup>th</sup> April**  
**The Giver of Stars by Jojo Moyes**

The Greatest Love Story is the one you least expect. Alice Wright doesn't love her new American husband, nor her domineering father-in-law or the judgmental townsfolk of Baileyville, Kentucky. Stifled and misunderstood, she yearns for escape and finds it in defiant Margery O'Hare and the sisterhood bringing books to the isolated and vulnerable. But when her father-in-law and the town turn against them, Alice fears the freedom, friendship and the new love she's found will be lost . . .



**Thursday 19<sup>th</sup> May**  
**Normal People by Sally Rooney**

Connell and Marianne are schoolmates who pretend not to know each other. He's popular and well-adjusted, star of the school football team, while she is lonely, proud, and intensely private. But when Connell comes to pick his mother up from her job at Marianne's house, a strange and indelible connection grows between the two teenagers—one they are determined to conceal.

BASED IN MULBARTON

***BEN'S GARDENING SERVICES***

GARDEN DESIGN AND LANDSCAPING

GENERAL GARDEN CARE AND

MAINTENANCE

FOR A FRIENDLY SERVICE AND A FREE

CONSULTATION AND ESTIMATE

**CALL BEN ON 07973 338085**

FIND ME ON FACEBOOK AT  
BENSGARDENINGSERVICES

THE SALON  
IN THE GROUNDS  
OF THE OLD VICARGE  
SWARDESTON

We are a small salon which offers you  
Friendliness, cleanliness and  
Hairdressing of a very  
High standard  
also

*Gents' hair cutting*

Telephone: 01508 570268

Barbaras Established 1965

Brownes Lane, Opposite The Bakery,  
Swardeston

## Mark Sutton Accountant

- Self-Assessment Tax Returns
- Personal tax advice
- Accounts for Sole Traders and Partnerships
- VAT & Bookkeeping

I take pride in offering a personal, confidential & friendly service. I cover Norwich and the surrounding areas. Appointments can be made at your business, home or at my office in Drayton at a day and time to suit you, evening and weekend appointments available.

Your initial appointment is free; this time will be dedicated to discussing your accounting needs. New clients who have an established business will receive 20% off their first year's fee.

**Please call Mark for an informal chat  
on 01603 867444 or 07468246933**

## Parts of the body

Can you work out which parts of the human body these short clues are referring to?

1. Wide part of a river
2. Something to cry on
3. Fastener
4. Trendy
5. Surplus to need
6. A dog call
7. Coconut support
8. Two students
9. Imperial Measure
10. A large box

Here are some pictures which might help but they are not in any order.

Answers on Page:43



# PIPS SKIPS

Let us manage  
your waste...



Up to **135,000** tonnes of  
waste recycled every year

aiming to achieve  
**zero waste  
to landfill**



**Book a skip online**

**01603 882100** [www.pipsskips.co.uk](http://www.pipsskips.co.uk)

For info on Guides & Rangers  
please email  
[mulbartonguides@gmail.com](mailto:mulbartonguides@gmail.com)



Girlguiding



**Rainbows** have had a great term, working on the 'Be Well' theme. We have had a pyjama party, we have spoken about what makes

us different and some of the girls have completed their 'Mindfulness', 'Fruit and Veg' and 'Nature' interest badges.

We are looking forward to celebrating World Thinking Day in February by completing the 'World Centres' challenge badge.

If anyone would like to volunteer to be a leader or helper, please contact  
[mulbartonrainbows@gmail.com](mailto:mulbartonrainbows@gmail.com)  
*Joanna*

## 1st Mulbarton Brownies

Mulbarton Brownies went back on to zoom for a few weeks in January in light of the increasing COVID cases locally. We have enjoyed playing games and have been working towards our 'Feel Good Skills-builder' badge. We thought about why drinking water is good for you and made special bottles to help us to drink more. We thought about confidence and self esteem and how we can be superheroes. We also had fun thinking about Chinese New Year and learnt to draw Chinese dragons.

We have a new team of leaders to run Brownies from Easter: Helen, Gillian and Sarah have joined Rachel and look forward to planning lots of exciting activities for the girls.



Fiona Munn: [fimacnab@hotmail.com](mailto:fimacnab@hotmail.com)

Sarah Haigh: [dc.hethersettnorfolk@gmail.com](mailto:dc.hethersettnorfolk@gmail.com)



# ELECTRICIAN



A Local, Friendly, Family Run Business  
That Works On All Aspects  
Of Domestic and Commercial Electrics  
N.A.P.I.T Registered

Proudly Supporting Norfolk Fire & Rescues Electrical Fire  
Safety Campaign

Contact Ian or Caroline for all Electrical Issues on  
**0779 0273 689 or 01508 813802**

Email: [icdelectrics@hotmail.co.uk](mailto:icdelectrics@hotmail.co.uk) or  
[www.icdelectrics.co.uk](http://www.icdelectrics.co.uk)

## B K HAIR - NEWTON FLOTMAN

*HAIR*

*CND SHELLAC NAILS*

*LASH LIFTING*

*OLAPLEX*

Creative Hair Stylist and Colour  
Technician using Wella Colours.

Facebook: B K HAIR



**Call Bethany 07545623111**

**B K Hair, Barley View, Greenways, Newton Flotman,  
Norwich, NR15 1QJ**

## MULBARTON SCOUT GROUP



All of our sections continue to run engaging weekly sessions with activities based around Chinese New Year, Burns Night, emergency first aid, world food, campfire cooking and night hiking as just a few examples.

We are excited and proud to be celebrating our 40th anniversary this year. Please do read the article from Malcolm Court (next page) to find out more about what we will be doing to mark this special occasion and how you can join us.

If you wish to put your child on the waiting list for Beavers, Cubs, Scouts or Explorers or if you'd like to find out a bit more about becoming an adult volunteer then please do get in touch via our Facebook page.

Just search and follow '1st Mulbarton Scouts'.  
Alternatively you can email [mulbartonscouts@live.co.uk](mailto:mulbartonscouts@live.co.uk)  
Cathy



*Photo: Beavers' Christingle*

## SWARDESTON DAY CENTRE

They say a picture is worth 1000 words, so here are some of recent fun at the local Day Centre (details in their ad, p. 27)



< *Painting bird boxes*



< *Patting donkeys;*

^ *Making ceramics*



## Mulbarton Scout Group celebrates 40 years!

This year the Scout Group in the Village will be celebrating its 40th Anniversary, and we would like to contact past members, leaders and helpers to invite them to a celebration afternoon in May. If YOU have been involved, or know anyone who was and has now moved away, please read on and alert them to the date.



The present Group was started in April 1982 although there were previous groups in 1910 and in the 1930's. In 1975 there was a Cub pack in the village which was a satellite of the 38th Norwich Group in Cringleford, but because there was no Scout Troop in Mulbarton boys that wanted to continue into Scouts had to travel to Cringleford which inevitably resulted in most of them leaving once they reached the age at which they could join the Scout section. In 1982 the Scout Troop was formed with thirteen boys; the Cub Pack changed its name and together with the new Scout Troop formed the new 1st Mulbarton Scout Group (*photo below*). Since then the Group has grown from those few boys to the thriving group that it is today with two Beaver sections, two Cub Packs, two Scout Troops and an Explorer unit a total of over 160 young people which now includes girls as well as boys and provides exciting traditional activities as well as up to date programmes to cater for our modern lifestyle.





< Scouts & Guides gather outside the part-built HQ in 1988

All of this could not have been achieved without the help and dedication of many adult volunteers who over the years have given their time in order that the group could grow. Today as in the past we rely on people giving us their time so that the young people in Mulbarton and surrounding villages can enjoy the Scouting experience. There is never a

shortage of children and young people wanting to join but we always need the help of more adult members and helpers to ensure the Group can continue.

*The Group has always sought to give members an adventurous and international experience.* >



During this our anniversary year we will be holding some special events to celebrate our first 40 years of which one will be a day to invite past members, leaders and helpers and anyone that would like to come along to join us at the Scout Hut for an afternoon of activities with time to catch up with past friends and recall old memories over a cup of tea and some cake.

**The date for your diaries is Saturday May 21st from 2pm.**

Having been involved with the Group from the beginning, seeing many changes and meeting so many of you over the years, it will be a privilege to see you again and for you to meet the present Leaders helpers and young people that are involved in taking today's Group forward to a great future. Look out for more information of our celebrations on our 1st Mulbarton Scouts Facebook page or you can contact us on our special email [mulbartonscouts40@gmail.com](mailto:mulbartonscouts40@gmail.com) to let us know if you can join us, or just to catch up. We look forward to meeting you,

*Malcolm Court*  
President

1st Mulbarton Scout Group



< President, Malcolm Court, with a Thai Scout at an international camp. The Group formed close link with Thailand. Now they are preparing to send 6 members to the next World Jamboree in South Korea—look out for fundraising ideas.

## **KEVIN GEORGE BUILDING SERVICES**

FOR ALL YOUR HOME MAINTENANCE & IMPROVEMENTS

- |                  |                                             |
|------------------|---------------------------------------------|
| ✓ KITCHENS       | ✓ PAINTING & DECORATING INTERIOR & EXTERIOR |
| ✓ BATHROOMS      | ✓ INTERIOR & EXTERIOR ALTERATIONS           |
| ✓ EXTENSIONS     | ✓ GARDEN FENCING, GARDEN WALLS & PATIOS     |
| ✓ PLASTERING     | ✓ RENTAL PROPERTY MAINTENANCE               |
| ✓ CARPENTRY      | ✓ FREE QUOTATIONS                           |
| ✓ CERAMIC TILING | ✓ FULLY QUALIFIED & INSURED                 |

CONTACT KEVIN GEORGE

01508 571339      07535136963

[www.kevingeorgebuildingservices.co.uk](http://www.kevingeorgebuildingservices.co.uk)

## Serenity Norfolk

Celia and Paul Sheldrake

Holistic Wellbeing

- Crystal Healing and Acupressure
- Holistic Massage
- Past Life Clearing
- ReAwakening Coaching
- Mindfulness and Relaxation
- Enlightening Workshops
- Home visits and gift vouchers available



Relaxing treatment room in Mulbarton

01508 571209    [info@serenitynorfolk.co.uk](mailto:info@serenitynorfolk.co.uk)

[serenitynorfolk.co.uk](http://serenitynorfolk.co.uk)

## READER'S RECIPE

### FAIR BUTTONS—contributed by Alice

Fair buttons were biscuits which were regularly sold at the Easter Fair in Tombland, Norwich, and I believe also in Great Yarmouth. They were either lemon or ginger flavoured, although some recipes combine both lemon and ginger. For many families, buying fair buttons was one of the special features of the Fair.

#### My recipe:

8oz (225g) Plain Flour

8oz (225g) Sugar

6oz (175g) Butter

1 Egg

Flavouring: Few drops of lemon essence OR  
generous half teaspoon of ground ginger

Set oven to 180° Centigrade (Gas Mark 4)

- Stir flour and sugar together.
- Rub in butter until it becomes like breadcrumbs.
- Add favouring.
- Beat egg lightly and work into the mixture to firm a stiff dough. Place dough on a well floured surface and then roll out thinly. Cut into rounds.
- Place on well greased baking trays and bake at Mark 4 / 180 Centigrade for 10 minutes. Cool on a wire rack.



*Alice writes 'I've had this recipe for 30+ years and the original was not in grammes! I have made it with lemon essence and it seemed to work well. There are other recipes with different ingredients: I have another which includes soft brown sugar and golden syrup as well as ground ginger and zest of lemon. The WI have also published another.'*

THANK YOU, Alice. Are there other readers with favourite and/or seasonal recipes they would like to share? Send to one of the editors—contact details on page 5.

## The Sewing Box

HIGH QUALITY CLOTHING  
ALTERATIONS & REPAIRS  
NEXT DAY COLLECTION  
ON REQUEST

BEAUTIFUL CURTAINS &  
SOFT FURNISHINGS  
HAND-MADE TO ORDER  
COMPETITIVE RATES

FOR MORE DETAILS  
PLEASE CONTACT

LAURA BATCH  
MOBILE: 07762 644150  
HOME: 01508 578436

## Rachel's Mobile Hair & Beauty



Gent cuts  
Cut & Blowdry  
Highlights & Colouring

Waxing  
Manicures & Pedicures  
Eye Brow & Lash Tinting

Professional Service in the comfort of your own home  
Affordable Prices  
Quality Products Used  
Fully Trained in a Top Norwich Salon & Beauty School

For more information or to Book an appointment

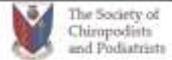
Call RACHEL on

01508 578596 or 07742115784



# footsure

Dedicated To Foot Health



4 Wharton's Court, Wymondham, NR18 0UQ

01953 425 825

info@footsureuk.com

[www.footsureuk.com](http://www.footsureuk.com)

**CHIROPODY**

**PODIATRY**

**FOOTWEAR**

### FOOT CARE

Our HCPC registered podiatrists can offer expert help with:

- Skin problems:
  - Corns, calluses, verrucae
- Nail issues:
  - Laser treatment for fungal nail infections
  - Ingrowing nails, thickened nails
- Heel pain and other foot and leg pain
- Diabetic foot care :
  - Assessment, treatment & advice
- Biomechanical assessment, orthotic prescription

### FOOTWEAR

Footsure stocks a range of quality footwear brands offering the best in fashion and comfort.

We have shoes, boots and sandals available in a range of styles and colours.

With a range of width fittings on offer and qualified staff on hand to give advice, Footsure provides an expert footwear service.



## A Specialist Will Writing Firm based in Wymondham

As a family business, we know how important looking after your loved ones can be, especially during difficult times. We can help you to protect and safe guard your loved ones by making your Will and Power of Attorney.

### We specialise in:

- Ensuring that your children are safe and looked after if the worst happened to you.
- Planning for your future generations and safe guarding family assets.
- Helping with complicated, blended family situations.

We offer a **personal, convenient and trusted service** to help guide you through the legal process, making sure everything is explained to you in an easy to understand way so that you can make an informed decision.

*In an unregulated industry, you can have the confidence in knowing that we are legally trained and qualified. Natalie has been a specialist Will Writer for nearly 10 years, with a background of working in a number of different Law Firms. We are also voluntary members of The Society of Will Writers.*

### Why Us?

*“ You were recommended to us by a friend. We'll recommend you to others too. You kept us well informed of the process, and explained everything in a very helpful way. You answered all our questions, even when asked in several different ways.*

*We really valued your explanation and advice when we were unsure of meanings and ramifications. Thank you so much! ”*

**Mr & Mrs Jones**



Natalie Chapman, Owner

**We are still seeing clients, taking all the necessary Covid precautions**

Visit our website at:

**www.trustedlaw.co.uk**

17e Back Ln, Wymondham NR18 0GB



## Oliver Capleton Electrician



Domestic  
Commercial  
Industrial

- Rewires & New Installation
- Fault Diagnostics
- Lighting
- Electric Car Charging Points
- Inspection, Testing & Certification
- Over 25 Years' Experience

01953 603828 / 07770 928505  
[olivercapleton@btinternet.com](mailto:olivercapleton@btinternet.com)

## P & J Maintenance Services

Decorating Specialists

Free Estimates

Paul  
01508 470446  
07831 546038

John  
01508 570875  
07799 214522

For all your roofing solutions



**EASTERN ROOFING**

Specialists in all types of roofing for over 20 years.

Flat Roofing • Slates and Tiling • UPVC Facia  
• Guttering • Commercial and Residential

We offer a 10 year guarantee ensuring that you will receive the very best quality of work.

For more details please call Office

**01508 826698 | Mobile 07766563513**

Email [info@easternroofing.co.uk](mailto:info@easternroofing.co.uk)

Geneig House, 7 The Ridings, Poringland NR14 7PS

**[www.easternroofing.co.uk](http://www.easternroofing.co.uk)**



THE NAME YOU  
CAN TRUST



## Financial advice from the name you can trust

Financial planning for every stage in your life. For a second opinion on your financial planning arrangements contact us today.

The initial meeting is without cost or obligation.



01603 789966



[enquiries@smith-pinching.co.uk](mailto:enquiries@smith-pinching.co.uk)

# **SUNDAY SERVICES** – March to May 2022 (EASTER on p.4)

| March                                                                                                                              |                                                                                                                            | April                                                                                                                                                                                          |                                                                                                                                                                    | May              |                                                                                                                                                               |
|------------------------------------------------------------------------------------------------------------------------------------|----------------------------------------------------------------------------------------------------------------------------|------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------|--------------------------------------------------------------------------------------------------------------------------------------------------------------------|------------------|---------------------------------------------------------------------------------------------------------------------------------------------------------------|
| 6 <sup>th</sup>                                                                                                                    | <p>8 Holy Communion<br/>Mulbarton</p> <p>9 Morning Prayer<br/>Bracon Ash</p> <p>10 Morning Worship<br/>Mulbarton</p>       | 3 <sup>rd</sup>                                                                                                                                                                                | <p>(NO 8am Communion)</p> <p>9 Morning Prayer<br/>Bracon Ash</p> <p>10 Morning Worship<br/>Mulbarton</p>                                                           | 1 <sup>st</sup>  | <p>8 Holy Communion<br/>Mulbarton</p> <p>9 Morning Prayer<br/>Bracon Ash</p> <p>10 Morning Worship<br/>Mulbarton</p> <p>6:30pm Evening Prayer<br/>Flordon</p> |
| 13 <sup>th</sup>                                                                                                                   | <p>8.30 Communion<br/>Hethel</p> <p>10 Morning Worship<br/>Mulbarton</p> <p>3:30pm Evening Prayer<br/>Flordon</p>          | 10 <sup>th</sup>                                                                                                                                                                               | <p>8:30 Communion<br/>Hethel</p> <p>10 Palm Sunday All Age<br/>Mulbarton</p>                                                                                       | 8 <sup>th</sup>  | <p>10 Benefice Communion,<br/><b>for Archdeacon's Visitation</b><br/>Mulbarton</p>                                                                            |
| 20 <sup>th</sup>                                                                                                                   | <p>9 Holy Communion<br/>Bracon Ash</p> <p>10 Holy Communion<br/>Mulbarton</p>                                              | 17 <sup>th</sup>                                                                                                                                                                               | <p>8 EASTER Communion<br/>Mulbarton</p> <p>9 EASTER Communion<br/>Bracon Ash</p> <p>10 All Age Communion<br/>Mulbarton</p> <p>6:30pm EASTER Praise<br/>Flordon</p> | 15 <sup>th</sup> | <p>9 Holy Communion<br/>Bracon Ash</p> <p>10 Holy Communion<br/>Mulbarton</p>                                                                                 |
| 27 <sup>th</sup>                                                                                                                   | <p>8:30 Communion<br/>Flordon</p> <p>10 Morning Worship<br/>Mulbarton</p> <p>10:30 Church @ Hanover<br/>Hanover Lounge</p> | 24 <sup>th</sup>                                                                                                                                                                               | <p>10 Morning Worship<br/>Mulbarton</p> <p>10:30 Church @ Hanover<br/>Hanover Lounge</p>                                                                           | 22 <sup>nd</sup> | <p>8:30 Communion<br/>Flordon</p> <p>10 Morning Worship<br/>Mulbarton</p> <p>10:30 Church @ Hanover<br/>Hanover Lounge</p>                                    |
| <p><b>PLEASE CHECK DATES &amp; TIMES</b><br/>on notice-boards or:<br/><a href="http://mulbchurch.org.uk">mulbchurch.org.uk</a></p> |                                                                                                                            |  <p>HOLY WEEK SERVICES<br/>Tues 10th April<br/>Maundy Thursday 14th<br/>Good Friday 15th<br/>See PAGE 4</p> |                                                                                                                                                                    | 29 <sup>th</sup> | <p>10 Meditative Service<br/>Mulbarton</p> <p>2:30pm Beating the Bounds<br/>Walk at Hethel</p>                                                                |