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PARISH NEWS**
Spring 2020
(for March to May)



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A new year, a new decade, and lots to look forward to this year in the churches here. Our vision to be “following Jesus, sharing the journey” continues to be at the heart of all we do, and we count it a privilege to be sharing the journey in all sorts of ways with our local communities, be it small groups to deepen our spiritual lives, Sunday worship, swap shops, foodbank support, choir, Mardlers, the 150 funerals, 60 baptisms and 45 weddings that I’ve had the privilege of being involved with in the 6 years I’ve been in post here, or whatever. Check out our website to see details of all that’s planned this year, and how you can get involved.

Mulbarton Church are not planning an Open Day this year, because we want to join in with the village celebrations that will be happening to mark Victory in Europe Day on Friday 8th May. We’re grateful to the Parish Council for their plans to restore the clock face on the church tower, to mark seventy five years since the end of World War II.

We’re also grateful to Paul Miles, a local stonemason, who has agreed to restore pro bono the only Commonwealth War Graves Commission grave in Mulbarton, that of Frank Barrett, of the Royal Horse Artillery, raised in Mulbarton, who died in 1920 from wounds sustained during World War I, at just 23 years old. We’re proud that his name was added to the War Memorial inside the Church before the last Remembrance Sunday service. The Church is open during daylight hours every day. Please do visit the Memorial to pay respects and say your prayers. On Remembrance Sunday last year, 270 people visited our churches and raised £330 for the Royal British Legion.

Thanks to all those in the community who have taken an interest in Frank’s grave, which had fallen into a state of disrepair. 12 volunteers from the community are taking a month each to tend the grave, through this year, and others have helped explore options and recruit help to see his grave restored. The inscription we discovered last year on the base of his grave stone, buried for decades, reads simply: “Life’s race well run, life’s work well done”. Adrian



From Registers (Mulbarton unless otherwise stated):

BAPTISM

21st September—Millicent Louise Thomas

THANKSGIVING

8th December – Isabel Florence Johnson

22nd December – Ralph Hanna

FUNERALS

22nd November – William ('Bill') Skinner

6th December – Rev Michael ('Mike') McCrum

31st December—Betty Rudrum (at Flordon)

24th January – James Vincent Cooper

3rd February—Joan Oakley (at Swardesdon)

7th February—Audrey Pamela Spencer

BURIAL OF ASHES

9th November – David T J McIntosh

[Note from Ed: you are welcome to inform me of Weddings and Funerals of local residents that have taken place at other venues—contact details opposite]

FOR FAMILIES WITH YOUNG CHILDREN



A word about the Family service **2.30 pm** at **Hethel Church, 4th Sunday of each month.**

We will be gathering again for our Family Service at Hethel Church at the new time of 2.30 pm. This service is particularly suited to younger children.

We will be singing songs, playing instruments, finding all sorts of things in our treasure box and saying a prayer together as we explore a different Biblical theme each month.

The service will be approximately 30 minutes in length with a snack offered afterwards for those who would like to stay. Please feel free to bring a snack of your children's choice if you prefer.

Dates: **22 March, 26 April, 24 May.** We look forward to welcoming you. For more information contact Revd Adrian Miller: adrian@mulbchurch.org.uk or Cathy Nicholls: cathynicholls@allbelievers.org or 01508 570557

See page 43 for information on Quiet Time with God at Hethel Church

FROM THE EDITOR

Great news this quarter—Sue Parker is joining the team as Assistant Editor. WELCOME, Sue! This is a huge help to me and a great relief to know someone else is 'learning the ropes' to help should there be occasions when I can't.

With more space this time, there is a special feature on the School (p.15) and Sue has designed a puzzle for page 39. Please let us have your comments and ideas on layout/design, though sometimes there is no space to experiment.

SUNDAY 26th APRIL is the last copy date for our SUMMER issue (covering June, July & August 2020). PLEASE NOTE IN YOUR DIARIES! And it will be an even greater help if items are sent in early so I can pass them to Sue to start the editorial process.

THE TEAM:

Editor: Jill Wright (570532) dandjwright@hotmail.com

Assistant Editor: Sue Parker (contact details to follow)

Distribution: Pauline Campion (570335) pauline.campion@btinternet.com

Proof-checking: Sue Stirling

Production: Rev. Adrian Miller

ADVERTISING: Contact our Ads Manager, Sara, at brumhead2@aol.com

Cover photos each quarter by Terry Burchell

Jill

NOTE: the early May Bank Holiday is V.E. Day—**FRIDAY 8th MAY** and NOT the Monday (4th) as may be in your diary or calendar!



Messy Church

We meet again in the school Easter holidays and the May half-term. We have lots of fun and usually get quite messy exploring a Bible story through craft, activities, acting, song and prayer. We draw everything together with

lunch, which is provided.

Do come along to **Mulbarton Primary School from 10am to 12 noon**; join in, meet other families, and find out more about how we can follow Jesus in our everyday lives. Cost only £1 per adult & child to cover costs.

Thursday 9th April, come and make an Easter Garden.

Thursday 28th May, meet Moses, the baby in the basket and the man at the bush. For more information contact Cathy Nicholls on 01508 570557, cathynicholls@allbelievers.org

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VILLAGE INFORMATION

VILLAGE WEBSITES & INFORMATION:

Village information, downloadable map, link to monthly ‘infomail’ and to digital version of this Parish News: www.mulbarton.info

Parish Council: www.mulbartonpc.org.uk—downloadable WELCOME booklet for newcomers here, or collect a copy from the **Parish Council Office** which is to right of the Village Hall main entrance, where the opening times are displayed on a notice on the door.

Church group: <http://mulbchurch.org.uk>

Mulbarton Primary School: <https://mulbartonprimary.norfolk.sch.uk/>

Mulbarton surgery: <http://www.mulbartonsurgery.co.uk>

VILLAGE HISTORY

www.mulbartonhistory.org.uk

www.bracon-ash-and-hethel-history.webnode.com

www.flordonhistory.webnode.com

A warm welcome to all newcomers to Mulbarton!

A special welcome to newcomers reading this quarterly magazine, and no doubt finding it a mine of information, especially those amongst us who aren’t computer users! You’ll find contact details etc. for local services, Clubs, organizations, events and much more—keep it handy!

If you are new to Mulbarton, or have new neighbours, do let me know have an address so I can pop a laminated map and a welcome note in the door!

Marina, 578186 marina@mulbarton.info

Marina’s ‘Info-mails’

Many thanks for the kind words and messages I’ve been receiving for the monthly info-mails I send to a number of local contacts: glad to know they are useful and the list of those opting in still grows. Contact me if you’d like to try one—you can always opt out! There is a link to a printable PDF version of the latest one at the top of the Notice Board page of my Village website.

Marina, 578186 marina@mulbarton.info

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PARISH COUNCIL CHAIRMAN'S REPORT

At the Parish Council meeting in January the Council set the new precept for the coming financial year with a reduction of 4%. This has been achieved by analysing our spending and getting good value for money with new contracts.

As part of the celebrations to mark VE Day in the Village we have agreed to carry the cost and manage the refurbishing of the Clock face on the Parish Church. We understand that it has not been touched since it was installed at the end of the Second World War. Coupled with this we are organising, with the Scouts, a **Family Fun Day** to celebrate the occasion. Details will be on the Parish Council website.

We carried out the replanting of a total of 35 trees in the area in front of the Doctors' Surgery. We thank everyone who turned up to help. We have let out a contract for the cleaning up and long-term maintenance of the Jubilee Gardens as we found the existing arrangement not up to scratch. We will closely monitor the situation to ensure the work is carried out to a satisfactory level and is good value for money.

We have completed the work on refurbishing the security ditch around the Common and hope this deters the few people who access and do damage to the surface—especially in light of the abnormal rainfall we have experienced over the past few months.

We have had meetings with SNC re the maintenance of the Common

and the ponds. They have promised a programme to bring the area back to an acceptable state. It will be interesting to see if they actually carry out their promises.

We have just received the late arrival of the Greater Norwich Local Plan, which covers the period up to 2038 but the section dealing with our local villages was not available at the time of going to press and therefore we cannot update you on its implications as regards Mulbarton. Note that we will be reviewing the progress after 5 years and in our opinion it will be an ongoing target.

Despite a lot of effort Hopkins Homes have still not completed our list of outstanding works and we are totally dissatisfied with their management, with little or no support from SNC Planning department. We have taken the decision to release some allotments plots, for both Phase 1 and Phase 2 to enable the Villagers to get the necessary preparation work in for the coming growing season.

We continue to enjoy a good working relationship with MALGA to the benefit of both parties. There are just a few spaces left for the new allotments and anyone interested should get in touch with either our Clerk, Anne or our Vice-Chairman Beverly. They can be contacted via the PC website, email or telephone.

Peter Leigh (Chairman, Mulbarton Parish Council)

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DISTRICT COUNCILLORS' REPORTS

The draft Greater Norwich Plan for the period to 2038 has been published. This includes proposals for Norwich City and Broadland Councils together with the heavily populated areas of South Norfolk Council. The rural areas of South Norfolk are being considered separately. In total some 8000 more homes are proposed to be allocated throughout the area. This is addition to the 36000 already allocated.

There will be a public consultation on the main document from 29th January to 16th March. Mulbarton falls within the rural area of South Norfolk. Specific details of proposals for these areas may be published by the time of publication of the Parish News. In general it is proposed that the rural area will be divided up into clusters of villages based on the local schools. Housing allocations could be made in the village clusters of some 15 to 25 homes depending on the local demography.

There will be Road Shows throughout South Norfolk during the consultation period which will be publicised (they began in February, please note).

Nigel Legg

Contact: nlegg@s-norfolk.gov.uk

The District Councillors are pleased that we gave £2100 to various projects in our ward before the deadline of 31st Dec. The next round of funding opens on 1st April. If possible please contact as soon as you are thinking of a proposal so we can expedite it and use all our money this year. The CAF funding continues and there are two other £200 funds for VE Day 8th May and Better Together; available ASAP.

Councillor Nigel Legg has commented on the Greater Norwich Development Plan 2022 – 2038 consultation (*above*). Neither Mulbarton nor surrounding villages have been named in the proposals, but speculative bids can be submitted and it is best to check and respond ASAP. The contact for this is; www.gnlp.org.uk or 01603 306603. There has been difficulty using these portals in previous years, please tell us if you have problems so we can follow it up.

The merger of 'back office' functions with Broadland District Council continues and is having some effect on capacity so if you have any delays or comments about our services we need to know in order to address it. Thank you for your support. We hope to meet you soon.

Vivienne Clifford-Jackson

Contact: vcliffordjackson@s-norfolk.gov.uk

01508 571346 / 077717 296 202

NOTE: details of all your District Councillors are available at <https://www.south-norfolk.gov.uk/about-us/councillors-and-committees/your-councillors>



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Removal Day came to Mulbarton Primary School and swiftly and with a minimum of fuss a 100-strong work-force swept into action armed for the job with prams, sledges, home-made trolleys and even wheelbarrows.

And a happier workforce it would be hard to find. For the pupils, spending the day moving equipment down the road to the new infants' school, with maybe a sneaky snowball fight here and there, was infinitely preferable to the complexities of maths and grammar.

Though it is only the infants who are moving into the new building, almost the whole school took part in the removal, their various methods of transport piled high with boxes of maps, instruments and other equipment. In this way, said Mr. Chamberlain [Head Teacher], the juniors could also feel part of the move..... This is only the first phase. Eventually, a new block to hold another 80 infants and another to take 320 juniors will be built.



The Primary School then became separate First and Middle School, later Infant and Junior Schools and now it is once again a Primary School under head teacher Mrs Theobald. More at <https://www.mulbartonhistory.org.uk/school/>

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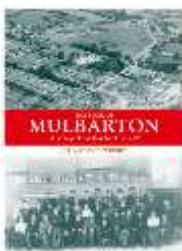
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Rich's Trust (a local charity) can make small grants to residents to meet specific needs. You can contact the Almoner in total confidence: Pauline Campion (570335) pauline.campion@btinternet.com

Our **Community Connector** is **Rachel Mahoney**: contact her on 07972 731176 / rmahoney@s-norfolk.gov.uk Or you can make an appointment to see Rachel at the **GP Surgery, Tuesday afternoons 1-4pm for 'Social Prescribing'** - contact the receptionist on 01603 977477; choose Option 3.



THE BOOK OF MULBARTON (*left*) is still available from Paddock Farm Shop or from the author at 22 Birchfield Gardens—large format hardback, hundreds of photos, still only £19.99.

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Bracon Ash & Hethel Village Hall & Social Club: (*left*) Perfect venue for children's parties. Free superfast broadband and wifi. Defibrillator recently installed. See our Facebook page for updates - Bracon Ash and Hethel Official Village Hall and Social Club 2019. Contact: liz.heath1@outlook.com www.bracon-ash-and-hethel-village-hall.co.uk - new website being prepared.

More useful information on next page....

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To register your interest, please contact: Susie Whitehouse

(susiewhitehouse@hotmail.com Tel: 01508 570954) or Cathy Nicholls

(cathynicholls@allbelievers.org Tel: 01508 570557) Full details of the

contents of the course can be obtained from Susie or Cathy. A deposit of £25 will be required to secure your place.

Possible Autumn Craft Fayre 2020???

If you are a keen crafter, have some homemade items or skills you'd like to display or demonstrate, please contact me so I can add you to the list, and gauge the amount of interest to determine if this is something worth pursuing!! Thank you, *Marina* carters4@waitrose.com



THE GROVE

(Leonard Cheshire disAbility)

East Carleton Road

Over the last year, we have done a considerable amount of work felling dead, dying and overcrowded trees to open up views. Cleared areas are currently being replanted with selected species of trees to increase biodiversity and encourage more wildlife. If you are a regular at our open days, haven't been for some time or have never

been, we would love you to come and enjoy the results!

Next Open Day – for your diary:

Sunday 29th March, 12.00-4.00pm – Mid-Spring Walk (for daffodils).

Over 25 acres of lake, woodland, meadows and marshland with signposted walks. Adults £3, children 16 & under free and dogs on leads welcome. Teas/ cakes, tombola, crafts, books and bric-a-brac for sale plus other stalls and music. For those new to the village, we are situated on Scott's Hill - the road between Mulbarton and East Carleton.

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Well, we're back-to-front now—literally! The Post Office is now at the front of the Budgens shop, next to the tills. What a change! Thanks for your patience during alterations.

At the time of writing (end of January) the times remain the same, but this will change in future and you will be able to enjoy longer opening hours and the same range of services.

Meanwhile, I am doing Outreach—in other words taking the Post Office to Stoke Holy Cross, Poringland, Tasburgh and Newton Flotman.

Please continue to use the Post Office in the shop as we need your support.

Thanks, *Lorraine* (Mulbarton PO Manager)



Mulbarton Festival

Saturday May 23rd –

Sunday May 24th

**Mulberry Park, by Mulbarton
Village Hall, The Common**

The 5th annual Mulbarton Festival will take place on Saturday 23rd and Sunday 24th of May 2020. Hosted by Mulbarton Wanderers & Belles Football Club, all funds raised go towards improving the pitches and facilities for our 300+ members.

There will be live music throughout from some of the top local performers as well as some exciting up-and-coming acts; details of which will be released over the coming few weeks. We'll have a fully stocked bar within a giant marquee and here you can take your pick from one of at least 20 real ales and ciders. Outside we'll have a gin & rum bar as well as some wonderful street food options. With funfair rides, giant inflatables, circus acts and an array of other entertainment on offer there will be guaranteed fun for all the family.

Early bird discounted tickets will go on sale soon which you can find on ticketsource.co.uk or you can follow us on Facebook, Twitter or Instagram where we post all updates for the event.

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REGULAR EVENTS for all

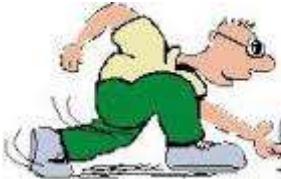
WEEKLY:

'Bubbles' (for expectant Mums & those with young babies) Harvest house most **Wednesdays** from 1.15pm to 2.45pm. (See page 35)



Community Choir meets on THURSDAYS 7:30-9:30pm in term-time in the Mulbarton Primary School main hall. Everyone is welcome—NO auditions; NO musical expertise required, just enthusiasm! Contact: mulbartoncc@outlook.com or just come along.

Parkrun 9am every Saturday – on Common or behind Scout HQ More information at <http://www.parkrun.org.uk/mulbarton/>



SHORT MAT BOWLS: Wednesdays, from 7.30pm in Village Hall—a small friendly club that welcomes those who'd like to 'have a go' or improve their skills: bowls to borrow! More info from Marga Kempenaar (01508 219029)

PLUS all the activities for children & young people: Scout Group (p.41); & Guide groups meet at their HQ; gym clubs in the Village Hall; church youth group at Harvest House (contact the Rector, p.3).

FORTNIGHTLY:

Craft Club – 2nd & 4th Mondays, 2 – 4pm at Harvest House to make things together for charities, chat and help each other. £1 each session with tea and biscuits. Contact Jil 570483 for details.



LIONS: second Monday of month at Social Club; last Wednesday of the month at The Grove (Leonard Cheshire Foundation), East Carleton Road. See page 33

FRIDAY NIGHTS AT THE SOCIAL CLUB: Live Music or Karaoke Evenings—**programme page 31**. All events are open to “non-members” but a small entry fee to the club is payable per adult. Children under 18 are admitted free when accompanied by a club member or a paying guest over the age of 18.

Turn to page 26 for MONTHLY events.....

SOMETHING FOR EVERYONE!!

CHECK THE VILLAGE CALENDAR at www.mulbarton.info



Monday 16th March – 7.30pm,
Village Hall: Evening W. I. has an
illustrated talk on The Gardens of
East Anglia.

Tuesday 17th March—Film
Official Secrets (cert 15) at Newton
Flotman Film Club—see page 33

Sunday 29th March – Mid-Spring Walk (for daffodils) 12.00-4.00pm.
Entry - £3 adults, children 16 & under and disabled free and dogs on leads
welcome. (See page 19)

Thurs 2nd April Book Club (p.36)

Friday 3rd April the local Lions
Club annual 'Ploughman's Quiz' at
Mulbarton Village Hall



Saturday 4th April at Bracon Ash
and Hethel Village Hall
A full day (7½ hours) Red Cross certificated **Emergency First Aid at Work**
(details of cost, booking, etc page 19)



Thursday 9th April—Messy Church at Mulbarton
Primary School from 10am to 12 noon—Come and make
an Easter garden! Details on page 5.

Wednesday 15th April: 7 for 7.45 pm **DOWNTON ABBEY** showing
at Flordon Film Club (see pages 26 & 33 for cost & contact details)

Mon April 20th 7.30pm Village Hall: Evening W.I., The Story of
Dragon Hall

Tuesday 21st April: Film **1917** (cert.12A) at Newton Flotman Film Club—
see page 33



NOTE: the early May Bank Holiday is V.E. Day—
FRIDAY 8th MAY and NOT the Monday (4th)
as may be in your diary or calendar!

FAMILY FUN DAY FOR V.E.DAY – arranged by Parish Council & Scouts.... Celebrate as they did in 1945!! Further details will be on posters, Facebook and Parish Council Website.

VE Day Exhibition on 8th & 9th May at Wreningham Village Hall (p.29)

Thursday 14th May—Book Club at World's End (see page 36)

Monday 18th May 7.30pm, Village Hall, W.I. Open Evening, ALL WELCOME to a Fashion Show of items available from The Edinburgh Woollen Mill. (details p.29)

Saturday May 23rd – Sunday May 24th

MULBARTON VILLAGE FESTIVAL at Mulberry Park, by Mulbarton Village Hall: live music all afternoon & evening; real ale & cider tent; gin bar; giant inflatables; circus act; etc etc—hosted by Mulbarton Wanderers & Belles Football Club (See p.21)



Thursday 28th May—Messy Church at Mulbarton Primary School from 10am to 12 noon—details on page 5

Sunday 31st May Beating the Bounds of Hethel and Bracon Ash Parishes, leaving from Hethel Church. 2.30 - 4.30 pm + short service at 5pm (see page 43)

REGULAR EVENTS for all

MONTHLY:

Parish Council —1st Monday, 7.30, in the Village Hall Committee Room; with public open session at beginning and end of meetings.

Chat Café—at Hanover Gardens Lounge from 10am for anyone over 50: first Friday of each month, only £1 entry including refreshments. Optional activities or just come along for a coffee and a chat!

Words Week Quiz nights – 2nd Sunday of the month, 7.30pm VILLAGE HALL to raise funds for Mulbarton Words Week. £3pp (up to 6 per table) - p.36

Baby clinic - held on **2nd Thursday each month** in the Social Club at the Village Hall via front lobby entrance - 1.30pm to 2.30pm



MOBILE LIBRARY: now visits every 4 weeks on a **Thursday**—Dates this winter are **THURSDAYS 12 March, 9 April, 7 May**. We are route CEN 416 – you can download a timetable at <https://www.norfolk.gov.uk/libraries-local-history-and-archives/libraries/your-local-library/mobile-libraries>

Mulbarton Evening WI – 3rd Monday of month, 7.30pm in Village Hall – programme page 29

Mulbarton Mardlers meet at the Social Club on the **fourth Tuesday** of the month NOW 2 and 4 pm – see p.37 (with a photo to show what they do!)

Mulbarton & District Men's Shed dates/venues may vary as they get going—but they do want men to join in! See page 31.

OTHER REGULAR EVENTS:

Book Club meets every 6 weeks at World's End: dates & books—p.36

Men's Curry Club—no fixed dates but a warm welcome to chat over a curry at a local venue. Full details are given on our Facebook page – 'Search' for mulbarton men's curry – or contact Nick Martin on n.martin2811@gmail.com

Flordon Film Club—has a bi-monthly programme of films at the Community Centre (Church) off Long Lane on **WEDNESDAYS** . Doors open 7pm; film approx. 7.40pm. Subscription £5.00 per year; OR pay £5 on the door. To book tickets or for more information contact David Harrison at david020747@hotmail.co.uk or 01508 470118 - **DIARY PAGE** has next film.

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MULBARTON EVENING WOMEN'S INSTITUTE

Mulbarton Evening W.I. offers a warm welcome to all local ladies from 18 to 100... We are all young at heart and are a very informal group we meet on the third

Monday of each month at 7.30pm in the Village Hall. On **Mon March 16th** we will have an illustrated talk on The Gardens of East Anglia. **Mon April 20th** we will learn The Story of Dragon Hall, then those who wish, can go with the Explorers Group to visit Dragon Hall later that month. **Mon 18th May** will be an Open Evening when we are holding a Fashion Show of items available from The Edinburgh Woollen Mill. Guests will be welcome ,£2 to be payable at the door.W.I.members no charge.A glass of wine or fruit juice is included and a raffle will be held as usual Some of our members will be the lovely ladies modelling the clothes. *Do come along and enjoy a sociable evening.*

Any ladies new to the area, do come along and give our W.I. a visit. We are not a coven as is whispered by the menfolk (!!)- we are a bunch of friendly ladies who enjoy good company, learning some new skills and having a giggle. A sense of humour is very useful in the W.I. We get a bit of stick but we do not ride broomsticks! For further information please contact the Secretary Anne Hackett .Tel 01508 570040 or e-mail aehackett@btinternet.com

Anne

HERITAGE NEWS

The Wreningham Heritage Group are holding an exhibition on 8-9 May. The Exhibition will feature a display on subjects that the team have been investigating; a chance to listen to some of the people in the village talking about their experiences of living in a rural Norfolk community; and a filmed event undertaken with the village school where current pupils were given a chance to question their predecessors. There may also be a choir performance by the school singing specially written materials to celebrate Wreningham's heritage. Tea and cakes served all day on the 9th and fish and chips will be available after the exhibition closes on the 8th.





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MULBARTON & DISTRICT MEN'S SHED

We are in the early days of planning and as yet without a permanent base, but we are meeting in the village regularly and have a keen bunch of guys with the will to make this happen :-)

The idea of Men's Shed is to create a friendly meeting space where men can meet, talk have a cup of tea or coffee, and, eventually, make or fix things.

We have already started to get things going and will soon be applying for grants to help set up, we need a permanent base for a workshop and eventually tools and materials. We would ask if any reader has or knows of a suitable venue please get in touch.

So, if you are a man—or know a man—who....



- ◆ Is looking for something to do....
- ◆ Wants to make friends....
- ◆ Would like to have a chat and a laugh....
- ◆ Wants to learn new skills....
- ◆ Would like to share your skills and knowledge....

Then The Men's Shed could be for you— ALL MEN are welcome.

Look out for posters about our meetings &/or for more information email mulbartonmensshed@gmail.com or call Brian on 01508 578409

Brian Pincher

FRIDAY NIGHTS AT THE SOCIAL CLUB

**MARCH 6TH THE HEIGHTS...PARTY BAND (not to be missed!)
20TH KARAOKE**

**APRIL 17TH KARAOKE
24TH JULIE BUNN...FEMALE VOCALIST (Blondie tribute)**

**MAY 15TH KARAOKE
22ND H2O2...ROCK/POP COVERS BAND (not to be missed!)**

Please check on the **mulbarton sports and social club** Facebook page for dates and details of all events – all of which are open to “non-members” but a small entry fee to the club.



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Hethersett District Lions Club

(CIO) - Your local Lions group

Roger Bassham from the Norfolk and Waveney Prostate Cancer Support Group visited our meeting in January. He gave an interesting talk on the symptoms and testing for possible prostate cancer. If you have any symptoms or concerns it is important speak to your GP. Information can be obtained from their website – www.prostatecanceruk.org/publications



We donated £1000 to the group to help with research into prostate cancer and to help with after-care for those affected. Following the Australian bush fires we have contributed £500 via the Lions Clubs International Foundation to help provide relief and support to those who have lost everything.

By the time you are reading this there should be Easter Egg raffles to look out for, located in local pubs and businesses to raise money for a local charity. On Friday 3rd April we will be holding our annual 'Ploughman's Quiz' at Mulbarton Village Hall. Teams of up to six. £8/person to include a ploughman's supper. Raffle and bar, look out for the posters

Should you wish to know more about what Lions get up to feel free to come along to any of our meetings on the second Monday of the month at Mulbarton Social Club or the last Wednesday of the month at The Grove (Leonard Cheshire Foundation), East Carleton Road – both meetings at 8pm.

John Hewitt, Club Secretary

01508 570392 www.e-clubhouse.org/sites/hethersettuk/

LOCAL FILM CLUBS

Flordon Film Club

Meets alternate months at the Community Centre (in Flordon Church) off the Flordon end of Long Lane. Next scheduled showing:

Wednesday 15 April: DOWNTON ABBEY Doors open 7pm; film begins approx.. 7.45. Come early for a glass or two of wine!

New members always welcome (subscription £5.00 per year); not necessary to join in order to attend – just pay £5 on the door. To book tickets or for more information contact David Harrison at david020747@hotmail.co.uk or on 01508 470118.

Newton Flotman Film Club <https://www.facebook.com/newtonflotmanvillage>

Newton Flotman Village Centre (can be reached from Mulbarton via The Rosery, Brick Kiln Lane & turn left by Greenways level crossing). Film 7:30pm (bar opens at 6:30pm). Advanced tickets £4.50 adults, £3.50 concessions, £15.00 for a family (2 adults & 2 children) or £5.00 per person on the door. Contact William Ball on 01508 471506 or at william.ball@outlook.com

Tuesday 17th March – Official Secrets (cert. 15). Starring Keira Knightley & Ralph Fiennes. The true story of a British whistle-blower who leaked a secret memo to the press regarding illegal activities at the 2003 invasion of Iraq.

Tuesday 21st April - 1917 (cert. 12A). In a race against time, two British Soldiers must cross into enemy territory and embark on a dangerous mission to save 1,600 men from certain doom during World War 1.

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Join MALGA – it's fun, sociable, interesting & educational – and cheap!

We have a very full and exciting programme of activities planned for 2020, some of which will be open to the general public, such as the Mulbarton Gardeners' Question Time, Allotment Open Day and a talk of horticultural interest.

Follow us on Facebook where you can find full details of our planned events including Member-only activities such as barbecues, pub nights, quizzes, a visit to RHS Garden Hyde Hall, dinners and lunches. Join now and enjoy a full year's membership for only £4 for the year.

MALGA is for YOU if you are interested in gardening,

To join MALGA, please contact our Chair, Chris Samson, on cjmsamson@yahoo.co.uk or 07837 969 715; or contact our Secretary, Geoff, at geoffandvirginia@tiscali.co.uk or download the form from our Facebook page.

Nick Martin

BUBBIES'

Hot off the press—the local health Visitor has provided us with Self weigh Baby weighing scales to use at Bubbles sessions. Ideal, as we are a small, friendly group for those expecting a baby or with a young baby up to pre-walkers.

Our informal session runs in Harvest House on Wednesday afternoons from 1.15pm to 2.45pm People can pop in at any time during the session to suit their needs. There is no fixed admission fee to attend but donations to cover the cost of room hire and refreshments are much appreciated.

Since Bubbles started in November 2018, over 25 mums and babies have attended at different times over the course of the year. Some of these have attended several times and many have found it has helped them to build up supportive friendships. The group tends to be quiet and relaxed but there are plenty of toys and books available to stimulate young babies. It is run by Zoe, an ex nurse/midwife who also worked in the village as an Ofsted registered childminder for many years.

Newcomers are very welcome and can just turn up. No need to book. If you would like more information about the group, please contact Zoe on 07944407396 or see our Bubbles' Facebook page.



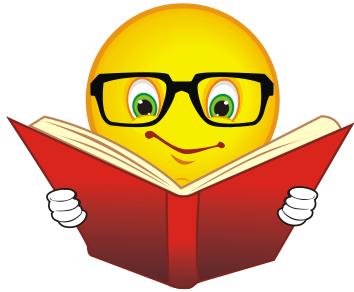
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ENJOY A GOOD READ?

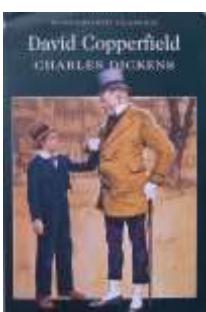
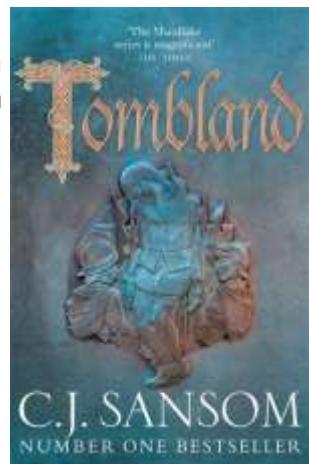
Fancy some interesting reading and lively debate? Book Club meets every six weeks at The Worlds End at 8pm to share a wide variety of books and opinions in a friendly atmosphere.



In February we were reading our first graphic novel *Persepolis* by Marjane Satrapi. The book depicts her childhood in Iran during the fall of the Shah in 1979 and the following Islamic Revolution. It shows the contradictions between home life and public life in Iran through the eyes of a child.



On **Thursday 2 April** we will be turning our attention to a very local book ***Tombland* by C J Sansom**. Sergeant Shardlake, a lawyer working for a very young Lady Elizabeth in 1549 is sent to Norwich to help with investigations into the murder of Edith Boleyn. The nominal King, Edward VI, is 11 years old. His uncle, Edward Seymour, rules as Protector. The destruction of the old religion by radical Protestants is stirring discontent among the populace while the war with Scotland is proving a disastrous failure and threatens to involve France. Worst of all, the economy is in collapse, inflation rages and rebellion is stirring among the peasantry. Enter yeoman Robert Kett and thousands of peasants.....



Thursday 14 May we will be reading a classic – ***David Copperfield* by Charles Dickens.**

Following the life of David through much suffering and adversity, the reader will also find many light hearted moments with such characters as Mr Micawber, Uriah Heep, Betsey Trotwood and the Peggoty family. 'Of all my books I like this the best' Dickens wrote of David Copperfield.

For more information contact Pat Brooks 01508 570016 or email

Patriciaabrooks569@gmail.com

Pat

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www.swardestondaycentre.org



Mulbarton Mardlers

Mulbarton Mardlers meet at the Social Club on the fourth Tuesday of the month. Please note the change of time to meeting **between 2.00 and 4.00pm** from now on. You are very welcome to join us for an afternoon of tea and chat and an opportunity to meet people. No 'membership': come when you can; come by yourself; or come with a friend. If you need transport, contact Tracey Salisbury (578068) or Sue Mellows (578034 or e-mail sue@sysue.co.uk) and a lift will be arranged for you.



Mardlers finished 2019 with a Christmas party at the Village Hall with around 80 people, including friends and family. We had live entertainment from 'Barry White the Soul Man', enjoyed tea and a magnificent raffle and the afternoon was rounded off by a visit from some of the Mulbarton Community Choir who led us all in carol singing. The choir have already pencilled in the date for this year! On the programme this year are some coach trips one hopefully in April to visit a garden centre and one in June to the coast.

We would like to give a big vote of thanks to Angie Sutcliffe, a founder member of the Mardlers team and the impetus behind our annual Christmas party. She has had to take a step back at the moment due to other commitments but we are very grateful for all she has given over the last three years.

Sue

Dates for spring:
**Tuesdays, 24th March,
28th April, and 26th May.**

*There's a birthday cake
each month!* >>>





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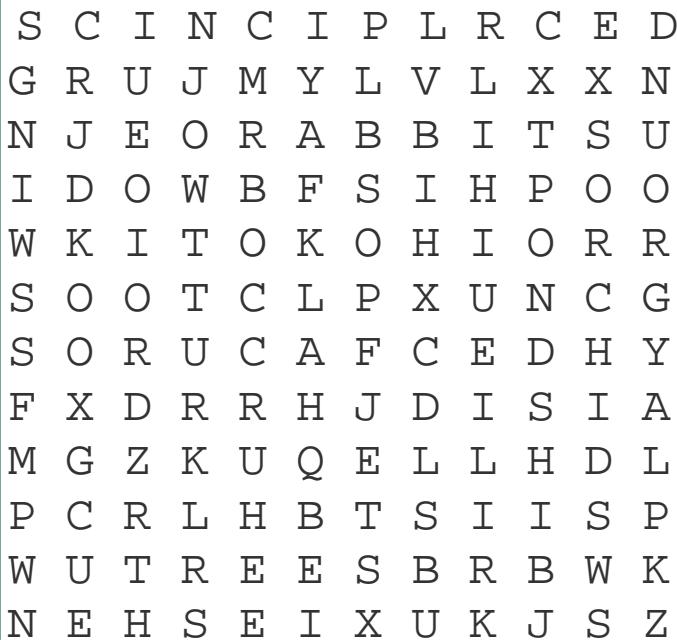


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Mulbarton Common

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1st Mulbarton Scout Group

The first term of a new decade for 1st Mulbarton Scouts kicked off with exciting, challenging activity programmes for all the sections. Huge thanks go to our adult volunteers who continue to provide such a wonderful variety of enriching experiences for our local children. We are always welcoming new volunteers to come & get involved so if you're interested please don't hesitate to get in touch. Why not follow us on Facebook? Search '1st Mulbarton Scouts' then click 'like'.



Our younger sections experienced Chinese New Year with some fabulous cooking & fact-finding sessions. Beavers got inventive and creative by building some giant marble run structures. Cubs have had great fun; two visits from Andy's Racing Automodels who supplied and set up a giant Scalextrix track, plus learning about astronomy, with a visit to Seething Observatory. Scouts have spent a lot of time on target practice and safe/responsible use of air rifles and pistols, supervised by our very own newly qualified shooting instructors Lloyd & Andy. Explorers (aged 14 to 18 yrs) have been busy planning a weekend camp to

the Peak District plus helping with conservation at Ladybelt Country Park & getting an insight into some fantastic local history at Hethel Airbase & Museum. The teenagers' first two sessions of 2020 were an enjoyable introduction to yoga (see photo >>>). Many thanks to Rebecca Paterson for giving up her free time two weeks in a row for this. Yoga With Rebecca classes run regularly on Mon, Tue and Wednesdays at Bracon Ash village hall, all ages & abilities are welcome. Don't forget that the Mulbarton Scout &

Guide HQ building is also available for hire to private users at a very reasonable rate (see page 17). Call Malcolm Court on 01508 570461 to book. You can see regular updates of what we get up to on our Facebook, and you can also contact us through the page OR call Chris White on 01508 570180.



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The Humbleyard Practice—Mulbarton Surgery

Focus on our appointment system:

The practice has made several changes to the appointment system and clinical team over the past few months. This has been necessary to improve access to appointments at all 3 of our surgeries.

We now have 3 ANPs (Advanced Nurse Practitioners) and 1 ECPs (Emergency Care Practitioners) enhancing our clinical team. They work alongside our doctors and nurses at each site to assess 'on-the-day' emergency problems and ensure as many patients who need to be seen the same day are offered an appointment.

The practice has 3 Outreach Nurses who work with us on a daily basis to assess patients within the home environment. They work closely with the extended community team such as district nurses to provide holistic care within the community.

To improve efficiency within the service we have increased the amount of telephone triage appointments we offer each day. By giving patients the ability to discuss their symptoms with a doctor over the telephone, we hope to improve same day access. During a telephone triage appointment the doctor will triage your problem and where necessary, offer the most appropriate appointment for you at one of our three sites.

Patients continue to have access to make appointments online. If you do not have access, please speak to the receptionist at your surgery and this can be arranged for you.

We currently offer early morning and late evening appointments across the practice to improve access and reduce the need to take time off work to access our services. If you need a routine appointment and would prefer to make use of an early or late appointment, please let the receptionist know.

The Humbleyard Practice Team

Happenings @ Hethel

QUIET TIME WITH GOD

Within the activity of our days and the restlessness of our world, we can get our bearings by listening to God's gentle call: "Be still before the Lord and wait patiently for him". Psalm 37.7.

Come and do just that at Quiet Time with God at Hethel Church from 7.30 pm to 8.15 pm. An opportunity for stillness, reflection on a Bible passage and silent prayer with others.

Dates: **4 & 18 March, 1 April, 15 April, 29 April, 13 May, 27 May.** We look forward to welcoming you. For more information contact: Rachel (07403 858695); Sue (07912 606707) or Cathy (01508 570557).

Beating the Bounds of Hethel and Bracon Ash Parishes on **31 May**

(Pentecost Sunday) 2.30 pm leaving from Hethel Church. Return by 4.30 pm for hot drinks and cakes, followed by a short evening service at 5 pm.

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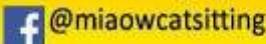
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SUNDAY SERVICES – March to May 2020

March		April		May	
1 st	8am HC - Mulbarton 9am MP - Bracon Ash 10am All Age - Mulbarton	5 th	8am HC - Mulbarton 9am MP - Bracon Ash 10am All Age - Mulbarton	3 rd	8am HC - Mulbarton 9am MP - Bracon Ash 10am All Age - Mulbarton
8 th	8:30am Holy Communion Hethel 10am Morning Worship Mulbarton 10am Morning Light Flordon 6:30pm The Gathering Mulbarton	6 th to 11 th	HOLY WEEK Prayers, Harvest House, 9:15-9:45am Mon-Thu Mon, 7:30pm, Flordon: “Service of Shadows” <u>Maundy Thursday:</u> 10-12 Messy Church, Primary School Hall 2:30pm Communion @ Hanover Gardens 7:30pm Contemporary Communion, Mulbarton <u>Good Friday:</u> 10am Walk, Catmere Herne to Harvest House 2pm Meditative, Hethel	10 th	8.30am Holy Communion Hethel 10am Morning Worship Mulbarton 10am Morning Light Flordon
15 th	9am Holy Communion Bracon Ash 10 am Holy Communion Mulbarton 3.30 Evening Prayer Flordon			17 th	9am Holy Communion Bracon Ash 10am Holy Communion Mulbarton 6:30pm Evensong - Flordon
22 nd	MOTHERING SUNDAY 8:30am Communion Flordon 10am Morning Worship Mulbarton 10:30 Church @ Hanover Hanover Lounge 2.30 Family Service - Hethel	12 th	8am Easter Communion (Prayer Book) Mulbarton 9am Easter Communion Bracon Ash 10am All Age Communion Mulbarton 6:30pm Easter Praise Flordon	24 th	8:30am Communion Flordon 10am Morning Worship Mulbarton 10:30 Church @ Hanover Hanover Lounge 2.30 Family Service -Hethel
29 th	8am Holy Communion Mulbarton 10am Morning Worship Mulbarton	26 th	8:30am Communion Flordon 10am Morning Worship Mulbarton 10:30 Church @ Hanover Hanover Lounge 2.30 Family Service Hethel	31 st	9am Holy Communion Bracon Ash 10am Holy Communion Mulbarton 2:30pm Rogation Walk and 5pm Songs of Praise - Hethel (see p.43)