

Dear friends –

Who could have known how things would change since I'd begun drafting my April info-mail but, as this month has 'marched' on, the events were being cancelled left, right and centre so I was deleting one after the other! Now I am writing to share **some important local information** which please share with others, there will be a link to this, as well as the other information from the Parish Council already on the Home & Notice Board pages of my village website:-

Church services are suspended in this season of social distancing and Lock-down - following latest Govt. advice Churches are now closed, any questions please contact Rev'd Adrian Miller at The Rectory, 01508 571167 e-mail adrian@mulbchurch.org.uk – or visit the Church website for more information <http://mulbchurch.org.uk/>

Please note: Harvest House is a designated "Safe space" for those who may need to escape a difficult domestic situation, please contact Adrian for details (see below for much more help available*)

Boots Chemist - hours are now 9-4pm and closed between 1-2pm

GP Surgery is closed – enquiries by tel 01603 977477 option 3 for Mulbarton, or call 111 for on-line information click on <https://www.mulbartonsurgery.co.uk/contact1.aspx>

Prescriptions are now being issued for 2 months at a time

To contact District Councillors' go to <https://www.mulbarton.info/parish-council1.html> where you can also find details about the Parish Council, with link to their Website **including contacts & information to keep safe etc.**

Paddock Farm Shop will prepare orders for collection (as well as their usual produce they will be stocking meats, cheese, sausage rolls and ready meals from Thursday) please contact them direct to place your orders 578892

Fresh Fish Van this visits the Farm shop on Thursday mornings

Sweet Talk Mulbarton (Budgens) Free 'door-drop deliveries' (of convenience store items) for over 70s and NHS Staff / £1.99 for all others or free for orders over £20 – tel. 01508 218081 / find them on Facebook / Whatsapp 07930 389076 / mob 07828 279909 / sweettalkonline.com

The Co-op Store will be having a "Quiet Hour" 7-8am from Thursday 26th March for over 70's, those in vulnerable positions and key workers within the community

Please note The play area at the village hall and social club is now being kept locked due to the Coronavirus.

The Spring Walk at the Grove planned for Sunday 29th March is cancelled due to coronavirus. **There are also restrictions in place for all visitors. Relatives of residents should 'phone the Grove (570279) before they travel to check on the current position.**

Mobile Library Van visits have been suspended but key thing is borrowers can rest assured loan books will be renewed automatically and there will be no fines!

The Blood Donor Session 10am – 1.30pm at Village Hall on Monday 13th April at the time of writing is still going ahead but any questions PLEASE telephone 0300 123 23 23

Sunday 26th April – final copy date; items for Summer Parish News please to Jill Wright by today dandjwright@hotmail.com

Looking further ahead – The Autumn Craft Event is booked for Saturday 24th October in Mulbarton Village Hall, and I'd love to hear from anyone interested in displaying their crafts and/or demonstrating skills – more details to follow!

As mentioned, there will be a link to a PDF version of this current info-mail at the top of the Notice Board page on the Website, as well as the very useful advice and contact details already available from the Parish Council.

Please do your best to keep well and limit the spread of the Coronavirus by adhering to the advice given!

Kind regards and do take care

Marina

www.mulbarton.info

*Please see below more from Adrian about help and advice offered in our community to serve anyone in need...

These are new days of joining others in our community, of all faiths and none, to serve *anyone* in need. The archbishops are encouraging churches to adapt, and do things differently, so here are some of the things we are doing across the four parishes to contribute to the kind and generous efforts of so many in our communities:

- Helping co-ordinate neighbourhood assistance, to enable vulnerable to receive supplies, without fear of exploitation—offers of help welcome!
- Providing a safe space for those needing to escape a difficult domestic situation
- Signposting to Riches Trust and other small trust funds that can provide financial help
- Co-ordinating local efforts to feed the hungry in emergency need, including weekly donations to Norwich Foodbank—donations welcome!
- Providing spiritual support and community for the isolated via phone calls, messages and live streaming Sunday worship, prayer, Bible study and chat meetings
- Connecting community leaders, to share ideas, information, resources and encouragement and to ask questions
- Liaising with South Norfolk Help Hub, our local Community Connector, and parishioners and families, to ensure specialist services continue for people who need them
- Offering funerals as normal, but with strict minimal numbers present
- Praying daily, and chiming Mulbarton church bell as allowed, as a sign of solidarity and offer of hope
- Following guidelines, keeping safe & being kind!

Our vision to be a community of people who are following Jesus, and sharing life's journey with our neighbours, is undaunted.

***If you need anything mentioned here, pleased contact me in the first instance, or check website for the latest:**

Rev Adrian Miller 01508 571167
adrian@mulbchurch.org.uk

www.mulbchurch.org.uk (links to Facebook & YouTube from website)

For urgent specialist help, please contact South Norfolk Council Help Hub 01508 533933

You can also find on my Village website a link to the [SN Help Hub Bulletin](#) (on the 'Parish Council' landing page) It is entirely about the virus, what to do and agencies which are still open for referrals. It includes lots of legal things for employees schools etc. so it's extremely useful in the current emergency as everything is together in one place.

NB All recycling centres are currently closed