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PARISH NEWS
Autumn 2021
(for Sept, Oct & Nov.)



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FROM THE RECTORY

Rectory telephone: **01508 580001**

Rector's e-mail: adrian@mulbchurch.org.uk



As I write this, we have just celebrated our first service of worship in Mulbarton Church when we were allowed to sing together, since March 2020. We celebrated the new things that have been a blessing to us over lockdown: the babies, the pets, the new relationships, homes, jobs. So important to notice and to say and pray the hellos. Also important to notice and to say and pray our goodbyes, which is why we are making the church and churchyard available to do that over the summer.

The reality of life is that hellos and goodbyes are rarely simply good or bad. Usually they are a mix of good, bad and indifferent, the complex tapestry of life as we experience it. What we are certain about is the importance of sharing the journey through life with others. As human beings, we need other people to travel with, whatever life is giving or taking away. That is why sharing life with others is core to our vision here, along with following Jesus, who inspires us and helps us along the way.

As we look somewhat tentatively to a brave new world, and wonder how things will settle, we hope to be able to celebrate Remembrance Sunday in Mulbarton Church, with scouts and guides in attendance, although it may be another open air occasion, to ensure we are not too tightly crammed together. You'll see on the back cover that we are moving back to a regular pattern of meeting together in our church buildings—although seeking to hold onto the togetherness of the four parishes gathering to meet online, by having monthly benefice services in one of the parishes. Services will be live streamed on YouTube over the summer, and posted on the church website, and we'll review streaming practices in September.

Other things to note this autumn term is the bumper crop of weddings, as we catch up after all the delays. Listen out for the wedding bells! Also, we will be progressing important work in the church and churchyard, hoping to install that new path through the churchyard to the burial extension, and a new bench near the porch; and seeking grant money to make up the difference to repair the font. We have had injuries from glass that has been left on graves and fallen and smashed, so we will be clearing all glass out of the churchyard, which is our legal duty in any case. If you have any glass item there, please do remove it! And finally, note the **new church phone number**, through which help in the community is still available.

FROM THE REGISTERS (Mulbarton unless otherwise stated):

BAPTISM:

1st August—Gabriel Jack George Gunby

WEDDINGS:

15th May—Jordan C Hamling & Chelsea L Bailey

12th June—Stephen Pledger & Gayle L Upton

26th June—Ryan P O’Sullivan & Rachael D Martin

3rd July—Stuart P Monument & Clare N Hume

FUNERALS:

8th June—Ronald Victor Barrett at St Faith’s Crematorium

29th June—Pamela Irene Riches (of Hethel)

5th July—Irene Sylvia Eagle at St Faith’s Crematorium *

BURIAL OF ASHES:

25th May—Raymond E Martin

16th June—Lesley Joan Wigger

[Note from Ed: you are welcome to submit details of weddings and funerals of locals that have taken place at other venues—contact details opposite]



* Irene Eagle, whose funeral was held on 5th July, died in hospital aged 94. Although she had moved away from Mulbarton to a care home in Thorpe, she is remembered here as a village stalwart. For many years she was Clerk to the Parish Council (1988—2000); Secretary of the Village Hall Committee; Secretary of the Evening W.I. from the day it was founded; pillar of the Short Mat Bowls Club; and one of those reliable people who helped out behind the scenes at so many village events.

NEED HELP?—contact the local Help Hub

‘**Social Prescribing**’ – **Appointments** can be made to see Lucy on a Wednesday afternoon. Appointments need to be made by telephoning 01603 977477 then choose Option 3 for Mulbarton.

The **Help Hub** in your local surgery can link you to the right services to provide rapid support with a variety of problems including: benefits, anxiety, relationships, debt, loneliness, housing and accessing local services.

You can also contact either Connector directly:

Rachel Mahoney on 07972 731 176 or e-mail rmahoney@s-norfolk.gov.uk

Lucy Baldwin on 07866 135795 or e-mail lbaldwin@s-norfolk.gov.uk

WELCOME to PARISH NEWS!

This quarter's Editor is Sue Parker.

NEW - we have a couple of new articles this issue including a competition on page 7. **THANKS** to all contributors, and to our volunteer distributors. If you could help deliver magazines in your area only 4 times a year, please get in touch with Pauline (contact details below).

NEXT ISSUE will be our WINTER issue (December + January & February 2022!) will be **29th OCTOBER**—though the sooner the better to help us see how much there is for this issue. PLEASE NOTE the date, and get planning for Christmas and the New Year!

The Team:

Editor: Jill Wright (570532) dandjwright@hotmail.com

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pauline.campion@btinternet.com

Advertising Manager, Sara brumhead2@aol.co.uk

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Turn to page 23 for the Village Directory

Village Information, especially for newcomers!

Hello to all reading this Summer Edition of our Mulbarton Parish News, and as always, a special welcome to newcomers – this is a great source of information (*especially if you aren't a computer user*), so do keep it handy! This booklet also features as a downloadable PDF on the Home page of our Village Website www.mulbarton.info where there's also a link to the Village Google Calendar which will include more local activities as things get started again. Please let me know about events you'd like included.

I send regular info-mails to local contacts, (sent bcc so personal details are *not* shared with any other recipients). Names can be added (or removed) on request. In writing please to comply with GDPR.

If you are new to Mulbarton, or have a new neighbour, do let me know so I can pop a map and welcome note through the door!

Thank you again, for all the encouragement and support I receive!

Marina 578186 / marina@mulbarton.info

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New Competition Page!

An Autumn Collage.



As Editors of MPN we would like to encourage the village people to engage in this magazine so we are going to experiment by starting a new competition page for young and old alike. We have pondered about what could be a starting point and were inspired by the Autumn leaves quiz on Page 25.

SO for this first challenge we would like to suggest that you could make a collage picture, either on an inside surface or the outside environment, using natural autumn materials such as leaves, twigs, vegetables etc. It doesn't have to be stuck down or permanent, just take a photo.



Please send the pictures of your creations with name and age (if a younger contributor) to sueondartmoor@hotmail.com by October 26th.

There will be age related prizes and the best pictures will feature in the next magazine.

Get making and be creative!



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PARISH COUNCIL REPORT

Mulbarton Parish Council (MPC)

You may have noticed a distinct change to the veteran rocking horse on the Common. As with all the play equipment, it is regularly inspected and it was given a complete overhaul including a new coat of green paint. This work will enable it to provide years more pleasure for the children of Mulbarton. New posts have been installed at the corners of the play area



on the Common with notices asking that dogs are kept away from this area as they can pose a health hazard to children. Other work on the Common has included the new wooden bench made from a fallen oak tree, planting of about forty saplings, repairs to the path from the village hall to the church, and filling in potholes around the village pond. We are hoping to get some of the ponds on the Common cleared out in the winter.



Following the request from South Norfolk Council MPC has looked at the feasibility of creating a Pump Track in the village so the pit on the Common can be rewilded. The Pump Track would be an inclusive community asset for all in the village and we looked at a large upfront expenditure so that the annual service costs would be minimal. To raise the first set of funds the council applied for a

Community Action Fund grant from SNC for £15,000. Unfortunately, the Council were unsuccessful in obtaining any funding from SNC and at present the project is on hold.

MPC continues to monitor proposals for solar farms in the area and the cumulative impact of various development schemes, including the Greater Norwich Local Plan. The GNLP is suggesting a new housing development to the east of the Bluebell Road estate in Mulbarton. MPC has responded to this and the other local sites with concerns about access, education and health provision for extra people in the village.

Continued on p. 13 >>



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Parish Council Report, continued from p. 11:

MPC continues to send in comments to the authorities about wind farm projects that could affect the village, and has also contributed to the government's review of offshore transmission. An updated summary can be found on the Parish Council website (www.mulbartonparish.org.uk).

The council is now meeting in person after almost a year online. The final Zoom meeting included the Annual Council Meeting when Cllr. Aldous was elected as Chair, with Cllr. Leek as Vice Chair. There are still vacancies for parish councillors, who can be co-opted onto the council. If you are interested and want to find out more, please contact the Parish Clerk. All the councillors are volunteers who bring their skills, interests and time to the roles and responsibilities they adopt.

The Parish Council always likes to use local contractors when possible. If you think that you or your company can carry out maintenance work, or new projects, please contact us with your services and contact details so we can add you to our tendering list and consider you in the future when opportunities arise.

You can contact the Parish Council on 01508 578134 or mulbartonparish@btconnect.com

LOCAL COUNTY COUNCILLOR'S REPORT

On May 6th I was delighted to be elected as the new County Councillor for the Forehoe Division, of which Mulbarton is the largest village. I hope to be able to live up to the trust that the residents have placed in me and serve the community well over the next four years. I would also like to take a moment to thank my predecessor, Colin Foulger, for his years of service.

Following the election, the same Conservative led administration has been returned to administer the County Council, providing some continuity with the previous four years.

The first few months have been dominated by Highways matters, with the outline business case approved and contractor appointed by the Norwich Western Link, which will connect the NDR/Broadland Northway to the A47. Highways England will also be starting grounds investigation on the Thickthorn Interchange, with full works starting in 2023. Once complete, the works are expected to improve journey times by between 4 and 5 minutes, while bringing in safety improvements.

Daniel Elmer

If you have any issues at all, please don't hesitate to contact me at daniel.elmer@norfolk.gov.uk.



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DISTRICT COUNCILLORS' REPORT JULY 2021

With limited access to the Council offices many staff at South Norfolk Council continue to work from home. Some meetings are being held in public with strict protocols in place and limited public access to these.

The Village Cluster element of the emerging Local Plan has been published. Of the many sites put forward for development there is a recommendation for some 35 new homes to be built at the end of Bluebell Road.

There is concern about the many proposals for industrial development in the area. An application for a fourth solar farm has recently been made. There are proposals for industrial development at Swainsthorpe, Keswick and Stanfield together with potential for up to three Wind turbine substations at Swardeston. Whatever the merits of these proposals the cumulative effect could be substantial.

Increased house building in the area has put a considerable strain on the General Medical Services provided by the Humbleyard Medical Practice. Discussions have been held with the Practice, Developers and Clinical Commissioning Group to see if a way forward can be found.

Lotus cars have launched their final petrol driven car and are developing a new bicycle. The production line is to be expanded and 200 more staff are to be recruited.

Members Ward Grants continue to be available. People or groups who wish to avail themselves of these should contact the District Councillors directly.

Nigel Legg nlegg@s-norfolk.gov.uk and

Vivienne Clifford- Jackson

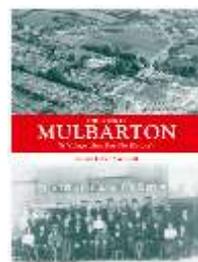
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NOTE: details of all your District Councillors are available at <https://www.south-norfolk.gov.uk/about-us/councillors-and-committees/your-councillors>



Only a small number of copies left....

The Book of Mulbarton (a large-format hard-back, Halsgrove, £19.99) is still available at Paddock Farm Shop or from the author, Jill Wright (editor of this magazine— contact details page 5) – BUT there are now only about 30 copies available and when they have gone it will be out of print.... Might this solve your Christmas Gift problem?



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Mulbarton Community Speedwatch Group



The Mulbarton Community Speedwatch group was formed in May 2021 in response to reports of excessive speed in Mulbarton & Bracon Ash. To date, we have identified a few locations in both Mulbarton and Bracon Ash which have been risk assessed. The next step will be training for group members, and once that has happened, we hope to be able to start monitoring our pre-identified sites, to raise awareness of the speed limits in the village.

If you would like to be involved, please send an email to mulbartonparish@btconnect.com, with Community Speedwatch as the subject, and your email will be forwarded. (Contact details will be deleted from the Mulbarton Parish Council address once your email has been forwarded)

The Mulbarton Craft Group Gives Thanks

The Craft Group began meeting in 2004 in members' homes to share skills and enjoy working together in making items and raising money for local charities and good causes. We were a self-supporting group encouraged by the Mulbarton Evening W.I. The Group transferred to the Harvest House in 2012 as the membership increased to an average of twelve.

Up to the last meeting, the total money raised was £6,160. Donations in the period included E.A.C.H., Nelson's Journey, Musical Keys, Benjamin Foundation, East Coast Truckers, Hamlet Centre, Baby Unit at NNUH and the latest to the Messy Church and the Mardlers. Also included were individuals who needed a helping hand e.g. Oliver's wheelchair and Tobias who had his adapted cycle trashed. As well as raising money, several items were donated as requested e.g. Baby hats, blankets, and bags for the Neo Natal Unit, Sensory muffs for the NNUH, hats, scarfs and mittens for the Shoe Box Appeal, Children's knitted jumpers and hats for Operation Orphan and Trauma Teddies.

We would like to say a BIG thanks to Jil Wheeler who has efficiently organised all of the above throughout. She has passed on her skills (e.g. teaching the left-handed to crochet) and provided homemade biscuits for our tea. Jil regrets that she is unable to continue with the membership responsibility post lockdown but hopes that others might.

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Mulbarton Primary School



I am writing this during the summer break and reflecting on the last term of this academic year. The children and staff returned just before Easter and, despite restrictions, we have enjoyed a full and exciting term. My thanks to the whole school community for the way everyone has pulled together to not only keep us all safe but also to enable the children to have as 'normal' a term as we could manage.

Before the end of the school year, all the children were able to enjoy a trip out for the sheer joy of doing so! We visited: Banham Zoo, The Dinosaur Park, Pleasurewood Hills, Eaton Vale Activity Centre, Gressenhall Museum and Yarmouth Sea Life Centre. Both staff and members of the public commented on the exemplary behaviour of the children and their enjoyment of the opportunity to be out with their friends.

We ended the summer term by saying goodbye to our oldest pupils and hello to those due to join us in September. Sadly, we have said farewell to some staff but we are looking forward to welcoming 3 new teachers in September.



Our House Captains, with Oak Captains holding the house winners' cup

By the time you read this, we hope to be back in school without restrictions and able to plan events such as our annual Christmas fair. This is provisionally booked for the 3rd December. We would love to see you there.

Bev Theobald – Head Teacher




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Are you expecting a baby or do you have a young baby?

'Bubbies' Bumps and Babies group aims to help local, new and expectant parents get to know each other. We have not yet resumed our physical meetings (on Wednesday afternoons), a decision on that will be taken later in the year when more information is available about the likely Covid rates going forward. In the meantime, there is a Bubbies Facebook page. It is hoped that this is both helpful to people who are wanting to go out and about with their babies and also those who, for whatever reason, are not doing so.

One of the aims of the Bubbies Facebook page is to raise awareness of important sources of information and groups (websites, groups, other Facebook pages) to do with pregnancy and the postnatal period.

Members are welcome to share positive, informative, inspiring and humorous posts associated with a pregnancy and baby theme. We host occasional Zoom chats when there is a demand for this.

Several people have joined us online during the pandemic and new members are welcome.

For further info, contact Zoe - Tel 07944407396



Voluntary Norfolk and The Chances Project

Are you looking for work or struggling to know where best to use your time?

Volunteer Norfolk can help you find interesting and useful places to volunteer
<https://www.voluntarynorfolk.org.uk/>

The Chances project supports individuals in Norfolk actively seeking employment, together with those distant and disengaged from the jobs market. Chances is completely free and voluntary.

www.voluntarynorfolk.org.uk/services/employment-skills-services/chances

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MOBILE LIBRARY is back on THURSDAYS –23rd SEPT and 21st OCT

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VILLAGE DIRECTORY

Village information, google calendar, downloadable map, link to monthly 'infomail' and to digital version of this Parish News: www.mulbarton.info

Parish Council: www.mulbartonpc.org.uk—downloadable **WELCOME** booklet for newcomers here, or collect a copy from the **Parish Council Office** which is to right of the Village Hall main entrance, where the opening times are displayed on a notice on the door.

Mulbarton group of churches: <http://mulbchurch.org.uk>

Mulbarton Primary School: <https://mulbartonprimary.norfolk.sch.uk/>

Mulbarton surgery: <https://www.humbleyard.nhs.uk/>

Mulbarton history: www.mulbartonhistory.org.uk (with links to history of Bracon Ash & Hethel, and Flordon)



Red Cross loan equipment (walking frames, commodes, wheelchairs, etc) available via Dr Andrew Fairclough, Mill House, Norwich Road, Mulbarton on B1113 opposite village sign (entry at side). Tel: 570377

Our **Community Connectors** See page 4 .

Rich's Trust (a local charity) can make small grants to residents to meet specific needs. You can contact the Almoner in total confidence: Pauline Campion (570335) pauline.campion@btinternet.com

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Mulbarton Village Hall: 4 rooms + licensed bar, for regular or occasional hire. Contact: Louise Gaskin via mulbartonvillagehall@gmail.com

Harvest House: Room & fully equipped kitchen & garden & Wi-fi available at very reasonable rates. Contact admin@mulbchurch.org.uk

Mulbarton Scout & Guide HQ: Please call Malcolm Court on 570461 for further details.

Bracon Ash & Hethel Village Hall & Social Club: equipped with free superfast broadband & Wifi. For all bookings and enquiries get in touch with contact@bavh.co.uk New website at www.bavh.co.uk



Mulbarton Diary Page

CHECK THE VILLAGE CALENDAR at www.mulbarton.info

Please note that things are still in a process of change and uncertainty so please check before attending the events listed



8th Short Mat Bowls restarts see P.31
9th MALGA Outing for members P.32
20th WI evening meeting see P.29
23rd Mobile Library see P.21
23rd Book Club see P.33



18th WI evening meeting see P.29
20th Flordon Film Club see P.26
21st Mobile Library see P.21
21st Book Club see P.33
29th FINAL date for MPN copy P.5



6th FIREWORKS see P.39
15th WI evening meeting see P.29
18th Mobile Library see P.21
18th Book Club see P.33



3rd Mulbarton School Fair see P.19
19th Village Christmas Event (below)
18th WI Christmas lunch see P.29
15th Flordon Film Club see P.26

Mulbarton Christmas Event Sunday 19th December – all invited!

A date for your diaries – everyone is included, all village organizations and anyone who wishes to take part is invited to join in to make this a cracking Christmas event for all of Mulbarton.

It is envisaged that there'll be music, performances, stalls, food and fun for everyone to be part of and to enjoy as we head into Christmas. This will take place at the Village Hall complex inside and out.

For you or your organization to register your interest to participate in this village event, and say how you'd like to be involved, please contact Duane as soon as possible by email duanew68@hotmail.co.uk or via his mobile 07545 470130

Autumn Leaves

Did you know that in the cooler, darker autumn days leaves on trees stop their food-making process? The chlorophyll which makes leaves green, breaks down, and the yellow to brown colours become visible.

Can you match the leaves shown to the names of the trees they come from?

1. Oak
2. Willow
3. Hawthorn
4. Silver Birch
5. Ash
6. Sycamore
7. Poplar
8. Maple
9. Horse Chestnut

A.



D.



G.



B.



E.



H.



C.



F.



J.



Answers on Page 19 NB See also the new competition on page 7.

The Swardeston Day Centre

We're back on the pitch!

The Swardeston Day Centre has returned to the Rugby Club site in Swardeston after many months of being closed because of Covid. It's been a very hard time for everyone – the staff, the clients and the volunteers. Many of our clients live alone so had to rely on friends and neighbours to help with food deliveries and day-to-day life, as well as the support provided by telephone calls and visits from the Day Centre staff.



But – that's in the past! Now the Day Centre looks to the future! At present we are open on Mondays and Wednesdays, with a full programme of entertainment each day, with home-cooked lunches, morning coffee and afternoon tea, and plenty of time to meet new friends and enjoy other people's company once more. Already we have been enjoying music from the swinging 60s (and further back!),

quizzes, games, reminiscence, seated exercises, "Bird Bingo" and parachute games (!) Transport is provided door-to-door, and everything has been done to make the Day Centre a safe, welcoming environment for everyone – so if you would like to come, please contact Julia Jones or Liz Browne (01508 578826) or you can visit the website and find out more.



We know you'll enjoy it!

www.swardestondaycentre.org

Flordon Film Club—has a bi-monthly programme of films at the Community Centre (Church) off Long Lane on **WEDNESDAYS** . Doors open 7pm; film approx. 7.40pm. The first meeting after lock-down was in June and *Chariots of Fire* was appreciated and enjoyed by the maximum number of members possible under the restrictions. Hopefully by October we will be completely free of restrictions, and judging by the amazing number of people who have asked when the club is starting again, we can look forward to a new season with anticipation of high demand and interest.

Dates: 20th October and 15th December

Subscription £5.00 per year; OR pay £5 on the door. To book tickets contact David Harrison at david020747@hotmail.co.uk or 01508 470118

Swardeston Day Centre



(The new name for the Edith Cavell Day Centre)

Main Road, Swardeston, NR14 8DU

🌐 www.swardestondaycentre.org

✉ Info@swardestondaycentre.org

☎ 01508 578826

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LOCAL ORGANISATIONS, CLUBS & SOCIETIES

MULBARTON WOMEN'S INSTITUTE



It has all happened at last, Mulbarton Evening W.I. are now back meeting in the Village Hall. We have enjoyed a couple of outdoor meetings and recently a most interesting talk by a lady from the charity Medical Detection and Alert Assistance Dogs. We gathered with the doors and windows all open, our chairs suitably distanced and wearing masks. A most enjoyable and successful evening. In August we are going to Peter Beales Roses in Attleborough for a guided tour, followed by a two-course lunch in the marquee.

On **Mon 20th Sept** our speaker will tell the tale of her three intrepid great-aunts who travelled around Norfolk in a horse-drawn caravan for a two-week holiday in 1912. They sound like my kind of fun-loving ladies! **Mon 18th Oct** we are due a talk on a trip to Nepal, enticingly entitled "Rhinos and wrapping paper". **Mon 15th Nov** will be a short AGM followed by Pudding Club, when the ladies will taste a variety of favourite desserts made by fellow members. **Mon 13th Dec** we hope to have a Christmas lunch out. All these plans are obviously at the mercy of the current Covid situation. We will abide by government guidelines and keep our members as safe as possible at all times.

New members are always welcome to come along and see what we are about. Our W.I. is informal and friendly. We meet in the main village hall at 7.30pm and the meetings last about two hours. We laugh and chat a lot so tea and biscuits are essential. At the moment we have two sub groups, a Garden Group and our Explorers Group. These groups meet about once a month, extra to the general meetings. Garden Group visits Nurseries and Garden Centres, plus Gardens open to the public. Explorers go on theatre and cinema visits, go rambling, play crazy golf in Eaton Park, visit places of interest, exhibitions; whatever takes our fancy. Do give W.I. a chance, forget preconceptions. W.I. is what we make it. We are open to ideas and suggestions. Friends, fun, knowledge, skills, all await.

Contact Secretary Anne Hackett aeHackett@btinternet.com or 01508 570040 for further information

Mulbarton Mardlers

We hope that we will be able to restart Mardlers teas in the late Autumn. We are still here on the end of a phone for any Mardlers who would like to chat or practical help. Just give us a ring: Sue Mellows 578034 Sue Parker 218692 or Tracey Salisbury 578068.





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Hethersett 'District' Lions Club

(CIO) – Your local Lions group: Charity No: 1179036

At the time of writing, we can get back to holding face to face meetings again, let's hope this is still the case when you read this. In July we had a successful litter pick around Mulbarton Common collecting a considerable amount of rubbish, mainly tins and plastic bottles.



Now that fans are allowed back into stadiums our car parking for Norwich City home games can resume on Lower Clarence Road at 'MoneyFacts' car park. Cost £5/car but come early if you want a space as it quickly fills up. We attended Mulbarton Gym Club fete in July with our candy floss stall. Socially we will be getting together for a Sunday morning walk around Reepham in September followed by lunch at one of the local pubs. Congratulations to Karen Thorpe, one of our members, for completing the 26mile Dedham Vale Hike in July raising over £600 for Macmillan Cancer Care. The allotment plot that we rent at The Meadows for any pensioners who wanted a small piece of ground to grow vegetables has had no takers this year and is overgrown so we will be handing it back to the parish council.

Should you wish to know more about what Lions get up to please get in touch.

Club Secretary John Hewitt 01508 570392 or visit www.e-clubhouse.org/sites/hethersettuk/

Mulbarton Short Mat Bowls Club

We are coming back!

Starting 8th September 2021

Wednesday 19.30hrs in Mulbarton Village Hall.

We will provide hand sanitiser and masks may be worn as individuals wish.

Equipment will be cleaned following every session.

Even if you have never played bowls you are most welcome to come and give it a go!

Any questions please call Marga Kempenaar 01508 219029



Mulbarton Community Choir

Meets on THURSDAYS 7:30-9:30pm in term-time in the Mulbarton Primary School main hall. Everyone is welcome—NO auditions; NO musical expertise required, just enthusiasm! Contact:

mulbartoncc@outlook.com or just come along.





Join MALGA. It's fun, sociable, interesting & educational

We are delighted to report that we have restarted our activities with three excellent weather barbecues for members and guests, one at each of the three allotments (The Swamp, The Meadows and Rich's).

The day trip to RHS Hyde Hall has been re-scheduled for Thursday 9th September, which gives us all something post-Covid to look forward to. At the time of writing, the committee is planning further activities for the group which will include Member-only activities such as barbecues, pub nights, quizzes, dinners and lunches; and, hopefully, other activities open to the general public, such as the Mulbarton Gardeners' Question Time.

Members will be informed by email of any future events but in the meantime, follow us on Facebook where you can find full details of our planned events.

To join MALGA (only £4 per year), please contact our Chair, Chris Samson, on cjmsamson@yahoo.co.uk or 07837 969 715 or contact our Secretary, Geoff at geoffandvirginia@tiscali.co.uk or download the form from our Facebook page.



As we are at the end of the academic year, we reflect on the year we have just had. The leaders have been brilliant, continuing to give the girls great experiences throughout. Rainbows have had a very busy term and we had a great time at our summer trip to Eaton Vale. The girls

did low ropes, grass sledging, backwards cooking and the cave bus. We were blessed with incredible weather everyone had a fantastic day. We are looking forward to the autumn term and year ahead, starting with the *Adventures* theme badge.

If anyone would like to volunteer to be a leader please contact

mulbartonrainbows@gmail.com



[Guides, Brownies on p.37]

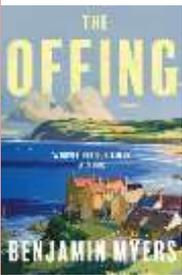
ENJOY A GOOD READ?

Book Club has continued on Zoom despite some attempts to meet up outside which have been thwarted by the weather. However, we have still been able to 'Enjoy a Good Read' discovering the amazing Michelle Obama and her journey to the White House and the imagined story of Shakespeare's son Hamnet.



Here are our books for the Autumn. For more information please contact Pat on 01508 570016 or patriciabrooks569@gmail.com.

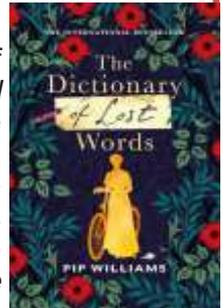
23 September - *The Offing* by Benjamin Myers



Set over a summer in the aftermath of the second world war, the book follows 16-year-old Robert Appleyard as he leaves his Durham colliery village to search for any work that isn't coal mining: "an act of escapology and rebellion". On reaching the east coast, he encounters Dulcie Piper, a woman three times his age who lives alone in a rambling cottage. They form an unlikely but symbiotic relationship, in which he gardens while she provides food, shelter and intellectual sustenance.

21 October - *The Dictionary of Lost Words* by Pip Williams

Esme spends her childhood in the Scriptorium, a garden shed in Oxford where her father and a team of lexicographers are gathering words for the very first *Oxford English Dictionary*. One day, she sees a slip containing the word 'bondmaid' flutter to the floor unclaimed. Over time, Esme realises that some words are considered more important than others, and that words and meanings relating to women's experiences often go unrecorded. She begins to collect words for another dictionary: *The Dictionary of Lost Words*.



18 November - *Once Upon a River* by Diane Setterfield



On a dark midwinter's night in an ancient inn on the river Thames, an extraordinary event takes place. The regulars are telling stories to while away the dark hours, when the door bursts open on a grievously wounded stranger. In his arms is the lifeless body of a small child. Hours later, the girl stirs, takes a breath and returns to life. Is it a miracle? Is it magic? Or can science provide an explanation? These questions have many answers, some of them quite dark indeed.

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Puddleducks is celebrating its 30th Birthday this year!

Here at Puddleducks Preschool we also celebrated the end of term and the lifting of covid-19 restrictions with a children's party, entertained by The Tricky Twister and a lovely picnic in the garden.

We have enjoyed the fantastic warm sunny weather, making the most of our wonderful outdoor environment. Lots of water play, using our new water wall and exploring the canal water ways. We have had fun in the large sandpit and have explored the new climbing equipment.



The children have also been working hard in their allotment garden; planting seeds, watering the plants and harvesting the produce they have grown. Including lots of different fruit and vegetables; strawberries, raspberries, peas, beans, tomatoes and courgettes. They have all enjoyed eating the produce as part of their daily snacks. When we return in September we hope that the sweetcorn and pumpkins will be ready for us to harvest too.

We currently have some availability for sessions in September. We are open Monday to Friday during term time. We accept all government funding; two-year old funding, 15 and 30 hours early years funding and tax-free childcare, as well as employer based childcare voucher/payment schemes.

Check out our website or find us on social media

Website: www.puddleducksmulbarton.co.uk

Email: info@puddleducksmulbarton.co.uk OR admissions@puddleducksmulbarton.co.uk



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Mulbarton Guides and Rangers

Mulbarton Guides have gone back to face-to-face meetings with a large unit enjoying all of what Guiding can offer, indoor and out. We have had fun fire lighting in metal colanders, which is a challenge achieved by keeping the wood small, followed by simple cooking, which for some of our younger guides was an achievement for just lighting a match.



Girlguiding

We look forward to more new members joining us in September and we still have places in our unit on a Tuesday evening.

Pam, Hayley, Molly

Our **Ranger unit** say a sad farewell to our older girls going off to university in September. We have places if you are aged between-14-18 years old. Please contact us on mulbartonguides@gmail.com

Pam & Sally

1st Mulbarton Brownies

Mulbarton Brownies have enjoyed the summer term. We did some sensible things like our first aid badge, but we also got very wet in a crazy water fight. As a great way to end the term we had a sunny trip to Eaton Vale Activity Centre to do crate stacking and canoeing.



24 Brownies threw themselves into the activities with many deciding to cool off by jumping into the river!

Parents joined us for a barbecue at the end. We are looking forward to more adventures in September.

Fiona Munn

[see page 32 for RAINBOWS]

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Mulbarton Scout Group



It has been wonderful to see all of our sections returning to face-to-face meetings and a very busy summer term it has been. We were lucky with the weather, managing to make the most of the longer days & filling our sessions with lots of outdoor activities.

Those of you who regularly keep up to date with 1st Mulbarton Scouts will know that we are always keen to hear from any adults wishing to volunteer with us. We have a fantastic team but naturally over time people do move on for various reasons so we currently find ourselves a few volunteers short, particularly with our youngest sections - Beavers & Cubs.



Volunteering with Scouting can be flexible & hugely rewarding. It is proven to be good for your mental health & is often great fun (see photo of some of our current adults for proof!) You can pick up new skills or improve on existing ones. Any volunteering is looked upon very favourably on employment and university applications.

If you'd like to find out a bit more about what's involved then please do get in touch. You can find us on Facebook—just search '1st Mulbarton Scouts' or email us at mulbartonscouts@live.co.uk

Our waiting lists for children to join the group are ever growing so please do get in touch nice and early if you wish for your child to attend. Beavers, our youngest section, starts at age 6. You can find us on Facebook— just search 1st Mulbarton Scouts or email 1stMulbartonwaitinglist@gmail.com

Like so many events, our annual Bonfire Night fundraiser was cancelled last year due to Covid. Currently we are very much hoping that all will be well this year for the event to go ahead and would love to see you all on Saturday 6th November. Gates will open at 6pm. Bonfire lit at 7pm and our much-loved fireworks display at 7.45pm. Entry on the gate - adults £5 children £3. We hope there should be BBQ & various refreshments available as always and that the night will go off with a bang!



Cathy Middleton (Publicity Officer)



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Mr & Mrs Jones



Natalie Chapman, Owner

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Mulbarton Features in 'Fake or Fortune'

Famed sculptor Henry Moore's link to Mulbarton was a key feature of the first programme of the latest BBC series 'Fake or Fortune'. Well worth watching, so I won't give the game away! But it was through our history websites that a BBC researcher contacted me to find out the sources of information about Henry Moore and his sister Betty Howarth and any possible links with local sculptress Betty Jewson who lived at Mergate Hall in Bracon Ash.



Henry Moore was the 7th child of a Yorkshire miner, but after WW1 some of the family moved to Norfolk for the sake of their father's health. Moore had himself trained as a teacher (and hated it!) . His sister, Betty, had married Rowland Howarth, who became head of Mulbarton Primary in 1922 and stayed for 4 years. His comments about the school, and some information on the

family is at <https://www.mulbartonhistory.org.uk/head-teachers/>. Fiona Bruce went to the old school and school house and read some fascinating letters from Moore about his visits – though not the one that mentioned noises from the abattoir at the back of the school!

She then went to Mergate Hall to find out more about Betty Jewson. You can find more about her at <https://bracon-ash-and-hethel-history.webnode.com/mergate-hall/> One current Bracon Ash resident told me that Betty was 'a lovely lady and a great character; she used to come down to the school with lumps of clay for the children to mould then she gave little prizes.'

It was lovely to chat to and correspond with the researcher and learn a little of the work that goes on behind the scenes. The historic photos and additional family and local information they asked for didn't feature in the end, but all that did made a fascinating programme whether you are interested in art or not. The programme first aired on BBC1 on 28th July, but will be on i-player for the rest of the year - well worth watching. And keep your eye on all our history websites for updates....

Jill Wright

www.mulbartonhistory.or.uk

www.bracon-ash-and-hethel-history.webnode.com

www.flordonhistory.webnode.com

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Moroccan Tagine - Serves 4-6

A great adaptable Autumn recipe

There are so many variations of this recipe.....you can use different vegetables and choose to add meat such as chicken pieces or lamb either as meat or meatballs but I usually make this vegetarian version. By using appropriate stock, it is also dairy free (without the yoghurt side dish), gluten free and can be meat free so suits so many people.



Ingredients for veggie option

- 1 large chopped onion – I use red onion but white is OK too
- 1 tbspn vegetable oil
- 2 cloves garlic crushed and a thumb size piece of ginger, grated
- 1tsp turmeric and 2 tsp each ground cumin, coriander and cinnamon - or use a Moroccan spice mix. Salt and black pepper to taste
- 1 large sweet potato and 3 Medium carrots
- Either 1 aubergine or 2 parsnips or courgettes or peppers or ½ butternut squash—choose your own!
- 1 tin chopped tomatoes and 1 tin chickpeas
- 500ml veg stock – use meat stock if using meat in the recipe
- 1 tsp brown sugar
- 12 dried apricots cut into halves or quarters (optional)

Method

- Chop the vegetables into even sized pieces about 1cm cubed.
- If using meat brown it in the pan and then add the following
- Gently fry the onions in oil, add the garlic, ginger and then the spices to gently cook for a few minutes
- Add the other vegetables and heat
- Tip in the tinned tomatoes, chickpeas and add stock and sugar
- Season, bring to the boil and tip into the slow cooker or dish
- Cook for 2-6hrs—I cook it in a slow cooker for 4-6hrs but it could be heated to boiling and put in a casserole dish in a low oven for 2hrs.
- Add the apricots 30mins before serving.
- Sprinkle with fresh herbs. Serve with rice, couscous or crusty bread and/or a yoghurt side dish.

Sue

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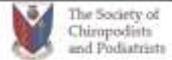
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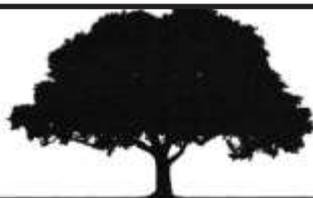
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SUNDAY SERVICES – September to November 2021

September		October		November	
5 th	<p>8am Holy Communion Mulbarton</p> <p>9am Morning Prayer Bracon Ash</p> <p>10am All Age Christening Mulbarton</p>	3 rd	<p>8am Holy Communion Mulbarton</p> <p>10am All Age Harvest Mulbarton</p> <p>11am Harvest Celebration, with lunch following (TBC) Hethel</p>	7 th	<p>8am Holy Communion Mulbarton</p> <p>9am Morning Prayer Bracon Ash</p> <p>10am All Age Service Mulbarton</p>
12 th	<p>8:30am Holy Communion Hethel</p> <p>10am All Age Christening Mulbarton</p>	10 th	<p>10am Benefice Breakfast Service Flordon</p>	14 th	<p>REMEMBRANCE SUNDAY (Details TBC)</p>
19 th	<p>10am Benefice Holy Communion Bracon Ash</p>	17 th	<p>9am Holy Communion Bracon Ash</p> <p>10am Holy Communion Mulbarton</p> <p>6:30pm Evening Prayer Flordon</p>	21 st	<p>9am Holy Communion Bracon Ash</p> <p>10am Holy Communion Mulbarton</p> <p>3:30pm Evening Prayer Flordon</p>
26 th	<p>8:30am Communion Flordon</p> <p>10am Morning Worship Mulbarton</p> <p>10:30 Church @ Hanover HARVEST FESTIVAL (TBC) Hanover Lounge</p>	24 th	<p>8:30am Communion Flordon</p> <p>10am Morning Worship Mulbarton</p> <p>10:30 Church @ Hanover Hanover Lounge</p>	28 th	<p>8:30am Communion Flordon</p> <p>10am Morning Worship Mulbarton</p> <p>10:30 Church @ Hanover Hanover Lounge</p>
<p>PLEASE CHECK DATES & TIMES on notice-boards or: mulbchurch.org.uk</p>		31 st	<p>10am Meditative Service Mulbarton</p> <p>3pm Remembering Those We've Lost Hethel</p>		