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PARISH NEWS
Winter 2019/20
(for December to February)





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We had a great farewell service for Andrew North and family at the start of August, after his three-year training post came to an end here. He has taken up post as an army chaplain, and seems to be getting on well in that role. Meanwhile, his legacy in Mulbarton lives on, perhaps especially with the Mulbarton Community Choir, who we're delighted to have sing at our carol services on 15 Dec, and some of whom will be singing carols at the World's End on 13 Dec. Please do join us!

For myself, I had the privilege of undertaking a 3-month sabbatical from the start of May to the start of August, after 13 years of full-time parish ministry. It was a special time, re-connecting with family and some old friends, and being able to do some more in-depth study around safe and healthy church culture, and how to support those subjected to domestic abuse and spiritual abuse. Despite some unexpected challenges, it was overall a positive and worthwhile time.

There is an encouraging move across the churches to recognise that at times churches have not been as safe as they should have been and there has been considerable effort to establish better understanding and practice to foster safe and healthy local church communities. In the Church of England, you may have caught wind of the national historic case reviews that have been going on, investigating thousands of historic cases, learning lessons and totally overhauling safeguarding policies, training and processes. Here in Mulbarton, we're fully on board with that, and I have also just completed a significant 8-week course on emotionally healthy spirituality with 16 people in leadership positions throughout the group of churches, as we continue to mature safe and healthy culture here.

By the time this reaches you, we shall have a ruling on how far the churchyard regulations will be relaxed in the churchyard extension—these will be on display in the churchyard soon—please do look out for them. This season takes us from Remembrance, through to Lent, via Christmas. I look forward to sharing that journey with you, and if there's anything you'd like to find out more about, please do get in touch, using the contact details above.

Adrian

From Registers (Mulbarton unless otherwise stated):

BAPTISMS

18th August - Honey Joyce BURTON

27th October – Archie James SOLOMON at Hethel

WEDDINGS

9th August – Christopher ROWE & Catherine LOWE

28th September – Ian HAIGH & Sarah CULLUM

5th October – Dean COUPLAND & Abigail LOUGHBOROUGH

FUNERALS

21st August – Mary RACKHAM of Hethel at Breckland Crematorium

28th August – Christopher ROWE at St Faith's Crematorium

14th October – Jessie ILIFF at Mulbarton

1st November – Margaret Ann FENN at Mulbarton

8th November – Edward ('Teddy') William J MOORE at Bracon Ash

[Note from Ed: you are welcome to inform me of Weddings and Funerals of local residents that have taken place at other venues—contact details opposite]

MARY R WALDEN, 1917—2019

It is with great sadness that we announce the death of Mulbarton's oldest resident, **Mary Walden**, who died on Saturday 26th October, only a few months before her 103rd birthday.

It is remarkable enough to be writing about someone born during WW1, but Mary was a remarkable woman—living at home with her son until taken into hospital a month before she died; driving until a few weeks before her 100th birthday; and playing short mat bowls after her 100th birthday! She was also a stalwart of the Women's Institute—both the former Afternoon WI and current Evening WI. She was very involved in Scouting nationally as well as locally after moving from London, and a keen—and key—member of the Royal British Legion. Although living in Mulbarton, she loved Bracon Ash, where she celebrated her 100th birthday and presented a seat for the outside of the hall there so others could enjoy the view of the green.

No doubt many memories of Mary will emerge over the coming weeks and months and we may be able to find room for some in our next issue. Meanwhile we send our condolences to her family and commemorate a long life lived to the full.

Editor

FROM THE EDITOR



I want to begin with THANKS to all our distributors – and in particular to thank Norma Mickleborough who has just handed over her round after a remarkable FIFTY years of service to the village! The team presented her with a card, token and flowers to mark this achievement at the September meeting of Mardlers.

THANKS, too, to all contributors – including a new group this month (the Men's Curry Evenings, p.33) and a potential new group – the Men's Shed (p.17). Good to see new things happening – but do support the long-standing groups!

THANKS to our advertisers who have renewed or joined us this issue: tell them you saw their advert here—without them Mulbarton Parish News couldn't exist!

As February is a short month for production & distribution I will have to make **SUNDAY 26th JANUARY** as the last copy date for our SPRING issue (covering March, April & May 2020). PLEASE NOTE IN YOUR 2020 DIARIES!

HAPPY CHRISTMAS & a good NEW YEAR to all our readers.

THE TEAM:

Editor: Jill Wright (570532) dandjwright@hotmail.com

Distribution: Pauline Campion (570335) pauline.campion@btinternet.com

Proof-checking: Sue Stirling

Production: Rev. Adrian Miller

ADVERTISING: Contact our Ads Manager, Sara, at brumhead2@aol.com

Cover photos each quarter by Terry Burchell

Jill



Messy Church has been running locally for 7 years!

This is a FAMILY event and children of all ages are welcome. Each session has a theme explored through crafts and activities, stories and songs. There are soft toys and a sensory area for the very young. Refreshments include a simple buffet lunch. Donations of £1 per

person go towards resources. Next session is: **Thursday 20th Feb. 10 am to 12 noon at Mulbarton Primary School** Contact: *Cathy Nicholls* (570557)

Something new: **QUIET TIME WITH GOD AT HETHEL CHURCH**

Some of us thrive on stillness and silence in solitude; for others the companionable quiet of a meditation group may be more helpful. This newly formed group will be meeting fortnightly on Wednesdays at 7.30 pm for 45 minutes at Hethel Church, including **Wed 4th & 18th December**. Opening prayer, short Bible reading, then about 20 minutes for silent prayer, or meditation or simply sitting in quiet reflection in God's presence. An opportunity to share; closing prayer & refreshments. For more info (phone or text mobiles): Rachel (07403 858695); Sue (07912 606707) or Cathy (01508 570557).

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VILLAGE INFORMATION

WELCOME to all newcomers!

Besides Mulbarton Parish News, with its news and contact details etc. for local services, Clubs, organizations, events and much more, there is also a free **Welcome Booklet** available from the Parish Council Office at the Village Hall 01508 578134 (24hr answerphone) or to view/print via their website <http://www.mulbartonpc.org.uk/>

There is a Village website www.mulbarton.info where you can find a printable Village Map, and links to a Google Village Calendar at the top of the Home Page, or the 'Notice Board' for easy reference to local events. Please e-mail me via the 'Contact us' button if you have a comment or question about any of these.

I send monthly info-mails to a long list of local contacts, and names can be added (or removed) on request in writing please to comply with GDPR. There is a link to a printable PDF version of the latest info-mail at the top of the Notice Board page of my website. There is also a link to a pdf copy if this magazine!

If you are new to Mulbarton, or have new neighbours, do let me know so I can drop a map and a welcome note in their door.

Some of you may have seen the Pop-up Welcome Display - if you are hosting something to which others are welcome, and feel this might be a useful addition (it only needs one long table!) please contact myself or Jill Wright (contact details p.5 under Editor).



Thank you again for your encouragement and support!

Marina, 578186 marina@mulbarton.info

OTHER VILLAGE WEBSITES:

Parish Council: www.mulbartonpc.org.uk *

Mulbarton's history & heritage: www.mulbartonhistory.org.uk

Church group: <http://mulbchurch.org.uk>

Mulbarton Primary School: <https://mulbartonprimary.norfolk.sch.uk/>

Mulbarton surgery: <http://www.mulbartonsurgery.co.uk>

[* The **Parish Council Office** is to right of the Village Hall main entrance, where the opening times are displayed on a notice on the door.]

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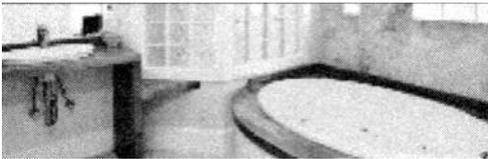
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FROM THE PARISH COUNCIL CHAIR

It seems incredible that yet another year has gone by!

CLEANING OUT, CLEANING UP

The fields between The Rosery and Rectory Lane have had their ditches cleaned out by the owner and the amount of fly-tipping that surfaced was frightening. It was particularly galling that within 24 hours of the ditches being cleared people were emptying rubbish into them.

We have asked SNC's Environmental Team to investigate and keep a watching brief on the status of the fields. We have also noticed that fly-tipping has been occurring on the Common and ask all householders to be vigilant and report any incidences of fly-tipping immediately to SNC.

Particularly disturbing is the incident in October where a young child picked up two 'Ecstasy' tablets. The consequences of this could have been catastrophic and we took the matter up with the Police. PLEASE would Villagers remain vigilant and report matters of this nature immediately.

Our regular litter pick in late October was again a success and our thanks go to Beverley and Anne for organising the event and providing the goodies that go with it. It was gratifying to see a number of youngsters turned up for the litter pick as well as our "regular" helpers. We always appreciate the support that villagers give to these events and thank you for your participation.

We have carried out extensive repairs/maintenance works at the play area at The Meadows and the

majority of the work was carried out by your Councillors.

THE COMMON

You will have noticed that we have continued with our refurbishment of the "security ditch" on the edge of the Common. The reason behind this was twofold:-

1. We are having problems with getting SNC to contribute to the routine maintenance of the Common and it is a number of years since this exercise had been carried out.
2. We have recently had occasions where people in 4x4s and cars have been driving onto the Common and causing considerable damage to the mown surface. We have alerted the Police to this and again ask *if anyone sees things like this happening to get in touch with the Police immediately.*

We intend to carry out maintenance work to two Common ponds as per the agreed existing management plan. We are also nearing completion on the new draft management plan for the Common, which will be reviewed in the New Year.

We have concluded the exercise of appointing a grounds maintenance contractor and the contractor will begin work in April next year. Out of the four contractors contacted, three returned their papers and two were very close in commercial terms.

ALLOTMENTS

The new allotments on the Oakley Park site are filling up quite quickly - both Phase I and Phase II - and people have started occupying both sites. If you want a site please contact our Clerk, Anne, or our Vice-Chairman

(continued on p.13)



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From the Parish Council Chairman (continued from page 11)

Beverley, who are controlling the allocation of sites. They can be contacted via the usual channels (below & page 7).

The Village Hall Management Committee has asked us to help with the ongoing roof problems on the older section of the Village Hall. They will be submitting a grant application to the Council on this matter.

WATCH THIS SPACE!

Councillor Richard Tucker has instigated work on establishing a “Men’s Shed” for people in the Village and the Council have provided “seed” money to help get it off the ground (see page 17)

Councillors Derek Aldous and Richard Tucker are also working on the erection of a war memorial for the village and once they have established the best site and design will be coming to the villagers for their comments.

We are also looking at ways to celebrate the 75th anniversary of VE day 8th May 2020 and would welcome any suggestions.

It only remains for me to thank my fellow Councillors and our Clerk Anne for the sterling work they have carried out over the past year and to wish all villagers and their families the very best for Christmas and hope the New Year brings you everything that you wish for.

Peter Leigh (Chairman, Mulbarton Parish Council)

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DISTRICT COUNCILLORS' REPORTS

The District Councillors still have some monies left in their Ward Budgets. These can be used to act as seed corn to help fund local projects. Any community group which provides a bona fide bank account and shows community need can apply. The monies must be allocated by the end of the Calendar year 2019.

The Panel which decides on the Community Action Fund of £50K has another meeting in the New Year, so it is worth applying now if you have a bigger project in mind. We were delighted that Mulbarton Gymnastics Club has won their bid for new equipment from this fund. Those interested should contact the Councillors directly, for either of the above.

Publication of the new Greater Norwich Development Plan which was scheduled for September has been postponed until January 2020 in order to allow some adjustments to be made. We will keep you posted on progress.

The merger of 'back office' functions with Broadland District Council continues; all the combined senior management posts are now filled and consultations continue on merging terms and conditions, policies and procedures.

Electoral arrangements, polling stations etc have been reviewed in the light of comments received at the May elections. We'll be needing them again very soon!

If you have comments, or we can help in any way please let us know. Thank you for your support. It is a great privilege to be an elected member.
Contact; vc Cliffordjackson@s-norfolk.gov.uk; 01508 571346/ 077717 296 202

Nigel Legg adds:

Although not directly related to Mulbarton, residents should be aware that a Scoping Opinion has been sought by The Sheringham Shoal Windfarm for cabling and the construction of a substation in the Mangreen/Dunston area. The would be in addition to and separate from the current proposals for the Hornsea 3 project (fncluding a major substation on the B1113 by the by-pass).

Contact: nlegg@s-norfolk.gov.uk

NOTE: details of all your District Councillors are available at <https://www.south-norfolk.gov.uk/about-us/councillors-and-committees/your-councillors>

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MULBARTON AND DISTRICT MEN'S SHED UPDATE

In the Summer edition of Parish News, a call went out to men interested in starting a Men's Shed. On 22 October, Mulbarton Parish Council organised and funded an event at Harvest House for men to find out more about setting up a shed. 21 men attended a talk about the Poringland Men's Shed given by Henry Gowman. Henry is also the Norfolk Ambassador for Men's Sheds.

Representatives from Norfolk Adult Social Services, who can provide help and support to Men's Sheds, were also present.

The men agreed to take the idea forward and planned a further meeting in November at Harvest House. This was for more detailed discussion to take place as to what needs to be done to set up the shed, and to draw in those who may not have been able to come in October.

Men's Sheds [it doesn't have to be a shed, a meeting room will do] are for men to meet together to connect, converse, create and have fun. Sheds can help to reduce loneliness and isolation. They are about sharing skills and knowledge, socialising and gaining a sense of purpose and belonging. Every Men's Shed is unique in terms of what happens. It is down to the men who attend to decide what to do.

To find out more go to the UK Men's Shed Association website at <https://menssheds.org.uk>

If you want to be added to the Mulbarton Men's Shed contact list. Please contact Mulbarton Parish Council [tel 01508 578134 or www.mulbartonpc.org.uk].

Cllr Richard Tucker, Mulbarton Parish Council

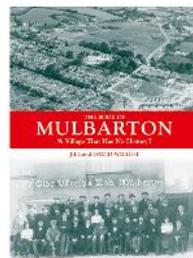
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Rich's Trust (a local charity) can make small grants to residents to meet specific needs. You can contact the Almoner in total confidence: Pauline Campion (570335) pauline.campion@btinternet.com

Our **Community Connector** is **Rachel Mahoney**: contact her on 07972 731176 / rmahoney@s-norfolk.gov.uk Or you can make an appointment to see Rachel at the **GP Surgery, Tuesday afternoons 1-4pm for 'Social Prescribing' - Appointments** need to be made by contacting the receptionist on 01603 977477; choose Option 3.

THE BOOK OF MULBARTON (*right*) is still available from Paddock Farm Shop or from the author at 22 Birchfield Gardens—large format hardback, hundreds of photos, still only £19.99. **STILL IN TIME FOR CHRISTMAS!**



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FROM MULBARTON PRIMARY SCHOOL PTA

We have had a number of well-supported fundraising events over the summer months, the main one being the School's Summer Fayre in June. This was enjoyed by the huge numbers attending, and raised a substantial amount of funds for the school. These funds are used to buy new equipment, arrange trips, provide visiting theatre workshops, and support projects around the school.

Two important and much needed projects that we have funded this year have been the refurbishment of the library in the upper school, and the replacement of the old sports field sandpit with a much larger and more robust version. Both of these are now being used and enjoyed by the children, and should stand them in good stead for years to come. None of this is possible without the generosity of kind supporters/businesses in the village, and the ongoing work provided by our parent/carer committee members, who give up their time to keep the PTA/fundraising going. We always need more help though! If you could spare even a couple of hours a month to assist us in our ongoing work, it would be invaluable.

Our annual Christmas fayre is coming up on FRIDAY 6th December. Our special evening is from 5-7pm at the school where we will have Children's Christmas performances, lots of arts, crafts, tombola, raffle and much more. Come along for an evening of festive fun at Mulbarton Primary school: we look forward to seeing you there!

Adam Barber (PTA Chair)



~~~~~

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**Harvest House:** Room & fully equipped kitchen & garden & Wi-fi available at very reasonable rates. Contact Caroline on 579111 (Mon-Thur 10-1) or 481834 (after 2pm) or [admin@mulbchurch.org.uk](mailto:admin@mulbchurch.org.uk)

**Mulbarton Scout & Guide HQ:** available to hire at an hourly rate. Please call Malcolm Court on 570461 for further details.

**Bracon Ash & Hethel Village Hall & Social Club:** at very reasonable rates, with free superfast broadband & WiFi. <http://www.bracon-ash-and-hethel-village-hall.co.uk/> (new website in preparation). Facebook page - Bracon Ash and Hethel Official Village Hall and Social Club 2019 for our many activities & updates. Or contact Liz Heath on 571388 [liz.heath1@outlook.com](mailto:liz.heath1@outlook.com) . We now have a defibrillator installed, and recently ran a CPR course.



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Carleton House Care Home, Rectory Road, East Carleton, Norwich NR14 8HT

## From Mulbarton Post Office

Hello, Mulbarton.... With CHRISTMAS round the corner here are some tips to help you get your **parcels** to your loved ones safely:

\* CHECK last posting dates: most overseas ones have already passed but for parcels for the UK 2<sup>nd</sup> class is 18 Dec; 1<sup>st</sup> class 20 Dec. [We have a leaflet with ALL last posting dates, including for **cards & letters** worldwide.]

\* WRAP securely (NO string!); name & address to left or centre – with POSTCODE (we can help you find it); PO stamp top right.

\* Don't forget to put YOUR surname, house name/number & postcode on the back.

\* Polybags may be a no-no, but they're MUCH lighter (so cheaper) than boxes....

\* Take to Mulbarton Post Office, weigh, pay and.... BREATHE!!



### We are open Mon-Sat 9-1; Mon, Tues, Thurs, Fri 2-5.30pm

We now sell a lot more stationery items and are looking to get more: let me know if you think of anything you'd like stocked. You pay for stationery at the shop till.

Lots of fundraising at this time of year – you can bank the funds with us (we take bags that are not full – just make sure the same coins are in each bag). We can accept cheques AND cash deposits into personal and business accounts (*but not Nationwide*) – good news is that Barclays has bowed to criticism and will continue to let customers use the PO.

Oh! We do sell stamps!! Individually and in books. Also Postal Orders, International Phone cards + vouchers and One For All gift cards for all occasions.

**REMEMBER – USE US OR LOSE US!**

*Lorraine (Mulbarton PO)*

### **THE GROVE (Leonard Cheshire disAbility) East Carleton Road**

In the PULL-OUT DIARY pages you will find dates and times of our Christmas Coffee Morning and Winter Walks to see snowdrops and daffodils.

We have over 25 acres of lake, woodland, meadows and marshes with sign-posted walks and have done a considerable amount of work during the summer to clear dead, dying and overcrowded trees to open up the lake and woods.

Even if you've visited before, you'll notice a lot of changes!

Proceeds from all events are for the direct benefit of the residents.

**Volunteering** at The Grove is a fantastic way to make a difference and learn new things along the way. There really is a volunteering opportunity for everyone; from sports to music and theatre, arts and crafts to driving, escorting, befriending and fundraising. If you simply want to give your time occasionally or if you want to offer a regular commitment, there will be an opportunity that's just right for you.

For more information, please contact Volunteer Co-ordinator Antonella Parker-Hall on 01508 570879 or email [antonella.parker-hall@leonardcheshire.org](mailto:antonella.parker-hall@leonardcheshire.org)

*Andy De'Ath (Volunteer Groundsman)*

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# REGULAR EVENTS for all

## WEEKLY:

**'Bubbies'** (for expectant Mums & those with young babies) Harvest house most **Wednesdays** from 1.15pm to 2.45pm. (See page 39)



Mulbarton Community Choir

**Community Choir** meets on THURSDAYS 7:30-9:30pm in term-time in the Mulbarton Primary School main hall. Everyone is welcome—see page 31

**Parkrun** 9am every Saturday – on Common or behind Scout HQ More information at <http://www.parkrun.org.uk/mulbarton/>



**SHORT MAT BOWLS:** Wednesdays, from 7.30pm in Village Hall—a small friendly club that welcomes those who'd like to 'have a go' or improve their skills: bowls to borrow! More info from Marga Kempenaar (01508 219029)

**PLUS** all the activities for children & young people: Scout Group (p.41); & Guide groups (p.39) meet at their HQ; gym clubs in the Village Hall; church youth group at Harvest House (contact the Rector, p.3).

## FORTNIGHTLY:

**Craft Club** – 2<sup>nd</sup> & 4<sup>th</sup> Mondays, 2 – 4pm at Harvest House to make things together for charities, chat and help each other. £1 each session with tea and biscuits. Contact Jil 570483 for details.



**LIONS:** second Monday of month at Social Club; last Wednesday of the month at The Grove (Leonard Cheshire Foundation), East Carleton Road. See page 33

**FRIDAY NIGHTS AT THE SOCIAL CLUB:** Live Music or Karaoke Evenings. All events are open to "non-members" but a small entry fee to the club (currently £1) is payable per adult. Children under 18 are admitted free when accompanied by a club member or a paying guest over the age of 18.

*Turn to page 26 for MONTHLY events.....*

# SOMETHING FOR EVERYONE!!

CHECK THE VILLAGE CALENDAR at [www.mulbarton.info](http://www.mulbarton.info)

# DECEMBER



**Sunday 1<sup>st</sup>** 4pm Christingle service at Bracon Ash Church

**Thursday 5<sup>th</sup>** Christmas Wreath making, 7pm at Bracon Ash Village Hall

**Friday 6<sup>th</sup> Chat Café** party (p.26)

**Friday 6<sup>th</sup> December** 5-7pm, Mulbarton Primary School

Annual **Christmas Fayre** in the school halls (see p. 19)  
Pupil's Christmas performances, arts, crafts, tombola, raffle, stalls, etc

**Saturday 7<sup>th</sup>—Mulbarton Community Choir ‘Christmas Cracker’ Concert** at 6pm at St Remegius Church, HETHERSETT (see p. 31)

**Sunday 8<sup>th</sup> – Words Week Quiz Night** at Village Hall, 7.30pm (p.36)

**Tuesday 10<sup>th</sup> – MALGA** planning evening, 7pm at World's End (p.35)

**Friday 13<sup>th</sup> –Carol** singing at the World's End from 7.30 (with the choir)

**Sunday 15<sup>th</sup> – CAROLS BY CANDLELIGHT** at Mulbarton Church, with the Community Choir – **4pm**, repeated at **6.30pm**

**Wednesday 18<sup>th</sup>** from 7pm Flordon Film Club screening **FISHERMAN'S FRIENDS** in the Community Centre/Church (p.26)

**Thursday 19<sup>th</sup> – Christmas Coffee Morning** at The Grove (Cheshire Home), Scotts Hill / East Carleton Road.

**Saturday 21<sup>st</sup> – MARDLERS** Christmas Party in the Village Hall from 2.30pm (see p.35 on how to book).

**Sunday 22<sup>nd</sup> – CAROL SERVICES:** Hanover Gardens Lounge (10.30am); Hethel Church (4pm); Flordon Church (6.30pm). ALL WELCOME!

**Tues 24<sup>th</sup>, CHRISTMAS EVE** – Mulbarton Church:  
**4pm** Crib service; **11.30pm** Midnight Communion



**CHRISTMAS DAY** Family Service **10am** at Mulbarton Church

# JANUARY

**HAPPY  
NEW  
YEAR!**

**THURSDAY 9<sup>th</sup> - BOOK CLUB** at the Worlds End (see page 36)  
and **COMMUNITY CHOIR** re-starts in the school hall (p.31)

**SUNDAY 12<sup>th</sup> Words Week Quiz Night** at Village Hall, 7.30pm (p.36)

**SUNDAY 26 JANUARY** is the last copy date for the **SPRING** edition  
of Parish News – see page 5.

**Tuesday 28<sup>th</sup>—MARDLERS** at the Social Club, 2—4pm (see p.35)



**SATURDAY 8<sup>th</sup> Feb, 2:30-4:30pm**

**Swap Shop at Harvest**

**House**—bring and take up to  
3 items & raise money for  
local groups. Tea & cakes.



**Sunday 9<sup>th</sup> February** – Early-Spring  
Walk (for snowdrops) at The Grove  
(Cheshire Home) 12 - 4 – Entry - £3  
adults, children 16 & under and disabled  
free and dogs on leads welcome.

**Sunday 9<sup>th</sup>—Words Week Quiz Night** at Village Hall, 7.30 (see p.36)



**Thursday 20<sup>th</sup> – Messy Church**

10am – 12 noon at Mulbarton Primary School (see p.5)

**Tuesday 25<sup>th</sup>—MARDLERS** at the Social Club, 2—4pm

(see p.35)

## **FORTHCOMING**

**Sunday 29<sup>th</sup> March** – Mid-Spring Walk (for daffodils) 12.00-4.00pm

# REGULAR EVENTS for all

## MONTHLY:

**PARISH COUNCIL**—1st Monday, 7.30, in the Village Hall Committee Room; with public open session at beginning and end of meetings.

**CHAT CAFE** at Hanover Gardens Lounge from 10am for anyone over 50: **first Friday** of each month, only £1 entry including refreshments. Optional activities or just come along for a coffee and a chat! **On Fri 6th December we have a Christmas party with Bobby Graham singing music from the '60s followed by seasonal refreshments** (finishing 12.30).

**Words Week Quiz nights** – 2<sup>nd</sup> Sunday of the month, 7.30pm VILLAGE HALL to raise funds for Mulbarton Words Week. £3pp (up to 6 per table) - p.36

**Baby clinic** - held on **2nd Thursday** each month in the Social Club at the Village Hall via front lobby entrance - 1.30pm to 2.30pm



**MOBILE LIBRARY:** now visits every 4 weeks on a **Thursday**—Dates this winter are **THURSDAYS 19 Dec; 16 Jan; 13 Feb**. We are route CEN 416 – you can download a timetable at [https://](https://www.norfolk.gov.uk/libraries-local-history-and-archives/libraries/your-local-library/mobile-libraries)

[www.norfolk.gov.uk/libraries-local-history-and-archives/libraries/your-local-library/mobile-libraries](https://www.norfolk.gov.uk/libraries-local-history-and-archives/libraries/your-local-library/mobile-libraries)

**Mulbarton Evening WI** – 3<sup>rd</sup> Monday of month, 7.30pm in Village Hall – programme page 29

**Mulbarton Mardlers** meet at the Social Club on the **fourth Tuesday** of the month between 2 and 4 pm in Winter (*except December*) – see p.31

## OTHER REGULAR EVENTS:

**BOOK CLUB** meets every 6 weeks at World's End: dates & books—p.36

**NEW: Men's Curry Club**—see page 33

**FLORDON FILM CLUB** has a bi-monthly programme of films at the Community Centre (Church) off Long Lane on

**WEDNESDAYS** . Doors open 7pm; film approx. 7.40pm.

Subscription £5.00 per year; OR pay £5 on the door. To book tickets or for more information contact David Harrison

at [david020747@hotmail.co.uk](mailto:david020747@hotmail.co.uk) or 01508 470118 **Screening**

**FISHERMAN'S FRIEND** on 18th DEC. (with seasonal refreshment!)



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## MULBARTON EVENING WOMEN'S INSTITUTE



Mulbarton W.I. meets once a month, on the third Monday at 7.30pm in the main Village Hall. We are a very informal W.I., - no Jerusalem and very little jam! We welcome visitors and new members.

This year has been busy and enjoyable, with lots of special events to celebrate Norfolk W.I.'s Centenary. Our monthly programme is varied and there are optional extra activities with our Garden Club and the Explorers Group, who are currently looking forward to a tour (with tastings) of the Archangel Gin Distillery near Fakenham. December 9th we will have a Christmas lunch at The Bird in Hand, Wreningham. **Mon 20th Jan** will be a social evening when we ring in the New Year with the help of The Windmill Ringers and their handbell chimes. Then on **Mon 17th Feb** we have a craft-based evening with a talk/demo on 3D fabric flowers. Other topics planned for 2020 are a talk on sheepdogs, their training and trialling activities; a slide-based talk on The Southern Ocean and Antarctica, plus a Fashion Show. Watch Mulbarton Parish News for further info.

### **Don't be shy ladies - give us a try!**

Make this your motto for 2020 - Be part of the community and make friends!  
For further info please contact our Secretary Anne Hackett 01508 570040 or e-mail [aehackett@btinternet.com](mailto:aehackett@btinternet.com).

*Anne*

## MULBARTON HERITAGE

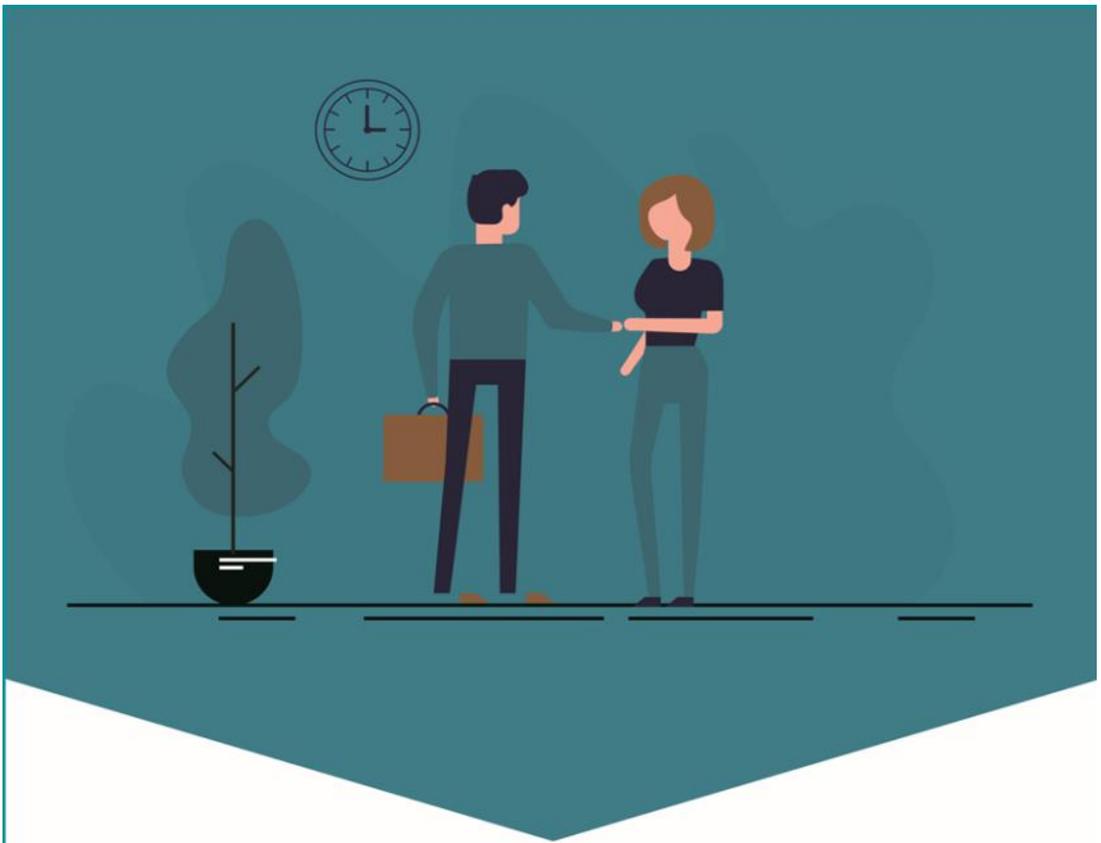
The Heritage Group continues to maintain three local history websites:

[www.mulbartonhistory.or.uk](http://www.mulbartonhistory.or.uk)

[www.bracon-ash-and-hethel-history.webnode.com](http://www.bracon-ash-and-hethel-history.webnode.com)

[www.flordonhistory.webnode.com](http://www.flordonhistory.webnode.com)

New material is frequently added—a tale of an accidental shooting and suicide linked to mystery gravestones in Mulbarton churchyard; the first ever county-wide nature essay competition won by a pupil at Bracon Ash (and that little school becoming the first name on a large shield); and information on Flordon landowners and tenants coming via San Diego, California! **Keep looking!!**



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Mulbarton Community Choir

## MULBARTON COMMUNITY CHOIR

Mulbarton Community Choir's '**A Christmas Cracker**' concert is taking place at St Remigius' Church in Hethersett at 6pm on **Saturday 7th December**. The choir will be singing a selection of Christmas numbers old and new, with some audience participation required and special guests! Also singing on

the night are the fabulous Gospel Choir from Sir John Leman High School in Beccles. Tickets are £5 / £1 and can be bought online at <https://www.ticketsource.co.uk/mulbarton-church>, or call Caroline on 579111.

Mulbarton Community Choir are also leading carols in the World's End on **Friday 13th December**. Bring your best singing voice and we will see you there from 7.30pm!

The choir will be singing in local carol services in Mulbarton on Sunday 15th Dec. at 4pm and 6.30pm; and in Hethel on Sunday 22nd Dec. at 4pm.

If you are interested in coming along to a choir rehearsal, we would love to see you. Mulbarton Community Choir is a community group which welcomes all people to experience the joy of singing in a friendly environment. We are open to anyone who wants to join: you don't need to have any prior singing experience or be able to read music – we just want plenty of enthusiasm!

We sing a varied selection of music: from pop to folk, sea shanties to classical, gospel to jazz. We have sung in Norwich Cathedral as well as local churches and community halls. We are proud of producing performances of a high musical standard and this is due to the effort singers put into our rehearsals. In autumn 2019, the choir's successes have been recognised in the Norfolk Arts Awards, as finalists in the 'Music' category – watch this space to find out how we get on!

If you want more information, please email [mulbartoncc@outlook.com](mailto:mulbartoncc@outlook.com) or look us up on Facebook...or just come along to the upper school hall at Mulbarton Primary School on a Thursday in term time, 7.30—9.30pm.

Rehearsals for 2020 begin on **Thursday 9th January**.

*Lin Goram*

## FLORDON FILM CLUB—see page 26

### NEWTON FLOTMAN FILM CLUB

In the Newton Flotman Village Centre - 7:30pm (bar opens at 6:30pm).

**Tuesday 17th December – Yesterday** (cert. 12A). A struggling musician realises he's the only person on Earth who can remember The Beatles after waking up in an alternate timeline.

Advanced tickets are £4.50 adults, £3.50 concessions, £15.00 for a family (2 adults & 2 children) or £5.00 per person on the door. Contact William Ball at [william.ball@outlook.com](mailto:william.ball@outlook.com) or 01508 471506 To check out the new programme of cinema events visit <https://www.facebook.com/newtonflotmanvillage>





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# Hethersett District Lions Club (CIO) - Your local Lions group



We recently had a talk from Judy Burns-Thomson from the Motor Neurone Disease Association and donated £500 to this worthwhile organisation. If you or anyone needs help or advice regarding MND Judy can be contacted via email: [judyburnsthomson@yahoo.com](mailto:judyburnsthomson@yahoo.com)

We also had a talk from Barry Willson from the Salvation Army in Norwich to whom we donated £500 towards their provision of food to the homeless in Norwich. Donations of £400 each have been given to the Edith Cavell Day Care Centre at Swardston to help with their Christmas lunches for their attendees and to the Leonard Cheshire Home at East Carleton towards their Christmas activities. A donation of £500 was made to the Lions Clubs International Foundation to help with their work following the recent disaster in the Caribbean.

In November we attended the Mulbarton Scouts firework display with our candy floss stall and in December we will be taking 'flossie' to the Newton Flotman School Christmas Fayre.

Thank you for recycling your used spectacles in our collection bins located in the local doctors' surgeries. On average we send away 200 pairs a month to Chichester Lions Club who receive them from all the Lions Clubs in the UK. They send over 300,000 pairs a year to Medico France in Le Havre. Medico France have the necessary equipment to clean and grade the spectacles ready for use in eye camps in Africa, India and Eastern Europe

Should you wish to know more about what Lions get up to feel free to come along to any of our meetings on the second Monday of the month at Mulbarton Social Club or the last Wednesday of the month at The Grove (Leonard Cheshire Foundation), East Carleton Road – both meetings at 8pm.

*John Hewitt, Club Secretary*

01508 570392 [www.e-clubhouse.org/sites/hethersettuk/](http://www.e-clubhouse.org/sites/hethersettuk/)

**NEW!**

## Mulbarton Men's Curry Club

The main purpose of the Mulbarton Men's Curry Club is to spend enjoyable evenings in good company eating good food. The MMCC is open to all men (by birth or gender re-assignment) who have achieved their 18th birthdays. In every other respect, we welcome diversity.

We aim to meet from time-to-time (once every month or two) to eat curry and to discuss topics of interest to Mulbarton men. No subject is out of bounds and everyone's opinion must be respected. It is quite acceptable to agree to disagree. Our first meeting was on Tuesday 1 October at the *Duke of Delhi*.

Become a member by joining the group - Facebook page: <https://www.facebook.com/groups/427955814494216/about/> and look out for details of our forthcoming meetings.

*Nick Martin*



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**MALGA** is for YOU if you are interested in gardening, even if you are not an allotment holder, why not join MALGA to meet like-minded people?

We had a very full and exciting programme of activities in 2019, some of which we opened to the general public: the Mulbarton Gardeners' Question Time, Mulbarton Open Gardens, Allotment Open Day (*photos below*) and a splendid talk about the wildflower meadow at Hethel

Church. And we made donations from proceeds to local organisations and charities of over £2,000.

Follow us on Facebook where you can find full details of our planned activities including Member-only activities such as BBQs, pub nights, quizzes, dinners and lunches.

Come along and joins us at our meeting on Tuesday 10 December (7pm at the World's End Pub) when we shall be setting the programme for 2020. If you can't come, then to join MALGA, please contact our Chair, Chris Samson, on [cimsamson@yahoo.co.uk](mailto:cimsamson@yahoo.co.uk) or 07837 969 715; or contact our Secretary, Geoff, at [geoffandvirginia@tiscali.co.uk](mailto:geoffandvirginia@tiscali.co.uk); or download the form from our Facebook page.

*Nick Martin*



## Mulbarton Mardlers

Mulbarton Mardlers meet at the Social Club on the fourth Tuesday of the month. Please note the change of time to **the January & February meetings which will be between 2.00 and 4.00pm**, due to the darker evenings. You are very welcome to join us for an afternoon of tea and chat and an opportunity to meet people. No 'membership': come when you can; come by yourself; or come with a friend. If you need transport, contact Sue Mellows (578034 or e-mail [sue@sysue.co.uk](mailto:sue@sysue.co.uk)) or Tracey Salisbury (578068) who will organise a lift for you.



In November, we celebrated our 3rd birthday, and ventured out by bus and car for a buffet lunch at The Oak Tree on Ipswich Road.

In December, instead of our Tuesday meeting we will have our annual **Christmas party in the village hall on Saturday 21<sup>st</sup> from 2.30-5.30pm** - friends and family very welcome. We charge a nominal £1 per person that day so that we have some idea how many people to cater for.

Dates for early 2020 are **Tuesdays: 28th Jan, 25th Feb, and 24th March**

## ENJOY A GOOD READ?

Our Book Club offers interesting reading and lively debate at our meetings in the Worlds End at 8pm . Over the past year we have read a wide variety of styles and themes:

*I know why the Caged Bird Sings* – Maya Angelou

*The Couple Next Door* – Shari Lapena

*Corpus* – Rory Clement

*Home Fire* – Kamila Shamsie

*Eleanor Oliphant is Completely Fine* – Gail Honeyman

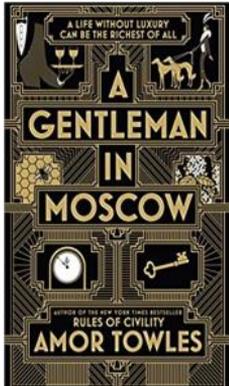
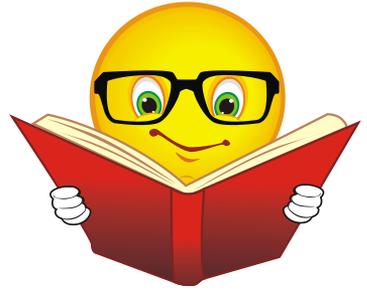
*Night Circus* – Erin Morgenstern

*The Goldfinch* – Donna Tartt

*Testament of Youth* – Vera Brittain

On our usual Book Club night on 12 December we will be enjoying a Christmas Dinner at The Bird in Hand (with Secret Santa books).

We will be selecting books for the rest of 2020 at our next meeting:



**9th January 2020**

***A Gentleman in Moscow* by Amor Towles**

"Towles' use of language is an absolute pleasure to read and you can't help but savour every last word. What makes it a great work of historical fiction is the apt creations the author builds outside the hotel walls in a truly tumultuous time. Towles creates such a memorable character in Rostov and this book brings something for all - humour, history, friendship and philosophy." *Irish Times*

For more information contact Pat Brooks 01508 570016 or email [Patriciabrooks569@gmail.com](mailto:Patriciabrooks569@gmail.com) Pat



### Quiz Nights...

....are back, on the Second Sunday evening of each month and in a new location (The Village Hall), with a new format and the chance of a jackpot win!

Our first night in October was a great success so why not join us on Sunday 8<sup>th</sup> December?

Exercise your brain with questions like this:

What is another name for a hedge sparrow?

In what British city is The Beano published?

Which is the longest river in Scotland?

The jackpot in October was £40 but rolled over to November to an estimated £70! Will it have rolled over again for December???

Teams of up to 6 people £3 per head; to reserve a table for your team email [chris.lansdowne910@gmail.com](mailto:chris.lansdowne910@gmail.com). (Bar open!)

## MULBARTON WORDS WEEK REPORT

In his annual report at our AGM the chairman, Chris Lansdowne, emphasised our commitment to the community of Mulbarton and its future, so we consider our annual funding of visiting authors to the school a priority. These visits are designed to encourage children to appreciate the joy and value of reading. Thanks to the support of the Parish Council, the visit of Paeony Lewis was very much enjoyed and appreciated.

The 2019 Words Week programme had plenty of variety and talks by award-winning authors, including novelists Rory Clements and Emma Healey; biographers George Szirtes and Phyllida Scrivens; and The Guardian's natural history columnist Patrick Barkham.

Despite the committee being mostly well satisfied with the eventual outcome, organising this year's event did have challenges. There were difficulties in booking venues and unfortunately we had to cancel the Big Quiz. We also feel, after five years, we need fresh ideas and so it has been decided to hold the next MULBARTON WORDS WEEK in **Autumn 2021**.

Finally, Chris and team would like to thank our sponsors and all those who have supported our efforts; special thanks to Lynne of Kett's Books for her valuable help and all the people who baked refreshments, served teas, donated prizes, set up rooms and all of you who came.

*Pauline & team*

## EDITH CAVELL DAY CENTRE SWARDESTON

Each year we try to come up with new ideas and festive entertainment for our December programme. We have our traditional Carol services followed by sherry and mince pies and music provided this year by the Wensum Valley hand bell ringers, Hugh Morgan on his barrel organ, the Martin Singers and Broadside Barbershop quartet. We have a variety of singers at each of our parties too, who often give opportunities for everyone to sing along!

This year we have invited the Melsop Farm park reindeer to visit and as they will have to be outside, we hope the weather is kind. They will be well supplied with carrots and fuss!

Animals are particularly popular with our clients many of whom worked on or owned farms and have had many pets or menageries themselves in days gone by and miss the company of animals. We hope this new venture goes down well.

Once Christmas is over and it can be a rather flat and bleak time of year in January, the staff and volunteers put on a biennial pantomime, the script written by one of our volunteers. This year we are producing Aladdin! Oh yes, we are! It is always talked about and remembered long after the 'curtain' has gone down and hopefully it will be the same this year. Look out for pictures on our website and face book pages. A reminder of our website for up to date information:

[www.swardestondaycentre.org](http://www.swardestondaycentre.org)





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We have accommodation at Mangreen if you have any guests you need to accommodate give us a call from £70 bed and breakfast.

## **BUBBIES'**



We are a small, friendly group for those expecting a baby or with a young baby up to pre-walkers. Our cosy venue, Harvest House, suits us well as it is light and carpeted. Our informal session runs on **Wednesday afternoons from 1.15pm to 2.45pm** and people pop in at any time to suit their needs.

There is no fixed admission fee but donations to cover the cost of room hire and refreshments are much appreciated. The babies have had access to a variety of stimulating toys and books etc.

Bubbies was set up in November 2018 by Zoe who has a nursing, midwifery background and retired after working as a registered childminder in the village for 17 years. She recognizes the need for parents of young babies to have a local venue where they can meet and get to know each other and it has been good to see parents attending the group build up supportive friendships as their babies have developed.

Newcomers are very welcome and can just turn up. If you would like more information about the group, please contact Zoe on 07944407396 or see our Bubbies' Facebook page.

**Zoe**



## **Girlguiding**

### **Mulbarton Guides & Rangers**

We've been busy working on some of the Skills Builders, which are part of the new Girlguiding UK programme. As a result the Guides

have covered a wide range of activities so far this term - everything from learning the phonetic alphabet and using it to send a variety of messages, to using art and textures as a way of portraying a journey. The Rangers have discovered the pros, cons and pitfalls of using credit and debit cards and ways to keep personal belongings secure when out and about.

Traditional favourites have featured too - most of the girls took part in a night hike - and we have Christmas themed meetings planned.

Again this year we joined with all the Guiding and Scouting units in the village for a very well attended Remembrance Service following the parade of all units from the HQ.

Guides meet on a Tuesday, 7:15 - 8:45 in termtime. To find out more about the unit and Rangers (14-18 year olds), please contact us via [mulbartonguides@gmail.com](mailto:mulbartonguides@gmail.com)

*Pam, Hayley, Molly & Sally*

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# 1st Mulbarton Scout Group



Huge thanks to everyone that came along in support of our big fundraiser on 2nd November. We hope you enjoyed the evening and fireworks. As a charity we rely heavily on this annual event so please continue to keep coming along to join us every year. As 1st Mulbarton Scouts move forward into 2020 we are now the largest Scout group in the area and have every reason to be proud of what we are achieving. We were recently praised on our ability not only to attract so many local young people wanting to join but also on our retention rate. Once children join us they rarely want to leave and that is testament to the wonderful work, commitment and passion of all our volunteers. Our pleas throughout 2019 for local people to come forward and offer a little of their time to Scouting has been fruitful. Several of our newest adult volunteers went on an adventure of their own recently at nearby Eaton Vale. They had a great time at a skills and team building weekend—here's a small taste of what they got up to:-



Success brings its own difficulties. There is no sign of our growth beginning to slow and despite now running seven different weekly groups for different ages our waiting lists still continue to lengthen. It is essential that local adults continue to come forward and get involved with Scouting. If getting adventurous, as in the photos, isn't really your thing then why not think about giving us a hand behind the scenes on our committee? We currently need fundraisers, a secretary and any general members are always most welcome.

You can see regular updates of what we get up to on our Facebook—page just search '1st Mulbarton Scouts' and you can also contact us through the page OR call Chris White on 01508 570180.

*Cathy Middleton* (Publicity Officer)

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## The Humbleyard Practice—Mulbarton Surgery

The Humbleyard Practice has for many years been a training practice. This means that qualified registrars spend a set period with the practice having chosen to specialise in General Practice. These registrars normally work out of Cringleford surgery.

There are of course benefits to the practice in having registrars (qualified doctors) available to run clinics, as it increases the number of appointments we have available, but there is far more to it than that. The registrars are supported by a dedicated GP partner who has trained as a GP Trainer. They are mentored and supported throughout their time with us. One of our current doctors did their GP training with us and now works as part of our team.

We have also recently embarked on a series of training days for Foundation Year Medical Students from the UEA. We have taken groups of students and with patients' consent; we have let them sit in on various clinics to give them a feel of what working in General Practice is like. These students have visited all three of our surgeries.

The practice has also embarked on a programme - again in conjunction with the UEA - of training Year 1 Medical Students. This programme gives medical students one of their very first opportunities to engage with patients face to face as they spend one day a week at one of our surgeries. The programme covers a different chronic disease each week and we invite patients to come in and talk to the students about their condition and in some cases undergo examination by the students of joint replacements or joint pain, it all depends on the topic being covered that week.

We are very proud to be a practice who pro-actively seeks to train and develop, not only our own staff, but actively looks to develop those who are either right at the start of their training or who have qualified and are choosing their speciality.

*The Humbleyard Practice Team*

### Money Worries?

This is a difficult time of year for many anyway, so whether it's money worries keeping you up at night, you just can't seem to shake that bad habit, or you're tired of going for job interviews that never get you anywhere – **CAP** has a service that can help you. Award winning "Christians Against Poverty" is a UK charitable company founded in Bradford in 1996. They are a national organisation specialising in **debt counselling for ANYONE in financial difficulty**, including those at risk of bankruptcy or insolvency. In a recent Radio interview they spoke of helping a lady who'd collected 3 bin bags full of un-opened bills because she was afraid to even look, until she turned to CAP! They have such a **good** reputation that organizations, chasing for monies owed, are happy to work with them on behalf of those struggling financially. Don't struggle a moment longer — please go to <https://capuk.org> or to speak to someone local call 0800 328 0006 or 01274 760 720 for **free debt counselling**.

From Marina Carter [marina@mulbarton.info](mailto:marina@mulbarton.info)

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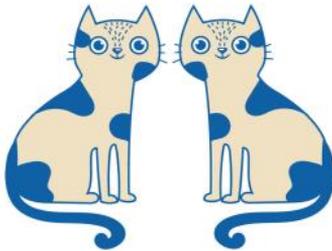
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# **SUNDAY SERVICES – December 2019—February 2020**

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| December                             |                                                                                                                                                          | January                              |                                                                                                                                                          | February                             |                                                                                                                                           |
|--------------------------------------|----------------------------------------------------------------------------------------------------------------------------------------------------------|--------------------------------------|----------------------------------------------------------------------------------------------------------------------------------------------------------|--------------------------------------|-------------------------------------------------------------------------------------------------------------------------------------------|
| <b>1<sup>st</sup></b>                | 8am Holy Communion<br><b>Mulbarton</b><br><br>10am All Age Service<br><b>Mulbarton</b><br><br>4pm Advent Christingle<br><b>Bracon Ash</b>                | <b>5<sup>th</sup></b>                | 8am Holy Communion<br><b>Mulbarton</b><br><br>9am Morning Prayer<br><b>Bracon Ash</b><br><br>10am All Age Service<br><b>Mulbarton</b>                    | <b>2<sup>nd</sup></b>                | 8am Holy Communion<br><b>Mulbarton</b><br><br>9am Morning Prayer<br><b>Bracon Ash</b><br><br>10 All Age Service<br><b>Mulbarton</b>       |
| <b>8<sup>th</sup></b>                | 8:30am Communion<br><b>Hethel</b><br><br>10am Morning Worship,<br>with thanksgiving<br><b>Mulbarton</b><br><br>10am Morning Light<br><b>Flordon</b>      | <b>12<sup>th</sup></b>               | 8:30am Communion, with<br>blessing of plough - <b>Hethel</b><br><br>10am Morning Worship<br><b>Mulbarton</b><br><br>10am Morning Light<br><b>Flordon</b> | <b>9<sup>th</sup></b>                | 8.30am Communion<br><b>Hethel</b><br><br>10am Morning Worship<br><b>Mulbarton</b><br><br>10am Morning Light<br><b>Flordon</b>             |
| <b>15<sup>th</sup></b>               | 9am Holy Communion<br><b>Bracon Ash</b><br><br>4pm & 6.30pm<br>CAROLS BY CANDLELIGHT<br><b>Mulbarton</b>                                                 | <b>19<sup>th</sup></b>               | 9am Holy Communion<br><b>Bracon Ash</b><br><br>10am Holy Communion<br><b>Mulbarton</b><br><br>3:30pm Evening Prayer<br><b>Flordon</b>                    | <b>16<sup>th</sup></b>               | 9am Holy Communion<br><b>Bracon Ash</b><br><br>10am Holy Communion<br><b>Mulbarton</b><br><br>3:30pm Evening Prayer<br><b>Flordon</b>     |
| <b>22<sup>nd</sup></b>               | 10am Holy Communion,<br>with thanksgiving<br><b>Mulbarton</b><br><br><u>CAROL SERVICES</u><br>10:30am Hanover Lounge<br>4pm Bracon Ash<br>6.30pm Flordon | <b>26<sup>th</sup></b>               | 8:30am Communion<br><b>Flordon</b><br><br>10am Morning Worship<br><b>Mulbarton</b><br><br>10:30 Church @ Hanover<br><b>Hanover Lounge</b>                | <b>23<sup>rd</sup></b>               | 8:30am Communion<br><b>Flordon</b><br><br>10am Morning Worship<br><b>Mulbarton</b><br><br>10:30 Church @ Hanover<br><b>Hanover Lounge</b> |
| <b>24<sup>th</sup></b><br><b>Dec</b> | 4pm Crib Service<br><b>Mulbarton</b><br><br>11:30pm Midnight<br>Communion<br><b>Mulbarton</b>                                                            | <b>25<sup>th</sup></b><br><b>Dec</b> | 9am Christmas Communion<br><b>Flordon</b><br><br>10am Christmas Communion<br><b>Hethel</b><br><br>10am Christmas Celebration<br><b>Mulbarton</b>         | <b>29<sup>th</sup></b><br><b>Dec</b> | 10am Benefice<br>Communion Service<br><b>Hethel</b>                                                                                       |

